

CURRICULUM VITAE

Kyle R. Stephenson, Ph.D.

Associate Professor
School of Psychology
Xavier University
stephensonk1@xavier.edu

EDUCATION

- 2014 **Ph.D. Clinical Psychology**
The University of Texas at Austin
APA Accredited
Concentration in Applied Statistical Modeling
- Clinical Psychology Doctoral Internship**
Veterans Affairs Puget Sound Healthcare System, Seattle Division
- 2011 **M.A. Psychology**
The University of Texas at Austin
- 2007 **B.S. Psychology**, Magna Cum Laude
Santa Clara University

ACADEMIC POSITIONS

- 2021-present **Associate Professor of Psychology**
School of Psychology
Xavier University; Cincinnati, OH
- 2020-2021 **Associate Professor of Psychology**
Department of Psychology
Willamette University; Salem, OR
- 2015-2020 **Assistant Professor of Psychology**
Department of Psychology
Willamette University; Salem, OR
- 2014-2015 **Assistant Professor of Psychology**
Department of Psychology
California State University Monterey Bay; Seaside, CA
- 2012-2013 **Adjunct Faculty**
School of Behavioral and Social Sciences
St. Edward's University; Austin, TX

PUBLICATIONS

Peer-reviewed articles

1. Mahar, E. A., Stephenson, K. R., & Brotto, L. A. (2025). A randomized controlled trial of online mindfulness and cognitive-behavioral interventions for sexual interest/arousal disorder in women: eSense. *Behaviour Research and Therapy*, 188, 104732.
2. Brotto, L. A., Stephenson, K. R., Marshall, N., Balvan, M., Okara, Y., & Mahar, E. A. (2025). Evaluating a Digital Health Tool Designed to Improve Low Sexual Desire in Women: Mixed-Methods Implementation Science Study. *Journal of Medical Internet Research*, 27, e69828.
3. Brotto, L. A., Atallah, S., Carvalho, J., Gordon, E., Pascoal, P., Reda, M., Stephenson, K. R., & Tavares, I. M. (2024). Psychological and Interpersonal dimensions of Sexual Function and Dysfunction: Recommendations from the Fifth International Consultation on Sexual Medicine. *Sexual Medicine Reviews*.
4. Meston, C. M., Freihart, B. K., Crosby, C. L., Stephenson, K. R., & Trapnell, P. D. (2024). Psychometric Evaluation and Adaptation of the Five-Factor Sexual Satisfaction Scale (SSS-W) for Use in Men: The Sexual Satisfaction Scale (SSS). *Journal of Sex & Marital Therapy*, 50(2), 216–229.
5. Stephenson, K. R., Latimer, S. R. E., Zippan, N. L., & Brotto, L. A. (2023). History of sexual assault as a predictor of response to a self-guided online program for sexual desire and arousal difficulties in women. *Archives of Sexual Behavior*, 52, 3379–3391.
6. Mahar, E., O’Kane, K., Brotto, L. A., & Stephenson, K. R. (2022). Online and mobile psychotherapeutic treatments for female sexual difficulties: A review of recent empirical literature. *Current Sexual Health Reports*, 14, 174-189.
7. Brotto, L. A., Stephenson, K. R., & Zippan, N. L. (2022). Feasibility of a self-guided online mindfulness intervention for women with Sexual Interest/Arousal Disorder. *Mindfulness*, 13, 647-659.
8. Stephenson, K. R., Pickworth, C., & Jones, P. (2021). Gender differences in the association between sexual satisfaction and quality of life. *Sexual & Relationship Therapy*, 39, 301–322.
9. Stephenson, K. R., Zippan, N. L., & Brotto, L.A. (2021). Feasibility of a self-guided online cognitive-behavioral intervention for women with Sexual Interest/Arousal Disorder. *Journal of Clinical Psychology*, 77, 1877-1893.
10. Zippan, N. L., Stephenson, K. R., & Brotto, L. A. (2020). Feasibility of a brief online psychoeducational intervention for women with Sexual Interest/Arousal Disorder. *Journal of Sexual Medicine*, 17, 2208–2219.
11. Stephenson, K. R., & Welch, J. P. (2020). Statistical mediators of the association between mindfulness and sexual experiences in men with impaired sexual function. *Archives of Sexual Behavior*, 49, 1545-1557.

12. Stephenson, K. R. (2020). Exploring the role of sexual avoidance in male sexual dysfunction. *Journal of Sex Research*, 57, 522-533.
13. Stephenson, K. R., Truong, L., & Shimazu, L. (2018). Why is impaired sexual function distressing for men? Consequences of impaired male sexual function and their associations with sexual well-being. *Journal of Sexual Medicine*, 15, 1336-1349.
14. Stephenson, K. R. & Kerth, J. (2017). Effects of mindfulness-based therapies for female sexual dysfunction: A meta-analytic review. *Journal of Sex Research*, 54, 832-849.
15. Stephenson, K. R. (2017). Mindfulness-based therapies for sexual dysfunction: A review of potential theory-based mechanisms of change. *Mindfulness*, 8, 527-543.
16. Chivers, M. L., Basson, R., Brotto, L. A., Graham, C. A., Pollock, P., & Stephenson, K. R. (2017). Statistical and epistemological issues in the evaluation of treatment efficacy in pharmaceutical, psychological, and combination treatment for women's sexual desire difficulties. *Journal of Sex & Marital Therapy*, 43, 210-217.
17. Stephenson, K. R., Simpson, T., Martinez, M., & Kearney, D. (2017). The association between mindfulness and posttraumatic stress disorder (PTSD) symptoms over the course of mindfulness-based stress reduction for veterans. *Journal of Clinical Psychology*, 73, 201-217.
18. Brotto, L. A., Basson, R., Chivers, M. L., Graham, C. A., Pollock, P., & Stephenson, K. R. (2017). Challenges in designing psychological treatment studies for sexual dysfunction. *Journal of Sex & Marital Therapy*, 43, 191-200.
19. Stephenson, K. R., & Meston, C. M. (2016). Heterosexual women's causal attributions regarding impairment in sexual function: Factor structure and associations with well-being. *Archives of Sexual Behavior*, 45, 1989-2002.
20. Stephenson, K. R., Toorabally, N., Lyons, L., & Meston, C. M. (2016). Further validation of the Female Sexual Function Index: Specificity and associations with clinical interview data. *Journal of Sex & Marital Therapy*, 42, 448-461.
21. Stephenson, K. R., & Meston, C. M. (2015). Why is impaired sexual function distressing for women? The primacy of pleasure in female sexual dysfunction. *Journal of Sexual Medicine*, 12, 728-737.
22. Stephenson, K. R., & Meston, C. M. (2015). The conditional importance of sex: Exploring the association between sexual well-being and life satisfaction. *Journal of Sex & Marital Therapy*, 41, 25-38.
23. Hoerster, K. D., Jakupcak, M., Stephenson, K. R., Fickel, J. J., Simons, C. E., Hedeem, A., Dwight-Johnson, M., Whealin, J. M., Chaney, E., & Felker, B. L. (2015). A pilot trial of telephone-based collaborative care management for PTSD among Iraq/Afghanistan war veterans. *Telemedicine and e-Health*, 21, 1-6.

