

X-Vaping

Overview

Vaping is a growing concern in many school districts, and addressing it can be costly.

To support schools, Xavier University's Center for Population Health developed **X-Vaping**, a tier-2 intervention program for middle- and high-school students caught vaping or in possession of e-cigarettes on school grounds.

We offer three (3) programs:

X-Vaping 1 for first-time offenders

X-Vaping 2 for repeat cases

X-Vaping 2 Marijuana/THC for students using marijuana-laced products

How does it work?

Students caught vaping, smoking, or in possession of e-cigarettes on school property are assigned to the Vaping Intervention course on the school's learning platform (e.g., Canvas, Google Classroom, Schoology).

- Discipline alternative
- Usually completed during in-school detention
- Fits into single class period

Courses include:

- Pre- and post-course assessments
- Educational video modules
- Knowledge checks
- Personal reflection

Learn more at
xavier.edu/population-health/xvaping

Modules

X-VAPING 1

- Basic info about e-cigarettes, peer pressure, advertising, and harm of vaping
- Cessation tips
- Coping skills

X-VAPING 2

- Vaping addiction and its consequences
- Important legal information (e.g., OH T21 Law)
- Practical refusal and social skills for resistance of peer pressure
- Cessation assistance:
 - Personalized quit plans
 - Connection with treatment and support resources

X-VAPING 2 MARIJUANA/THC

- Addresses dual threat of vaping and marijuana/THC use

Pricing

\$200 per program per building

Contact

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