

# TEST TAKING STRATEGIES

Everyone wants to do well when taking a test. It is important that you have prepared to the best of your ability and you have the confidence to be a smart test taker. These strategies can help!

## Before the Test

Start preparing and studying early. Cramming before the test will not be as effective of a study strategy.

You need to be well-rested before your test. Be sure to get a good night's sleep and eat before hand too!

Be prepared for the test. Do you have everything you need? Make sure you have anything you might need packed and ready to go to the test so you aren't scrambling the day of.

Take a moment before the test to calm your mind and take a few deep breaths.

## During the Test

Write down any important things you need to remember at the top of the test - formulas, dates, or important details you don't want to forget.

Create a plan for your test. Look through and see how many questions you have to answer and try to keep yourself on track so that you finish on time.

Try to answer multiple choice questions before you read the possible answers.

Mark the questions you are unsure of so you can revisit them at the end. Typically, it is best to go with your first instinct if you are uncertain about the answer.

If you have time, go back and look over your work. Make sure you have answered questions fully.

Stay calm as other students begin finishing their test. Focus on you and your work and do not worry about how quickly others may finish - it has no bearing on how well you will do on this test.

## After the Test

If you don't do as well as you would have liked, visit your professor during office hours to go over the test so you will be able to prepare differently for the next one.

Make note of concepts you may need to review more closely before finals or cumulative tests.