24. Stephenson, K. R., Pulverman, C., & Meston, C. M. (2014). Assessing the association between childhood sexual abuse and adult sexual experiences in women with sexual difficulties. *Journal of Traumatic Stress*, 27, 274-282.
25. Meston, C. M., Lorenz, T. K., & Stephenson, K. R. (2013). Effects of expressive writing on sexual dysfunction, depression, and PTSD in women with a history of childhood sexual abuse: Results from a randomized clinical trial. *Journal of Sexual Medicine*, 10, 2177-2189.
26. Stephenson, K. R., Rellini, A. H., & Meston, C. M. (2013). Relationship satisfaction as a predictor of treatment response during cognitive behavioral sex therapy. *Archives of Sexual Behavior*, 42, 143-152.
27. Stephenson, K. R., & Meston, C. M. (2012). Consequences of impaired female sexual functioning: Individual differences and associations with sexual distress. *Sexual and Relationship Therapy*, 27, 344-357.
28. Stephenson, K. R. & Meston, C. M. (2012). The young and the restless? Age as a moderator of the association between sexual desire and sexual distress in women. *Journal of Sex & Marital Therapy*, 38, 464-476.
29. Stephenson, K. R., Pallatto, C. A., & Meston, C. M. (2012) Childhood sexual abuse moderates the association between sexual functioning and sexual distress in women. *Journal of Child Abuse & Neglect*, 36, 180-189.
30. Stephenson, K. R. & Meston, C. M. (2011). The association between sexual costs and sexual satisfaction in women: An exploration of the Interpersonal Exchange Model of Sexual Satisfaction. *The Canadian Journal of Human Sexuality*, 20, 31-40.
31. Stephenson, K. R., Ahrold, T. K., & Meston, C. M. (2011) The association between sexual motives and sexual satisfaction: Gender differences and categorical comparisons. *Archives of Sexual Behavior*, 40, 607-618.
32. Stephenson, K. R. & Meston, C. M. (2010). When are sexual difficulties distressing for women? The selective protective value of intimate relationships. *Journal of Sexual Medicine*, 7, 3683-3694.
33. Stephenson, K. R. & Meston, C. M. (2010). Differentiating components of sexual well-being in women: Are sexual satisfaction and sexual distress independent constructs? *Journal of Sexual Medicine*, 7, 2458-2468.
34. Stephenson, K. R. & Sullivan, K. T. (2009). Social norms and general sexual satisfaction: The cost of misperceived descriptive norms. *The Canadian Journal of Human Sexuality*, 18, 89-105.

Invited book chapters

1. Freihart, B. K., Stephenson, K. R., Williams, P. B., & Meston, C. M. (2024). Sexual satisfaction and gender differences. In: A.C. Michalos (Ed.), *Encyclopedia of Quality of Life Research*, 2nd Edition, Springer.

2. Stephenson, K. R., Sullivan, K. T., & Christensen, A. (2023). Couple Therapy. In: *Encyclopedia of Mental Health, 3rd Edition* (pp. 504-515), Elsevier.
3. Shimazu, L., Stephenson, K. R., & Meston, C. M. (2019). The Sexual Dysfunction Attributions Scale. In: T. Fisher, C. Davis, W. Yarber, & S. Davis (Eds.), *Handbook of Sexuality-Related Measures, 4th Edition*, Taylor & Francis.
4. Stephenson, K. R., Kerth, J., Truong, L., & Meston, C. M. (2017). Female orgasmic disorder in couple and family therapy. In: J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*, Springer.
5. Stephenson, K. R., Sullivan, K. T., & Christensen, A. (2016). Couple Therapy. In: H. Friedman (Ed.), *Encyclopedia of Mental Health, 2nd Edition* (pp. 368-376), Elsevier.
6. Stephenson, K. R. (2014) Sexual satisfaction and sexual costs in women. In: A.C. Michalos (Ed.), *Encyclopedia of Quality of Life Research* (pp. 5922-5926), Springer.
7. Williams, P., Stephenson, K. R., & Meston, C. M. (2014). Sexual satisfaction and gender differences. In: A.C. Michalos (Ed.), *Encyclopedia of Quality of Life Research* (pp. 5920-5922), Springer.
8. Stephenson, K. R. (2014). Sexual functioning. In: A.C. Michalos (Ed.), *Encyclopedia of Quality of Life Research* (pp. 5899-5902), Springer.
9. Lorenz, T. K., Stephenson, K. R., & Meston, C. M. (2011). Validated questionnaires in female sexual function assessment. In J. P. Mulhall, L. Incrocci, I. Goldstein & R. Rosen (Eds.), *Cancer and Sexual Health* (pp. 317-337). New York: Humana Press.

Under review / in preparation

Stephenson, K. R., Mahar, E., Adamo, K., Cullen, C., Jelinek, A., & Brotto, L. A. (revise & resubmit). Effects of a history of sexual assault and Posttraumatic Stress symptoms in a randomized clinical trial of an online intervention for sexual dysfunction in women. *Cognitive Behavioural Therapy*.

Tavares, I. M., Dawson, S. J., Fitzpatrick, E. T., Jang, B. A., Stephenson, K. R., & Rosen, N. O. (under review). Supporting couples' perinatal sexual well-being: Feasibility and accessibility of the orientation and first module of a novel prevention program (STORK).

Brotto, L. A., Stephenson, K.R., & Mahar, E. (under review). Mediators and moderators of treatment outcome following online mindfulness and cognitive-behavioral interventions for Female Sexual Interest/Arousal Disorder.

O'Kane, K. M., Gowda, R., Mahar, E. A., Stephenson, K. R., & Brotto, L. A. (under review). Inclusivity and relevance of an online intervention for Sexual Interest/Arousal Disorder among LBQ+ women.

Allaire-Stacey, G., Brotto, L. A., & Stephenson, K. R. (in preparation). Adapting an online intervention for female sexual concerns for gynecological cancer survivors: Results from focus groups with patient partners.

Cullen, C., Stephenson, K. R., Adamo, K., & Perkins, R. (in preparation). Sexual orientation and ethnicity as predictors of sexual well-being.

Kabel, K. E., Fertig, M. R., Stephenson, K. R., Brotto, L. A., & Stanton, A. M. (in preparation). Adapting an online sexual wellbeing intervention for transgender women.

Mahar, E., Irving, L. H., Perkins, R., & Stephenson, K.R. (in preparation). What is a good sex life? Exploring the structure of sexual function, satisfaction, flourishing, and well-being.

