Grants to Promote Wellness Initiatives

The Student Wellness Committee in conjunction with The College of Arts and Sciences is working with the Center for Health & Wellness to promote awareness about mental health issues on campus and in our community. As a result of our collaboration, the College of Arts and Sciences held a symposium, ‘Campus Safety Conference,’ in May, where students and faculty were invited to present proposals for grants totaling $5,000 to promote wellness initiatives on campus. Student groups, faculty, and others interested in health and wellness were invited to submit grants by May 12, 2013.

Grants will fund creative wellness programming or events during Wellness Week, scheduled for May 20-24, 2013 (in conjunction with TU’s spring break). Larger grants will also be considered for training, programming and events that engage the Xavier community on campuses at large.

Grant proposals should be one page and:
1. Describe the programming & event and how it will promote mental health and well-being, such as: group, chorus, sports, mentoring, problem solving, and education, A.D.E.; eating disorders, learning disabilities, mood disorders, or other wellness initiatives.
2. Address WMI the programming and event will impact. Larger grants will be available for projects that will engage at least 50 participants and present include a budget and supporting evidence that demonstrates the grant program should only include specific, measurable outcomes that can be evaluated and supported by quantifiable data.
3. Be a new, innovative idea and not be used to support previously existing programs/initiatives.
4. Be a one-time request: requests from $1,000 to $2,000 for programming & events and include a budget that supports that amount. Larger grant proposals should include specific, measurable outcomes that can be evaluated and supported by quantifiable data.

5. Submit to: euplication@xavier.edu by April 17, 2013.

All proposals will be reviewed at a Wellness Committee comprised of faculty, staff, and students.

An information session for curious students, faculty, and staff will be held on March 11, 2013 from 1:30-3:30 in Gallagher 106. CoE’s and Organizations interested in participating should send a representative to learn more.

Incredible is the chance to be more humane, and be, fun, educational, exciting, creative: here are some examples of you to get your proposals to the Center for Health & Wellness’ programming and event ideas. Each proposal should be a short essay on the programming that you think will be of interest to a wide and diverse audience.

Outdoor Policy Review

Spring has returned to campus and with it outdoor programs and events! In preparation for your spring outdoor events, let’s review the Outdoor Policy and Reservation Procedures.

Outdoor spaces you can reserve through the Office of Student Engagement:

- Your Outdoor Spaces:
  - Lower Quad
  - North Quad (between Atrium and Center for Health & Wellness)
  - North Peak (between North Quad and Student Center)
  - Lower Quad (in front of Central Library)
  - South Peak (in front of Central Library)
  - North Peak (in front of North Quad)

Outdoor reservations are only for student events.

Reservations:

Xavier University offices, departments and organizations may reserve spaces free of charge for student-oriented events that may occur in the quad and on campus.

- The Library of Systems is portable sound systems that includes microphones, speakers, and headphones.

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- Electricity and Video Equipment: Physical Plant provides assistance with electricity and video equipment. Please contact Physical Plant for electricity and video equipment needs.

- Grilling and Smokeybear: products and parts are available from Physical Plant and can be reserved for student-oriented events.

- Water and Transportation: Physical Plant will provide assistance with water and transportation needs.

- Outdoor reservations require additional approval and safety safeguards. A list of park for Physical Plant, contact the Office of Student Engagement for assistance.

Sustainability

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Storage Room Availability

Does your organization need a place to store programs, equipment, or any other essential item? Physical Plant can help with that! Contact Physical Plant at 513-745-5433 to reserve the Storage Room. The storage room is available 8:30 a.m.–5 p.m. Monday–Friday. You will need to provide a key when reserving, which can be picked up from the Physical Plant Department.

No other outdoor space.

We invite you to join us by planning an event or multiple events! Check out www.xavier.edu/Wood to find last year’s week’s information and details.

Weekly Week of Welcome Submissions

Although Week of Welcome and thebeginning of the new academic year are months away, it’s time to thinking about events you could host during the first week of classes. WOW week proposals will be accepted April 18-May 1 (submissions will be due at 4 p.m.) and will be reviewed by the Campus Experience Committee.

Week of Welcome is a great opportunity to recruit new members to your group. Physical Plant will work with the Campus Experience Committee to develop a program that will interest new or returning students to your organization. It’s also a great way to get your name out there. To plan the success of your Week of Welcome DowntownHill, contact the Office of Student Engagement for assistance.

The Muskie

Congratulations to all of these nominated for this year’s Muskie!

The Muskies award ceremony will be held on April 23 at 3 p.m. in Kennedy Auditorium.