Proposal for Xavier University's
Women of Excellence Grant

1 IN 4 DAY

SUBMITTED BY:

XAVIER STUDENTS AGAINST SEXUAL ASSAULT

Amanda Mock    President
William Eichenberger    Vice-President
Kalyn Campbell    Secretary

SIGNATURES:

[Signature]
Dr. Luther Smith, Dean of Students

[Signature]
Dr. Carolyn Jenkins, XSASA Advisor
TITLE OF PROJECT: “1 in 4 Day”

AMOUNT REQUESTED: $7,800.00

BRIEF ABSTRACT:

1 in 4 Day aims to bring awareness to incidents of sexual assault and rape on Xavier’s campus, increase the call for bystanders to intervene in situations that might lead to sexual assault and/or rape, and to help the Xavier community become aware of the all encompassing effects of sexual assault and rape.

The Xavier community as a whole will benefit from this event by having an increased awareness of the responsibility that we, as a community, have for each other—thus making our campus safer and more respectful.

The indicators of success for 1 in 4 Day will included an increased discourse on the issue of sexual assault and rape on our campus, a decrease in the number of sexual assaults and rapes happening to Xavier students, and an increase in attendance at XSASA events.

"84% of the women who reported sexually coercive experiences experienced the incident during their first four semesters on campus."


In 2007 a sexual assault occurred every 127 seconds

U.S. Department of Justice National Crime Victimization Survey

"Nineteen percent of the women reported experiencing completed or attempted sexual assault since entering college [1 in 4/5]"

**3. Budget Page**

**Amount of Funding Requested:** $7,800.00

<table>
<thead>
<tr>
<th>Amount</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>$3,500.00</td>
<td>Sex Signals Presentation ¹</td>
</tr>
<tr>
<td>$2,000.00</td>
<td>Food and Refreshments</td>
</tr>
<tr>
<td>$1000.00</td>
<td>T-shirts ²</td>
</tr>
<tr>
<td>$500.00</td>
<td>Promotional Flags ³</td>
</tr>
<tr>
<td>$250.00</td>
<td>Cintas Tech. ⁴</td>
</tr>
<tr>
<td>$200.00</td>
<td>Misc.</td>
</tr>
<tr>
<td>$200.00</td>
<td>Promo (fliers, banners)</td>
</tr>
<tr>
<td>$150.00</td>
<td>Promotional Bracelets ⁵</td>
</tr>
<tr>
<td><strong>$7,800.00</strong></td>
<td><strong>Total Amount Requested</strong></td>
</tr>
</tbody>
</table>

The minimal amount of funding needed for “1 in 4 Day” is $6,750.00. In this case, the promotional bracelets, the promo, the flags and the misc. would be forgone.

¹ Unfortunately, many rape awareness programs lose students by being dry, somber, patronizing, or pedantic. In addition, few young adults have ever been given a safe space to have a candid, positive conversation about the confusion and realities of dating, sex, and non-stranger rape. SEX SIGNALS responds to the challenge. The presentation distinguishes itself by mixing improvisational comedy, education, and audience interaction. SEX SIGNALS provokes discussions about dating, sex, and the issue of consent. The 75-minute, two-person play begins with an irreverent and funny look at the awkwardness of dating, with each actor representing their gender’s perspective. Through a no-holds-barred approach, the show explores how social pressures, gender role stereotypes, and unrealistic fantasies can make social interaction a challenge. Worse still, these factors enable some to view date rape as simple seduction, and for victims of date rape to blame themselves for their own vulnerability. Although the message is a serious one, the show uses humor, engaging audiences in candid discussions about their beliefs and experiences. Seasoned educators and facilitators, the presenters strike a balance between laughing about the differences between men and women, and clearly communicating some serious messages about how we all should treat each other.” (http://www.catharsisproductions.com/sexsignals02.html)

² The 1 in 4 Day t-shirt will be the same from the previous year. The outcry and demand for more t-shirts last year was noticed and thus there is an increase in the number of shirts purchased. Supporters from Xavier’s faculty, staff, administration and student body will wear these shirts to create a strong presence of awareness.

³ Flags will be placed on the Academic mall in similar fashion to that of the 9/11 flag display. All flags will be teal, except for every fourth flag, which will be purple - to represent the 1 in 4 women who are raped during their college career. We have flags from the previous year, but plan on expanding the amount of the academic mall covered with the flags, to increase the magnitude of the issue.

⁴ The use of Cintas microphones and audio/visual will be needed for the Sex Signals presentation.