PEER-REVIEWED CONFERENCE PRESENTATIONS

* Underlined authors = student research assistants

1. Kabel, K.E., Willner, G.C., Kundu, R.S., Barnett, A., Bowick, C., Zippan, N., Uehara, S., Ashar, D.A., Stephenson, K., Brotto, L.A., & Stanton, A.M. (2025) *eSense TRANScend: Adapting an Online Cognitive Behavioral Therapy and Mindfulness-Based Sexual Wellbeing Intervention for Transgender Women*. Poster presentation at The Fenway Institute's Poster Celebration, Boston, MA.
2. Brotto, L.A., Mahar, E., & Stephenson, K.R. (2025). *eSense: A digital therapeutic for Sexual Interest/Arousal Disorder*. Oral presentation at the annual meeting of the Society for Sex Therapy & Research, Philadelphia, PA.
3. Maggard, B., Mohrs, L., Adamo, K., Cullen, C., Mahar, E., Brotto, L. A., & Stephenson, K.R. (2025). *The impact of online treatment for Sexual Interest/Arousal Disorder in women on Posttraumatic Stress Disorder (PTSD) symptoms*. Poster presentation at the annual meeting of the Society for Sex Therapy & Research, Philadelphia, PA.
4. Mohrs, L., Maggard, B., Cullen, C., Adamo, K., Mahar, E., Brotto, L. A., & Stephenson, K.R. (2025). *Sexual assault history as a predictor of response to online treatment for Sexual Interest/Arousal Disorder in women*. Poster presentation at the annual meeting of the Society for Sex Therapy & Research, Philadelphia, PA.
5. Kabel, K.E., Barnett, A.J., Fertig, M.R., Riley, V., Valera, G., Vuong, C., Reisner, S.L., Stephenson, K.R., Brotto, L.A., & Stanton, A.M. (2024). *"I'm still learning. I've got a whole new body now": Adapting an Online Mindfulness-Based Sexual Wellbeing Intervention for Transgender Women*. Poster presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
6. Tavares, I.M, Dawson, S.J., Fitzpatrick, E.T., Stephenson, K.R., & Rosen, N.O. (2024). *Feasibility and acceptability of STORK: A novel online program for new parent couples' sexual well-being*. Poster presentation at the annual meeting of the International Academy of Sex Research, Berlin, Germany.
7. Marshall, N., Stephenson, K.R., Brotto, L.A., & (2024). *Describing user engagement and homework compliance during an online psychotherapy intervention (eSense) for women with Sexual Interest/Arousal Disorder (SIAD)*. Poster presentation at the annual meeting of the International Academy of Sex Research, Berlin, Germany.
8. Brotto, L.A., Mahar, E., & Stephenson, K.R. (2024). *eSense: A randomized controlled*

- trial of mindfulness and cognitive-behavioural therapy delivered in a digital health tool for women with sexual interest/arousal disorder.* Oral presentation at the annual meeting of the International Academy of Sex Research, Berlin, Germany.
9. Brotto, L.A., Atallah, S., Carvalho, J., Gordon, E., Pascoal, P., Reda, M., Stephenson, K.R., & Tavares, I.M. (2024). *Psychological and interpersonal dimensions of sexual function and dysfunction: A functional and pragmatic approach for the clinician.* Oral presentation at the annual meeting of the International Committee on Sexual Medicine, Madrid, Spain.
 10. Latimer, S.E. & Stephenson, K.R. (2024). *Relationship between physiological sexual functioning and sexual satisfaction: Moderating factors.* Poster presentation at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
 11. Stanton, A., Stephenson, K.R., Freihart, B., Glynn, T., & Seehuss, M. (2023). *The joy of sex: Leveraging behavioral and cognitive strategies to support sexual wellbeing across populations of women, pregnant persons, and gender diverse individuals.* Panel discussion at the annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
 12. Gowda, R., Mahar, E., Brotto, L.A., & Stephenson, K.R. (2023) *Differences between eligible and ineligible participants recruited to a randomized clinical trial of an online sexual health tool.* Poster presentation at the annual meeting of the International Academy of Sex Research, Montreal, Canada.
 13. Stephenson, K.R. (2023). *Mindfulness-based interventions for sexual desire & arousal difficulties.* Oral presentation at the annual meeting of the International Society for Study of Women's Sexual Health, St. Louis, MO.
 14. Stephenson, K.R., Mahar, E., Irving, L.H., Dyer, A., & Perkins, R. (2022). *What is a good sex life? Exploring the structure of sexual function, satisfaction, flourishing, and well-being.* Poster presentation at the annual meeting of the Society for the Scientific Study of Sexuality, Vancouver BC, Canada.
 15. Mahar, E., O'Kane, K., Brotto, L.A., & Stephenson, K.R. (2022) *Expanding access to interventions for women's sexual difficulties: Online and mobile treatments.* Poster presentation at the annual meeting of the Society for the Scientific Study of Sexuality, Vancouver BC, Canada.
 16. Jelinek, A., Stephenson, K.R., & Brotto, L.A. (2022) *History of unwanted sexual contact as a predictor of women's experience using a self-guided online mindfulness-based intervention for Sexual Interest/Arousal Disorder.* Poster presentation at the annual meeting of the International Academy of Sex Research, Reykjavik, Iceland.
 17. Stephenson, K.R. (2022). *Expanding access to better sex: Building and testing an online psychotherapeutic program for female sexual difficulties.* Plenary talk at the annual meeting of the Society for Sex Therapy & Research, Chicago, IL.
 18. Mahar, E., O'Kane, K., Stephenson, K.R., & Brotto, L.A. (2022). *Training non-expert navigators to provide support for online interventions.* Poster presentation at the annual meeting of the Society for Sex Therapy & Research, Chicago, IL.

