# Friends that Play Together. Stay Together



## **Tips for Maintaining Friendships While Apart**

from the SWCAG Peer Educators



#### **STAY CONNECTED**

- Make sure to have a way of contacting them
  Phone number for calls/texts; address for letters; social media
- Letters/Funny Packages: Send a thoughtful or funny gift for the holiday, or create a gift exchange with a group of friends. Use DrawNames.com to assign gift-givers.
- Keep them involved in your life even when they physically can't be by sending them snaps of what you're doing, where you're at, etc.
- Share music and playlists with each other because everyone likes to hear new music
- Call or text your friends, especially when there's a month left before school starts. Let them know you can't wait to be back and see them again.



### **VIRTUAL ACTIVITIES**

- Use Houseparty or Zoom to connect virtually and play games
  - Check out "<u>Good vs Gooder</u>" a debate game that brings up funny stories or fun facts that do not come up in an everyday conversation. You can get a free sample on the website.
  - You can also play games like Monopoly or Clue by downloading the app
- Have a Netflix party with friends, or use ReelGood.com to play Netflix Roulette
- Other games/escape rooms:
  - <u>Among Us</u>
  - Free Bank Heist Escape Room
  - Sherlock Homes Escape Room
  - <u>Murder Mystery</u>

#### LIST OF QUESTIONS: CONVERSATION-STARTERS TO DEEP QUESTIONS

- Where were you born?
- Top 3 favorite artists
- Favorite holiday & why?
- Funniest moment in middle/high school/college
- Any moment in time you would flashback to?
- What is one major goal for you?

- Would you say you're a introvert, extrovert or omnivert?
- A memory you've carried with you
- Where do you want to be in a year?
- Who/What is your inspiration in life? & Why?
- How are you feeling about life right now?