⁵ Teal rubber bracelets will read, “XSASA 1 in 4 Day” on one side, and “Women of Excellence” on the other.
4. NARRATIVE

How does this proposed project enhance the mission and purpose of the Women of Excellence Giving Circle?

A women’s issue
Xavier Students Against Sexual Assault (XSASA) is a student working group that strives to raise awareness through education as well as empower men and women alike to create an atmosphere of respectful relationships that deem rape and sexual assault unacceptable. Through the program, 1 in 4 Day, we will strive to bring about this awareness and education.

Sexual assault and rape mostly affects women and thus we believe that this is a women’s issue that needs to be addressed with action. Sexual assault and rape is not just a physical issue, or just an emotional issue. Sexual assault and rape is a physical, emotional, societal, and psychological issue. It can strip the honor and self-confidence from a person, sometimes for life.

Our goal for 1 in 4 Day is to take a step towards returning that honor and self-confidence to survivors of sexual assault and rape. It is our goal to bring awareness to the aspects of sexual assault that no one sees—the physical, the emotional, the societal, and the psychological affects. It is our goal for 1 in 4 Day to educate and advocate so that people realize that this, primarily women’s issue, is a community issue.

How will this project further the mission of Xavier University to “engage and form students intellectually, morally and spiritually, with rigor and compassion, toward lives of solidarity, service and success?”

Respect
1 in 4 Day will, keeping in line with XSASA’s mission statement, aide to create an atmosphere of respectful relationships that deem rape and sexual assault unacceptable. We believe that this has a direct connection to the mission statement of Xavier University. Xavier University is one big community. This community, which strives to live “lives of solidarity, service and success,” has some flaws. These flaws, sexual assault and rape, while not rampant on our campus, do exist. While we students grow “intellectually, morally and spiritually” we will work to remove these flaws that do exist. This is what 1 in 4 Day will help to achieve.

What is the “need” for this grant, and how was this need identified?
Student Working Group

Xavier Students Against Sexual Assault is a student working group and is therefore not supplied with funding from The Student Government Association. This simple fact is why there is a “need” for the Women of Excellence Grant. The advocacy work that XSASA and specifically 1 in 4 Day provide is important enough to warrant such funding.

If funded, describe the expected impact of your project. Specifically quantify the number of people who will be impacted (students, faculty, staff, University community), short and long term, and any other such quantifiable measurements.
Campus Wide
XSASA and 1 in 4 Day affect the entire campus either directly or indirectly. Xavier University is a tight-knit community. Therefore, if something affects a portion of the campus population, it affects all of the campus population. 1 in 4 Day will, through participation in the Sex Signals presentation, impact 150 people and through shirt and wristband distribution affect up to 800 people. The effects of these two aspects of the 1 in 4 Day program will reach 950 people in the Xavier community total. These people will include mostly students but also faculty and staff who attend our events. We will use faculty encouragement, extensive promotion projects, word of mouth, Facebook, and the MyXU Portal to achieve these numbers at our events.

The total number of people above are the people in the Xavier community that will be affected directly. That is not including the number of people that will be influenced indirectly. Whether it is a student being a better bystander, a teacher mentioning advocacy in class, or students simply sharing stories about 1 in 4 Day—the impacts of 1 in 4 Day will affect the Xavier community as a whole.

If your project is funded, how will the WOX Giving Circle be recognized as having played a role in the success/completion of your project? Give specific examples.

The Women of Excellence (WOX) Giving Circle will be recognized as having played a role in the success/completion of 1 in 4 Day through the use of the WOX logo and spoken recognition. The WOX logo will be printed on our 1 in 4 Day t-shirts and any promo we create, Women of Excellence will be printed on the wristbands. Additionally, the Women of Excellence Giving Circle will be recognized after the completion of the Sex Signals presentation.

How will you measure the success of your project, if funded? What are the quantitative and qualitative measures that you will use to assess impact and effectiveness? Indicate if programs used in the project are validated “best practices.”

The measure of the success of our project will be an increase in the discussion about sexual assault and rape on our campus, an increased number of students attending XSASA events and meetings, and a decrease of sexual assaults and rapes reported on Xavier’s campus.

The decrease in sexual assaults and rapes on Xavier’s campus will primarily be due to the increased effort of bystander intervention and the stress that Sex Signals places on responsibility towards the community.

If funded, how will you communicate the results of your project to WOX Giving Circle Members? Do you agree to speak at WOX events about your project?

The results of our project will be communicated through our typed report after 1 in 4 Day as well as we, XSASA members, will be more than willing to come to any WOX meeting to present on the success of 1 in 4 Day.