19. Stephenson, K.R., Iwata, K., Zippan, N., Doherty, P., & Brotto, L.A. (2021). *History of sexual abuse as a predictor of response to an unguided online intervention for female sexual dysfunction*. Oral presentation at the annual meeting of the Canadian Sex Research Forum, held virtually.
20. Smith, B., & Stephenson, K.R. (2021). *Assessing the impact of a commercially available mindfulness app on college student athlete well-being and sport experience*. Paper presentation at the annual meeting of the Association for Applied Sport Psychology, Las Vegas, NV.
21. Zippan, N., Stephenson, K.R., & Brotto, L.A. (2021). *Feasibility of an unguided online mindfulness-based intervention for Female Sexual Interest/Arousal Disorder*. Poster presentation at the annual meeting of the Society for Sex Therapy and Research, held virtually.
22. Brotto, L. A., Zippan, N., & Stephenson, K.R. (2021). *Usability of a Mindfulness-Based Online Intervention for Female Sexual Dysfunction*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, held virtually.
23. Zippan, N., Stephenson, K.R., & Brotto, L.A. (2020). *Feasibility of an online CBT intervention for female sexual dysfunction*. Poster presentation at the annual meeting of the Canadian Sex Research Forum, held virtually.
24. Stephenson, K.R., Scott, O., Zippan, N., & Brotto, L.A. (2020). *Feasibility of an online program for female sexual dysfunction: eSense*. Poster presentation at the annual meeting of the International Academy of Sex Research, held virtually.
25. Pickworth, C., Stephenson, K.R., Lawson, C., & Hagel, I., (2020). *Gender differences in the link between sexual satisfaction and quality of life*. Poster presentation at the annual meeting of the International Academy of Sex Research, held virtually.
26. Zippan, N., Stephenson, K.R., & Brotto, L.A. (2020). *Changes over the course of a self-guided online cognitive-behavioral intervention for female sexual dysfunction*. Poster presentation at the annual meeting of the Society for Sex Therapy and Research, Chicago, IL.
27. Zippan, N., Stephenson, K.R., Brotto, L.A. (2019). *The EXCITE study: Usability of an online cognitive-behavioural intervention for women with low sexual desire*. Paper presentation at the annual meeting of the Canadian Sex Research Forum, Victoria BC, Canada.
28. Stephenson, K.R., Stueve, M., Widrig, W., Pickworth, C., & Enlow, R. (2019). *Exploring the role of avoidance in male sexual function*. Poster presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
29. Stephenson, K.R., Welch, J.P., Widrig, W., & Pickworth, C. (2019). *Mediators of the association between mindfulness and sexual experiences in men with impaired sexual function*. Poster presentation at the annual meeting of the International Convention of Psychological Science, Paris, France.

30. Fredenburg, P., & Stephenson, K.R. (2019). *Challenges in assessing an outpatient dual-diagnosis treatment program for individuals being released from prison*. Paper presentation at the annual meeting of the American Society of Criminology, San Francisco, CA.
31. Shimazu, L., Welch, J.P., Stueve, M., Enlow, R., & Stephenson, K.R. (2019). *Attachment avoidance as a moderator of the relationship between sexual and relationship satisfaction*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.
32. Stephenson, K.R., Welch, J.P., & Green, I. (2018). *Behavioral and experiential avoidance in male sexual dysfunction*. Poster presentation at the annual meeting of the International Academy of Sex Research, Madrid, Spain.
33. Shimazu, L., Welch, J.P., & Stephenson, K.R. (2018). *Sexual satisfaction and sexual function in men: Associations with attachment avoidance*. Poster presentation at the annual meeting of the Western Psychological Association, Portland, OR.
34. El-Askari, L., Green, I., & Stephenson, K.R. (2018). *Predictors of distress regarding sexual difficulties*. Poster presentation at the annual meeting of the Western Psychological Association, Portland, OR.
35. Stephenson, K.R., Shimazu, L., Whitby, A., Truong, L., & Kerth, J. (2017). *Consequences of impaired male sexual function: Associations with sexual distress*. Poster presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
36. Stephenson, K.R., & Kerth, J. (2017). *Effects of mindfulness-based therapies for female sexual dysfunction: A meta-analytic review*. Poster presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
37. Stephenson, K.R., Truong, L., Kerth, J., & Meston, C.M. (2016). *Heterosexual women's causal attributions regarding impairment in sexual function: Factor structure and associations with well-being*. Poster presentation at the annual meeting of the Society for the Scientific Study of Sexuality, Phoenix, Arizona.
38. Stephenson, K.R., & Kerth, J. (2016). *Mindfulness-based therapies for sexual dysfunction: A review of potential theory-based mechanisms of change*. Oral presentation at the annual meeting of the Society for the Scientific Study of Sexuality, Phoenix, Arizona.
39. Stephenson, K.R., Kerth, J., Woody, L., & Meston, C.M. (2016). *Sexual dysfunction moderates the association between sexual and relationship satisfaction*. Poster presentation at the annual meeting of the Western Psychological Association, Long Beach, California.
40. Lyons, L., Stephenson, K.R., Burchett, D. (2016). *Mindfulness-based therapy for sexual impairments in women: A literature review*. Poster presentation at the annual meeting of the Western Psychological Association, Long Beach, California.
41. Stephenson, K.R., Toorabally, N., & Meston, C.M. (2015). *What exactly do you mean by*

- “sexual problem?” Specific descriptions of self-identified impairments in female sexual function.* Podium presentation at the annual meeting of the International Society for Study of Women’s Sexual Health, Austin, Texas.
42. Stephenson, K.R., Simpson, T., & Kearney, D. (2015). *The association between mindfulness and posttraumatic stress disorder (PTSD) symptoms over the course of mindfulness-based stress reduction for veterans.* Symposium presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
 43. Stephenson, K.R., Toorabally, N., Lyons, L., Mendez, C., & Meston, C.M. (2015). *Further validation of the Female Sexual Function Index: Specificity and associations with clinical interview data.* Poster presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
 44. Stephenson, K.R., Pulverman, C., & Meston, C.M. (2014). *Assessing the impact of childhood sexual abuse on adult sexual experiences.* Podium presentation at the annual meeting of the International Society for Study of Women’s Sexual Health, San Diego, California.
 45. Stephenson, K.R., & Meston, C.M. (2014). *Why is impaired sexual function distressing for women? The primacy of pleasure in female sexual dysfunction.* Poster presentation at the annual meeting of the International Society for Study of Women’s Sexual Health, San Diego, California.
 46. Stephenson, K.R., & Meston, C.M. (2013). *The conditional importance of sex: Individual differences in the association between sexual satisfaction and life satisfaction.* Poster presentation at the annual meeting of the Society of Behavioral Medicine, San Francisco, California.
 47. Stephenson, K.R., & Meston, C.M. (2013). *Moderators of the association between sexual function and distress in women: Replications in a clinical sample.* Poster presentation at the annual meeting of the Society of Behavioral Medicine, San Francisco, California.
 48. Stephenson, K.R., & Meston, C.M. (2013). *Causal attributions regarding impaired female sexual function.* Podium presentation at the annual meeting of the International Society for Study of Women’s Sexual Health, New Orleans, Louisiana.
 49. Stephenson, K.R., Cerutti, M., Neufeld, R., Williams, P., & Meston, C.M. (2013). *Moderators of the association between sexual functioning and distress in women: Replications in a clinical sample.* Poster presentation at the annual meeting of the International Society for Study of Women’s Sexual Health, New Orleans, Louisiana.
 50. Meston, C.M., Watts, T., Stephenson, K.R., Lorenz, T., Khouri, Y., & Pulverman, C. (2013). *Mediators of the long term impact of childhood sexual abuse on sexual function: Stigmatization, Powerlessness, and Traumatic Sexualization.* Poster presentation at the annual meeting of the International Society for Study of Women’s Sexual Health, New Orleans, Louisiana.
 51. Stephenson, K.R., Williams, P., & Meston, C.M. (2012). *The curvilinear association between sexual satisfaction and overall life satisfaction in women.* Poster presentation at the Annual Meeting of the Texas Psychological Association, Austin, Texas.

