Women of Excellence: Breakfast and Blessings
Introduction

About Campus B&B

Breakfast & Blessings was born on Xavier’s campus to promote the celebration and education of individuals’ differences instead of tolerating one another. Throughout the semester, volunteers handed out bags with breakfast items and blessings from a different faith at each event to students on campus. The purpose of this event was to not only provide busy students with the most important meal of the day, but to educate them about the many different religions of the world.

Our Purpose for WOX: Breakfast & Blessings

In an effort to bridge the Greater Cincinnati community with the Xavier campus, we decided to take the mission of enriching the body and the spirit from Breakfast & Blessings off campus to serve those who need it the most.

About the Shelter House

Formerly known as the Drop Inn Center, the newly redesigned Shelter House serves men and women in need of housing from all over Cincinnati.

Organizations can schedule to provide meals for the guests at the David and Rebecca Barron Center for Men and the Esther Marie Hatton Center for Women.
Our Meal

As part of the theme for WOX: Breakfast & Blessings, we chose to serve a healthy, filling breakfast casserole, with a side of hash browns, fruit, and a pastry.

For all three meals, we bought:

- 472 Pastries
- 92 lbs. of Fruit (Blueberries, Strawberries, & Fruit Cocktail)
- 33 lbs. of Turkey Sausage
- 228 Eggs
- 370 Hash Brown Patties
- 22.5 lbs. of Cheese

Our Blessing

Along with the meal that was served, each guest received a rolled up T-Shirt that contained a few non-perishable food items with a Blessing wrapped around each shirt. The printed Blessings included prayers and kind words for the guests, to fill their spirit along with the meal. The prayers included in each Blessing were pulled from over 10 different faiths in the hopes that we were able to include every guest at the Shelter House in our prayers.
The Dream Team

Our Supporters

In order to make this event a success, we partnered with some on-campus organizations, who provided their time, energy, and resources to serve these men and women in need.

A special thanks to these organizations for their support!

Our Volunteers

These Xavier students dedicated an evening to faith and service with us at the WOX: Breakfast & Blessings program. During this time they learned more about the struggles men and women in need face everyday and reflected on how simply providing dinner could be a blessing.

32 Total Volunteers

“The best part for me was the love that was shown to the ladies. The talks, smiles, t-shirts. The food was also amazing! Thank you for the hugs and the t-shirts. Remember you are the prize. With much love.” -Venita, Women’s Shelter House Kitchen Manager
## Event Outcomes

<table>
<thead>
<tr>
<th></th>
<th>October 3rd</th>
<th>February 27th</th>
<th>April 2nd</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Individuals Served</td>
<td>72</td>
<td>99</td>
<td>33</td>
</tr>
<tr>
<td>Number of Volunteers</td>
<td>15</td>
<td>9</td>
<td>8</td>
</tr>
<tr>
<td>Number of Blessings Distributed</td>
<td>72</td>
<td>99</td>
<td>33</td>
</tr>
<tr>
<td>Number of Shirts Distributed</td>
<td>80</td>
<td>100</td>
<td>40</td>
</tr>
<tr>
<td>Portions Served*</td>
<td>110</td>
<td>135</td>
<td>60</td>
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</tbody>
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*Guests came back for seconds and even thirds!

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**Total Number of Lives Touched During the Women of Excellence Breakfast & Blessings:**

**204**
Our Success

“We gave them food and they gave us a glimpse of who they are and where they come from – their contribution to us was more valuable than any dinner we could have served.”

-Brook Mills, Junior

“What stuck out about this experience to me was the amount of joy and gratitude that these people had for us coming to serve them breakfast.”

-Aubrey Meyer, Sophomore

“To see the smiles and laughter when they were given a warm cooked meal and a rolled up snack's in a shirt, I had tears in my eyes.”

-Saharish Ijaz, Freshman

“Cooking with my Interfaith family to feed so many kind individuals a homemade meal was an incredible experience, and one that I am grateful for!”

-Tori Woodruff, Freshman
Women of Excellence: Breakfast & Blessings

Budget Report

<table>
<thead>
<tr>
<th></th>
<th>Projected Number</th>
<th>Actual Number</th>
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</thead>
<tbody>
<tr>
<td>Meals Served</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Individuals Served</td>
<td>200</td>
<td>236</td>
</tr>
<tr>
<td>Food Cost</td>
<td>$600</td>
<td>$788.73</td>
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<tr>
<td>Supply Cost</td>
<td>$200</td>
<td>$40</td>
</tr>
<tr>
<td>Servings Provided</td>
<td>400</td>
<td>305</td>
</tr>
<tr>
<td>Volunteers</td>
<td>30</td>
<td>32</td>
</tr>
</tbody>
</table>

- Additional expenses were covered by the Center, including:
  - Takeaway snacks provided with Blessings
  - Printing for the Blessings