

1v1 Basketball Rules

Team Requirements

- A. All eligible players must have a valid XU All-Card at time of check in
- B. Each roster has a maximum of 1 participant

Equipment and Facilities

- A. XU Rec Center will provide all equipment and spaces.
- B. These matches are self-officiated.
- C. All jewelry should be removed prior to start time.
- D. IM Staff on site have discretion of all final rulings on all matters.

<u>Rules</u>

* Rules not outlined will follow NFHS Rules *

A. The game is played on a half court, no substitutes are permitted.

B. The first player to reach 11 points will win.

- C. 1 point is awarded for a field goal made inside the 3-point arc.
- 2 Point basket if made from behind the 3-point arc.
- D. Possession will change after each made basket.

E. The ball should be "Checked" at the restart after each dead ball/made basket.

F. If the ball changes possessions, it must be taken outside the 3-point arc before being shot.

G. If a player causes the ball to go out of bounds or over the mid–court line, the opposing team receives possession at the top of the key.

H. On a held ball situation (jump ball, etc.), the ball is awarded to the defensive team.

I. The three-second rule will not be in effect (in the paint).

J. Games may need to have a 10 minute limit depending on tournament size.

SPORTSMANSHIP

Sportsmanship is vital to the success of each and every program we offer to the university community. In order to encourage proper conduct before, during and after a scheduled contest, the Intramural Sports Department has developed a rating system. The rating procedure is as follows:

Acceptable Rating (3)

The team exhibits respect and cooperation and sporting behavior towards all sport programs staff, teammates, and opponents. The team has no issues or minor disagreements with the judgement of the officials. Captain demonstrates control over spectators, teammates, and him/herself.

Average Rating (2)

The team exhibits some respect and cooperation towards all sports programs staff, teammates, and opponents. The team has several minor disagreements with the judgement of the officials. Captain demonstrates mild or little control over spectators, teammates, and

him/herself. Teams receiving one unsportsmanlike penalty fall into this category as well.

Unacceptable Rating (1)

The team does not exhibit respect and cooperation with unsporting behavior towards any sport programs staff, teammates, and opponents. The team displays issues and disagreements with officials. Captain demonstrates no control over spectators, teammates, and him/herself. Teams receiving more than one unsportsmanlike penalty fall into this category as well.

If a team receives two unacceptable ratings in a season, the team will be removed from the league and have to meet with the Sports Programs Office. Teams may face additional suspension and sanctions for one unacceptable rating depending on the situation and severity of the incident.