52. Stephenson, K.R., Cerutti, M., Neufeld, R., & Meston, C.M. (2012). *Consequences of impaired female sexual functioning: Individual differences and associations with distress*. Paper presentation at the Annual Meeting of the Texas Psychological Association, Austin, Texas.
53. Pulverman, C.P., Lorenz, T.K., Stephenson, K.R. & Meston, C.M. (2012). *Non-trauma focused expressive writing improves psychological functioning in survivors of childhood sexual abuse*. Poster presentation at the annual meeting of the Association for Psychological Science, Chicago, Illinois.
54. Stephenson, K.R. & Meston, C.M. (2012). *The young and the restless? Age as a moderator of the association between sexual desire and sexual distress in women*. Poster presentation at the annual meeting of the Society for Sex Therapy and Research, Chicago, Illinois.
55. Stephenson, K.R., Williams, P., & Meston, C.M. (2012). *How does impaired sexual functioning affect women's sexual experiences?* Poster presentation at the annual meeting of the Society for Sex Therapy and Research, Chicago, Illinois.
56. Stephenson, K.R., Williams, P., & Meston, C.M. (2012). *The association between sexual satisfaction and overall life satisfaction for women with impaired sexual functioning*. Poster presentation at the annual meeting of the Society for Sex Therapy and Research, Chicago, Illinois.
57. Lorenz, T. K., Meston, C. M., & Stephenson, K.R. (2012). *Expressive writing improves sexual dysfunction, distress, and satisfaction in women with a history of childhood sexual abuse: Results from a randomized clinical trial*. Podium presentation at the Annual Meeting of the International Society for the Scientific Study of Women's Sexual Health, Jerusalem, Israel.
58. Coates, L., Bicoy, H., Stephenson, K.R. & Meston, C.M. (2011). *Adult attachment moderates the association between sexual and relational satisfaction*. Poster presentation at the annual meeting of the Texas Psychological Association, San Antonio, Texas.
59. Bicoy, H., Coates, L., Stephenson, K.R. & Meston, C.M. (2011). *Childhood sexual abuse and the association between sexual desire and relationship length*. Poster presentation at the annual meeting of the Texas Psychological Association, San Antonio, Texas.
60. Pallatto, C.A., Stephenson, K.R., & Meston, C.M. (2011). *Moderators of the association between sexual functioning and distress: Childhood sexual abuse and the importance of the perpetrator relationship*. Poster presentation at the annual meeting of the International Society for Study of Women's Sexual Health, Scottsdale, Arizona.
61. Stephenson, K.R., Pallatto, C.A., & Meston, C.M. (2011). *Childhood sexual abuse moderates the association between sexual functioning and sexual distress in women*. Poster presentation at the annual meeting of the International Society for Study of Women's Sexual Health, Scottsdale, Arizona.
62. Stephenson, K.R., Rellini, A.H., & Meston, C.M. (2011). *Predictors of treatment response during cognitive behavioral sex therapy*. Podium presentation at the annual

- meeting of the International Society for Study of Women's Sexual Health, Scottsdale, Arizona.
63. Stephenson, K.R., Lee, E., De La Torre, B., & Meston, C.M. (2010). *The relationship between sexual arousal and sexual distress in women: The selective protective value of intimate relationships*. Poster presentation at the annual meeting of the Society for Study for Behavioral Medicine, Seattle, Washington.
 64. Stephenson, K.R., & Meston, C.M. (2010). *Are sexual satisfaction and sexual distress independent constructs?* Poster presentation at the annual meeting of the Society for Study for Behavioral Medicine, Seattle, Washington
 65. Stephenson, K.R., Ahrold, T.K., Pallatto, C.A., & Meston, C.M. (2010). *The relationship between sexual motives and sexual satisfaction: Gender differences and categorical comparisons*. Podium presentation at the annual meeting of the International Society for Study of Women's Sexual Health, St. Petersburg, Florida.
 66. Stephenson, K.R., Ahrold, T.K., Pujols, Y., & Meston, C.M. (2009). *The associations between motivations for sex and sexual satisfaction differ by gender*. Podium presentation at the annual meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
 67. Stephenson, K.R., Ahrold, T.K., & Meston, C.M. (2009). *Pleasure, self-esteem, and expression: Expanding the range of sexual motives associated with sexual satisfaction*. Poster presentation at the annual meeting of the International Academy of Sex Research, San Juan, Puerto Rico.
 68. Stephenson, K.R., & Meston, C.M. (2009). *Orgasm functioning and sexual satisfaction: The selective value of intimate relationships*. Poster presented at the annual meeting of the International Academy of Sex Research, San Juan, Puerto Rico.
 69. Perlman, H., Stephenson, K.R., Bauerkemper, B., Andrews, E., & Meston, C.M. (2009). *Gender differences in the relationship between orgasmic functioning and sexual satisfaction*. Poster presentation at the annual meeting of the International Academy of Sex Research, San Juan, Puerto Rico.
 70. Sullivan, K.T., Pasch, L.A., Hanson, K., Stephenson, K.R., del Vigna, L., & Benjanyan, K. (2007). *Social support and readiness to change: An initial examination of support strategies, individual change, and marital satisfaction*. Paper presentation at the conference of the Association for Behavior and Cognitive Therapy, Philadelphia, Pennsylvania.
 71. Stephenson, K.R. (2007). *Culture and agency*. Poster presentation at the annual Leadership Alliance National Symposium, Stamford, Connecticut.
 72. Stephenson, K.R., & Sullivan, K.R. (2007). *Misperception of social norms and sexual satisfaction*. Poster presentation at the annual meeting of the Western Psychological Association, Vancouver, British Columbia.

RESEARCH FUNDING

2025-2027	<p>Accelerating Grant <i>Evaluating a digital health tool for sexual difficulties after gynecologic cancer</i> <i>Gynecologic Cancer Initiative</i> \$75,000 Role: Co-I</p>
2024-2028	<p>Canadian Institutes of Health Research Project Grant <i>Are we doing more harm? A mixed-method study of responses to couple sex therapy interventions in adults with a history of childhood sexual abuse and their partners</i> <i>Canadian Institutes of Health Research - Psychosocial, Sociocultural, & Behavioural Determinants of Health Division</i> \$581,400 Role: Co-I</p>
2024-2026	<p>Innovation to Commercialization Grant: Phase 2 Renewal Funding <i>eSense: Commercializing a digital health tool for improving women's sexual health</i> <i>Michael Smith Health Research BC</i> \$297,594 Role: Co-I</p>
2023-2024	<p>Project Grant <i>Supporting couples' sexual well-being in the transition to parenthood: A novel online prevention program</i> <i>Social Sciences and Humanities Research Council</i> \$330,000 Role: Co-I</p>
2022-2024	<p>Pilot Study Award <i>eSense Cancer: Adapting an online intervention for sexual health concerns to ovarian cancer</i> <i>Rivkin Center for Ovarian Cancer</i> \$75,000 Role: Co-I</p>
2022-2023	<p>Planning and Dissemination Grant <i>Convening a gynecologic cancer patient advisory group to adapt a digital health tool</i> <i>Canadian Institutes of Health Research - Institute of Community Support</i> \$10,000 Role: Co-I</p>
2021-2023	<p>Innovation to Commercialization Award <i>Creation, evaluation, and dissemination of cognitive-behavioural & mindfulness-based online programs for female sexual dysfunction</i> <i>Michael Smith Foundation for Health Research</i> \$300,000</p>

