



A FELT KNOWLEDGE OF GOD

Ignatius's deepest hope for people engaging the Spiritual Exercises was for them to have a clearer sense of God's active presence in their lives and a "felt knowledge" of God's love. Re-familiarizing ourselves with our own stories can help us to remember God's presence in our lived experience. In this exercise, let's explore how we have become more aware and attuned to God's presence. Work with these prompts and then proceed onto the reflective questions:

- How did God first make Godself known, accessible, or attractive to you?
- Have you ever made a conscious choice to engage deeper relationship with God? What did that look like?
- Jesuit David Fleming chose to title his contemporary reading of the Spiritual Exercises "Draw Me into Your Friendship." What do you make of that title? Have you ever been "drawn" into God? Do you have a conscious friendship with God?
- If you were to engage a deeper relationship with God, what would need to happen? What would you hope for from that relationship?

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