

### **Overview**

Vaping is a growing concern in many school districts, and addressing it can be costly.

To support schools, Xavier University's Center for Population Health developed **X-Vaping**, a tier-2 intervention program for middle- and high-school students caught vaping or in possession of ecigarettes on school grounds.

We offer three (3) programs:

**X-Vaping 1** for first-time offenders

X-Vaping 2 for repeat cases

**X-Vaping 2 Marijuana/THC** for students using marijuana-laced products

## How does it work?

Students caught vaping, smoking, or in possession of e-cigarettes on school property are assigned to the Vaping Intervention course on the school's learning platform (e.g., Canvas, Google Classroom, Schoology).

- Discipline alternative
- Usually completed during in-school detention
- · Fits into single class period

### **Courses include:**

- Pre- and post-course assessments
- Educational video modules
- Knowledge checks
- Personal reflection

## **Programs**

### X-VAPING 1

- Basic info about e-cigarettes, peer pressure, advertising, and harm of vaping
- Cessation tips
- Coping skills

### X-VAPING 2

- Vaping addiction and its consequences
- Important legal information (e.g., OH T21 Law)
- Practical skills for resisting peer pressure
- Cessation assistance:
  - Personalized quit plans
  - Connection with treatment and support resources

### X-VAPING 2 MARIJUANA/THC

Addresses dual threat of vaping and marijuana/THC use

# **Pricing**

\$200 per program per building
Discounts for additional buildings and programs

## **Contact**

### **Center for Excellence in Education**

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### **Center for Population Health**

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### Learn more

xavier.edu/population-health/xvaping

### **Register today**

forms.office.com/r/PcY3JKxLr3