Role: Co-PI

- 2020-2023 Canadian Institutes of Health Research Project Grant
Pilot RCT for cognitive-behavioural & mindfulness-based online programs for female sexual dysfunction
Canadian Institutes of Health Research - Psychosocial, Sociocultural, & Behavioural Determinants of Health Division
\$320,000
Role: Co-PI
- 2018-2019 Project Grant
The nature of sexual well-being & flourishing
For Goodness Sake, LLC
\$7000
Role: PI
- 2018 iHuman Sciences Student-Faculty Collaborative Research Grant
Mindfulness and male sexual experiences
Willamette University iHuman Sciences Initiative
\$7000
Role: PI
- 2018 iHuman Sciences Student-Faculty Collaborative Research Grant
Analyzing complex longitudinal interactions between attachment orientation, relationships, and sexuality
Co-investigator – Haiyan Cheng, Computer Science Department
Willamette University iHuman Sciences Initiative
\$5000
Role: Co-PI
- 2016 iHuman Sciences Student-Faculty Collaborative Research Grant
Identifying predictors of male sexual function and satisfaction
Willamette University iHuman Sciences Initiative
\$7000
Role: PI
- 2013 Dissertation Research Grant
Department of Psychology, The University of Texas at Austin
\$3000
Role: PI

PEDAGOGICAL FUNDING

- 2024 Undergraduate Research Program Summer Fellowship
Effects of a history of sexual assault and Posttraumatic Stress symptoms in a randomized clinical trial of an intervention for sexual dysfunction in women
Xavier University Undergraduate Research and Creative Activity Advisory Board
\$5362
Role: PI

2020	Curricular Innovation Grant <i>Integrating reproducibility and open science into a psychology methods course</i> <i>Willamette University Liberal Arts Research Collaborative in the Arts, Humanities, and Social Sciences</i> \$2000 Role: Co-I
2018	Curricular Innovation Grant <i>Redesign of the psychology internship experience</i> <i>Willamette University Liberal Arts Research Collaborative in the Arts, Humanities, and Social Sciences</i> \$3000 Role: PI
2017	Curricular Innovation Grant <i>Psychological science in Introduction to Psychology</i> <i>Willamette University Liberal Arts Research Collaborative in the Arts, Humanities, and Social Sciences</i> \$1000 Role: PI
2016	Curricular Innovation Grant <i>Improving student understanding of empirically-supported treatments in clinical psychology</i> <i>Willamette University Liberal Arts Research Collaborative in the Arts, Humanities, and Social Sciences</i> \$1000 Role: PI

AWARDS & HONORS

2025	Honorable Mention - Sexual Tipping Point Award <i>eSense: A digital therapeutic for Sexual Interest/Arousal Disorder</i> <i>Map Education & Research Foundation</i>
2024	Faculty Developmental Leave <i>Xavier University</i>
2022	Honorable Mention - Sexual Tipping Point Award <i>Expanding access to better sex: Building and testing an online psychotherapeutic program for female sexual difficulties</i> <i>Map Education & Research Foundation</i>
2022	Faculty Summer Research Fellowship <i>Xavier University</i>
2020	Honorable Mention – Best Paper of The Year <i>Feasibility of a Brief Online Psychoeducational Intervention for Women with Sexual Interest/Arousal Disorder</i>

International Society of Sexual Medicine (ISSM)

- 2020 Best Senior Poster Award
Feasibility of an online program for female sexual dysfunction: eSense
The International Academy of Sex Research (IASR)
- 2017 Merit Award for Excellence in Scholarship
Willamette University College of Liberal Arts
- 2015 Best Abstract Award
What exactly do you mean by “sexual problem?” Specific descriptions of self-identified impairments in female sexual function.
The International Society for The Study of Women’s Sexual Health (ISSWSH)
- 2012 College of Liberal Arts Continuing Fellowship in Psychology
The University of Texas at Austin
- 2011 William Power Jr. Graduate Dissertation Fellowship
The University of Texas at Austin
- 2011 Bjorn Lundquist New Investigator Award
Predictors of treatment response during cognitive behavioral sex therapy
The International Society for The Study of Women’s Sexual Health (ISSWSH)
- 2011 Best Poster Award – Basic Science
Moderators of the association between sexual functioning and distress: Childhood sexual abuse and the importance of the perpetrator relationship
The International Society for The Study of Women’s Sexual Health (ISSWSH)
- 2011 Finalist for the Sandra R. Leiblum Student Paper Award
Childhood sexual abuse moderates the association between sexual functioning and sexual distress in women
The Society for Sex Therapy & Research (SSTAR)
- 2008 Liberal Arts Dean’s Fellowship
School of Liberal Arts, The University of Texas at Austin
- 2007 Outstanding Undergraduate Researcher Award
Psychology Department, Santa Clara University
- 2007 Outstanding Minor Award
Religious Studies Department, Santa Clara University
- 2007 Phi Beta Kappa, National Honors Society
Santa Clara University Chapter
- 2007 Psi Chi, National Psychology Honors Society
Santa Clara University Chapter
- 2007 Theta Alpha Kappa, National Religious Studies Honors Society
Santa Clara University Chapter

TEACHING EXPERIENCE

Xavier University:

- Intervention Techniques: Cognitive Behavior Therapy (graduate) (x4)
- Clinical Supervision (graduate) (x5)
- Advanced Research Design & Analysis (graduate) (x3)
- Psychological Disorders (undergraduate) (x4)
- Research Methods & Design in Psychology (undergraduate) (x2)
- Clinical Psychopathology (graduate)
- Couple & Sex Therapy (graduate)
- General Psychology (undergraduate)

Willamette University:

- Introduction to Psychology (x8)
- Adult Psychopathology (x5)
- Clinical Psychology (x5)
- Research Methods and Data Analysis in Psychology (with Lab) (x3)
- Senior Internship in Psychology (x2)
- Senior Seminar: Better Sex Through Science

California State University Monterey Bay:

- Clinical Psychology (x2)
- Research Methods and Data Analysis in Psychology (x2)
- Adult Psychopathology

St. Edwards University:

- Statistics and Research Methods in Psychology (x2)
- Research and Field Experience in Psychology

The University of Texas at Austin (Teaching Assistant):

- Human Sexuality (x3)
- Introduction to Psychology (x2)
- Human Brain Imaging
- Behavioral Problems in Children
- Statistics and Research Methods in Psychology (Lab instructor)

STUDENT THESES / DISSERTATIONS

Gabby Combs (2025-present; chair) - Therapy Modality Preferences of Queer Women with Low Sexual Desire: The Role of Medical Mistrust. Doctoral Dissertation, Xavier University

Leonie Mohrs (2024-present; chair) - Augmenting an Intervention for Sexual Concerns Among Women with Polycystic Ovarian Syndrome (PCOS): The Role of Body Image. Doctoral Dissertation, Xavier University

Jennier Pasternak (2024-present; chair) – Causal Attributions in Men Regarding Partners' Low Sexual Desire: Patterns and Associations With Well-Being and Interpersonal Responses. Doctoral Dissertation, Xavier University

- Bri Maggard (2024-present; chair) - Increasing Behavioral Intention to Use eSense: A Psychological Online Intervention for Women with Sexual Difficulties. Doctoral Dissertation, Xavier University
- Caitlin Tycz (2024-present; committee member) - Randomized Controlled Trial Examining a Self-Compassion Intervention for Collegiate Student-Athletes. Doctoral Dissertation, Xavier University
- Anton Mays (2023-present; chair) – Understanding Low Agreeableness Through Natural Language. Doctoral Dissertation, Xavier University
- Destyn Jones (2023-present; committee member) – Can Cheaters Win? An Exploration of Factors Associated with Infidelity. Doctoral Dissertation, Xavier University
- Kate O’Brien (2022-2025; chair) – Exploring Directionality in the Association Between Relationship Satisfaction and Sexual Satisfaction. Doctoral Dissertation, Xavier University
- Anna Jelinek (2022-present; chair) – Disclosure of Sexual Assault History as a Predictor of Engagement and Response to an Online Intervention for Sexual Interest/Arousal Disorder. Doctoral Dissertation, Xavier University
- Hayden Sutter (2023-2025; committee member) – Phubbing: The Negative Effects of Cell Phone Induced Ostracism in Romantic Relationships and Potential Mitigating Factors. Doctoral Dissertation, Xavier University
- MacKenzie Glass (2023-2024; committee member) – Impact of Appearance-Focused Media on Male Body Image. Doctoral Dissertation, Xavier University
- Harrison Jones (2022-2024; committee member) – Associations Between Online Racism and PTSD Symptoms Among African American College Students
Doctoral Dissertation, Xavier University
- Autumn Richards (2022-2024; committee member) – A Descriptive Analysis of the Extent and Nature of Sexual Trauma Training in Clinical Psychology Doctoral Programs. Doctoral Dissertation, Xavier University
- Ciara Incorvati (2022-2024; committee member) – CBM-I and Social Anxiety: Does a Single Session of a CBM-I Intervention Reduce Social Anxiety in a Subclinical Population?
Doctoral Dissertation, Xavier University
- Benjamin Smith (2019; chair) – Effects of a Mindfulness Mobile Phone App on Well-Being in Student Athletes.
Undergraduate Honors Thesis, Willamette University
- Lyndsey Shimazu (2018; chair) – Trait Mindfulness as a Mediator Linking Adult Attachment to Psychological Well-Being.
Undergraduate Honors Thesis, Willamette University
- Paige Fredenburg (2018; chair) - Effectiveness of Evidence-Based Practices in Marion County Parole and Probation in Reducing Recidivism.
Undergraduate Honors Thesis, Willamette University

Hio Tong Chao (2017; committee member) - Effects of Child-Characteristic and Abuse-Characteristic Variables on Disclosure Experiences of Child Sexual Abuse Survivors.
Undergraduate Honors Thesis, Willamette University

CLINICAL EXPERIENCE

License Information

2022-present	Clinical Psychologist License # (OH): P.08315 Date issued: 6/17/22 Expiration date: 9/30/26
2017-2021	Clinical Psychologist License # (OR): 2868 Date issued: 8/9/17
2015-2017	Psychology Resident License # (OR): 22426 National Provider Identifier: 1467818641 Date issued: 8/24/15
2014-2015	Registered Psychological Assistant License # (CA): PSB94020845 Date issued: 8/18/14

Clinical Psychologist, Private Practice, Cincinnati, OH

2022-present	Provide behavioral health services for individuals and couples in a private practice setting. Specializing in treatment of relational distress, sexual dysfunction, and anxiety disorders using Cognitive-Behavioral and Acceptance-Based therapies
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Clinical Psychologist, Private Practice, Salem, OR

2017-2021	Provided behavioral health services for individuals and couples in a private practice setting.
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Psychology Resident, Private Practice, Salem, OR

2015-2017	Post-doctoral clinician <i>Supervisor:</i> Rebecca Miller-Moe, Ph.D.
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Registered Psychological Assistant, Peninsula Behavioral Health, Palo Alto, CA

2014-2015	Post-doctoral clinician <i>Supervisor:</i> Sarah Adler, Psy.D.
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Doctoral Internship, Veterans Affairs Puget Sound Healthcare System, Seattle WA

- 2014 Primary Care Mental Health Integration Clinic
Supervisor: Craig Santerre, Ph.D.
- 2013-2014 Posttraumatic Stress Disorder Outpatient Clinic
Supervisors: David Tarver, Ph.D., Scott Michael, Ph.D.
- 2013-2014 Spinal Cord Injury Unit
Supervisor: Jan Tackett, Ph.D.
- 2013 Family Therapy Program
Supervisor: Peter Fehrenbach, Ph.D.

External Practica, Central Texas Veterans Affairs Healthcare System, Austin, TX

- 2012-2013 Primary Care Behavioral Health Clinic
Supervisors: Norma Perez, Ph.D., Jeremy Capello, Ph.D.
- 2011-2012 Mental Health Clinic
Supervisors: Ryan Hammond, Psy.D., Mark Adams, Ph.D.
- 2011-2012 Family Therapy Program
Supervisors: Ryan Hammond, Psy.D.

External Practica, The University of Texas at Austin, Austin, TX

- 2012-2013 Assessor - Austin Behavioral Clinic
Supervisor: Eric Frey, Ph.D.
- 2010-2013 Graduate Clinician – Private Practice
Supervisor: Penelope Frolich, Ph.D.
- 2010-2011 Assessor – Private Practice
Supervisor: Manuel Ramirez III, Ph.D.
- 2010-2011 Graduate Clinician – Private Practice
Supervisor: Vagdevi Meunier, Psy.D.
- 2010-2011 Graduate Clinician – Private Practice
Supervisor: Elayne Lansford, Ph.D.
- 2010 Graduate Clinician – Private Practice
Supervisor: Michael J. Telch, Ph.D.

Department of Psychology Internal Practica, The University of Texas at Austin, Austin, TX

- 2009-2010 Graduate Clinician – Internal Practicum
Supervisors: Michael J. Telch, Ph.D. & Martita Lopez, Ph.D.
- 2009 Assessor - Internal Practicum

Supervisors: Rebecca Neil, Ph.D. & Kim Fromme, Ph.D.

EDITORIAL ACTIVITIES

2020-present	<i>Associate Editor</i> Archives of Sexual Behavior
2010-present	<i>Reviewer</i> Assessment Archives of Sexual Behavior BMC Psychiatry Canadian Journal of Behavioural Science Clinical Psychological Science Health Psychology Journal of Consulting and Clinical Psychology Journal of Happiness Studies Journal of Sex Research Journal of Sex & Marital Therapy Journal of Sexual Medicine Mindfulness Personality and Individual Differences Sexual and Relationship Therapy Abnormal Psychology: An Integrative Approach, Barlow & Durand (textbook) Clinical Psychology, Trull, Prinstein, & Abramowitz (textbook)

PROFESSIONAL TRAINING / WORKSHOPS

2024	Diversity and Inclusion Teaching Academy Office of Institutional Diversity and Inclusion <i>Coordinator:</i> Sam Kwapong, Ph.D.
2023	Recasting teaching and learning agreements: Toward humanizing/re-humanizing our courses Center for Teaching Excellence keynote & workshop <i>Speaker:</i> Mays Imad, Ph.D.
2022	Relationship-Rich Education: How human connection drives student success Center for Teaching Excellence keynote & workshop <i>Speaker:</i> Peter Felten, Ph.D.
2022	Teaching on days after: What to do when you don't know what to do Center for Teaching Excellence DEI keynote & workshop <i>Speaker:</i> Alyssa Hadley Dunn, Ph.D.
2020	Trauma-informed teaching during a pandemic Teaching Workshop <i>Organizers:</i> Meredy Goldberg Edelson, Ph.D. and Melissa Michaux, Ph.D.
2019	The language of racism in the classroom Inclusive Teaching Workshop

Organizer: Emily Drew, Ph.D.

- 2019 Managing difficult conversations and improving classroom climate
Inclusive Teaching Workshop
Organizers: Jade Aguilar, Ph.D. and Allison Hobgood, Ph.D.
- 2019 Pre-Conference Teaching Institute
International Convention of Psychological Science
Organizers: Douglas Bernstein, Ph.D. and Nathalie de Kernier, Ph.D.
- 2018 Inclusive Teaching Workshop
Willamette University
Workshop leader: Becky Wai-Ling Packard, Ph.D.
- 2017 College Colloquium Pedagogy Workshop
Willamette University
- 2016 Transparency in Teaching Workshop
Northwest 5 Colleges Consortium – University of Puget Sound
Workshop leader: Mary-Ann Winkelmes, Ph.D.
- 2015 Building eHealth and mHealth Interventions
Association for Behavioral and Cognitive Therapies
Workshop leaders: Stephen Schueller, Ph.D. and Mark Begale, Ph.D.
- 2014 Motivational Interviewing
VA Puget Sound, Seattle Division
Workshop leader: John Baer, Ph.D.
- 2014 Cognitive Processing Therapy for Veterans
VA Puget Sound, Seattle Division
Workshop leader: Scott Michael, Ph.D.
- 2013 Introduction to the Psychological Flexibility Model: An Acceptance and
Commitment Therapy Workshop
VA Puget Sound, American Lake Division
Workshop leader: Kelly Wilson, Ph.D.
- 2013 Integrative Behavioral Couples Therapy: Acceptance and Change in Couples
Therapy – Advanced Family Topics Seminar
VA Puget Sound, Seattle Division
Seminar leader: Andrew Christensen, Ph.D.
- 2009-2013 Graduate Portfolio in Applied Statistical Modeling
The University of Texas at Austin
Advanced statistical training through coursework and expert consultation
- Topics studied included: robust regression techniques, bootstrapping, factor analysis, smoothing splines, multilevel modeling / hierarchical linear modeling, structural equation modeling, survival analyses, advanced mediation and moderation analyses
 - Statistical software packages used included:

- SPSS, R, HLM, MPlus, SAS

- 2010 Structural Equation Modeling
Intensive statistical workshop, Austin TX
Workshop leader: Tiffanie Whitaker, Ph.D.
- 2009 Level I training in Gottman Couples Therapy
Workshop leader: Vagdevi Meunier, Psy.D.
- 2009 Hierarchical Linear Modeling
Intensive statistical workshop, Austin TX
Workshop leader: Keenan Pituch, Ph.D.

PROFESSIONAL AFFILIATIONS

American Psychological Association
Association for Behavioral and Cognitive Therapies
International Academy of Sex Research

UNIVERSITY SERVICE

- 2025-present Member, Committee for Faculty Development
Xavier University
- 2023-present Chair, Marketing Committee
School of Psychology
Xavier University
- 2021-present Member, Doctoral Admissions Committee
School of Psychology
Xavier University
- 2021-2023 Member, Thesis/Dissertation of the Year Committee
School of Psychology
Xavier University
- 2022-2023 Member, Marketing Committee
School of Psychology
Xavier University
- 2021 Member, Search Committee for Tenure-Track Faculty member
School of Psychology
Xavier University
- 2020-2021 Chair, Committee for Faculty Development
Willamette University
- 2018-2020 Member, Committee for Faculty Development
Willamette University

2017-2018	Member, Internal Review Board Willamette University
2016-2017	Member, Admissions Committee Willamette University
2016	Organizer – Kaestner Speaker Series, Dr. Mrinal Sinha Beyond Machismo: Intersectional Latino Identities Co-Sponsored by departments of Psychology, Sociology, Women & Gender Studies, and Latin American Studies Willamette University
2015	Member, Search Committee for Tenure-Track Faculty Member California State University Monterey Bay

ADDITIONAL PROFESSIONAL ACTIVITIES

2024-present	Co-founder & Chief Scientific Officer eSense Health Inc.
2023-present	Administrator, School of Psychology Social Media Accounts Xavier University
2017-2021	Administrator, Psychology Department Social Media Accounts Willamette University
2016-2021	Member, “First in Family” Faculty Willamette University Contributed to orientation, mentorship, and advising for incoming first- generation and underrepresented students.
2013-2014	Member, Internship Seminar Committee VA Puget Sound Healthcare System Aided in development of educational curriculum for internship seminar series
2008-2013	Webmaster, Sexual Psychophysiology Lab The University of Texas at Austin Designed and maintained laboratory website
2008-2013	Member, Austin Sexual Health Community Participated in community-based consultation group of sexual health care providers. Made case presentations to diverse team of professionals. Aided in disseminating best practices for sexual health interventions

REFERENCES

Lori A. Brotto, Ph.D.
Canada Research Chair in Women's Sexual Health
Executive Director, Women's Health Research Institute
Professor
Division of Gynaecologic Specialties
University of British Columbia
lori.brotto@vch.ca
(604) 875-4260

Cindy M. Meston, Ph.D.
Professor
Department of Psychology
The University of Texas at Austin
meston@psy.utexas.edu
(512) 232-4644

Meredyth Goldberg Edelson, Ph.D.
Professor of Psychology
Willamette University
medelson@willamette.edu
(503) 370-6133

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