



## Areas of Interests & Electives

### Children and Adolescents: Total 4 course concentration

#### **Required (3):**

- PSYC 720      Child and Adolescent Psychopathology
  - Risk factors for and characteristics of psychopathology evidenced by persons under 18, with attention to the influence of genetics, biology, family, peers, diverse social contexts, and society as a child develops.
- PSYC 721      Assessment: Child and Adolescent
  - This course is designed to teach a variety of clinical assessment strategies to assist in diagnosis and clinical decision-making. The complexities of developing youth and their social systems are examined as they relate to as interpreting assessment data with sensitivity to cultural and ethnic differences.
- PSYC 732      Intervention Techniques: Child & Adolescent
  - Theoretical framework regarding the psychological treatment of children and adolescents, current research data, and treatment methods presented in dealing with a range of childhood and adolescent disorders. Special emphasis is placed on empirically validated treatment interventions.

#### **Options for 4<sup>th</sup> C&A AOI Elective:**

- PSYC 632      Intervention: Acceptance and Commitment Therapy (ACT)
  - The course will entail a thorough examination of theory, research findings, and techniques used in Acceptance and Commitment Therapy (ACT). Experiential learning will be emphasized in this course.
- PSYC 712      Forensic Psychology
  - This course examines the bridge between psychology and the law, emphasizing the forensic psychologist's role in the legal system. Attention is given to developing a foundation in forensic knowledge, skills, and attitude for professional psychologists. Forensic issues including assessment and intervention strategies, consultation, interdisciplinary forensic problem-solving, courtroom testimony, and ethics are emphasized.
- PSYC 713      Pediatric Psychology
  - This course addresses psychological issues in and interventions for pediatric chronic medical conditions and common issues in developmental pediatrics.
- PSYC 806      Alcohol and Substance Abuse
  - This course examines the concept of addiction as it is understood by psychologists. It is designed to provide exposure to leading theories of drug initiation, abuse and dependence. Information about the physical and psychoactive effects of the major categories of abuse and dependence producing drugs are covered. Assessment strategies and treatment modalities are discussed.
- PSYC 825      Trauma: Assessment & Treatment
  - This course is an introduction to the psychological impact of many types of trauma (e.g., physical and sexual abuse, exposure to domestic violence, natural disasters, war/terrorism, sexual assault, etc.).
- PSYC 835      Intervention: Dialectical Behavior Therapy (DBT)
  - Students will become familiar with Dialectical Behavior Therapy (DBT) as it can be applied to a variety of clients including suicidal adolescents and adults with Borderline Personality Disorder (BPD). Students will study four components of DBT: individual therapy, skills training, phone coaching, therapist consultation teams. Students will also learn how to teach the DBT skills of mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance. The course will also survey the theory and research behind DBT.

## **Individuals with Serious and Chronic Problems and Psychopathology: Total 4 course concentration**

### **Required (1):**

- PSYC 735 Foundations in Psychotic Spectrum
  - This course focuses on individuals with schizophrenia, bipolar and other psychotic disorders, including transient psychotic states that occur in the context of other disorders. It provides an empirically informed theoretical foundation and exposure to the skills required for working with individuals with various forms of psychotic functioning.

### **Intervention Course Options (1):**

- PSYC 632 Intervention: Acceptance and Commitment Therapy (ACT)
  - The course will entail a thorough examination of theory, research findings, and techniques used in Acceptance and Commitment Therapy (ACT). Experiential learning will be emphasized in this course.
- PSYC 835 Intervention: Dialectical Behavior Therapy (DBT)
  - Students will become familiar with Dialectical Behavior Therapy (DBT) as it can be applied to a variety of clients including suicidal adolescents and adults with Borderline Personality Disorder (BPD). Students will study four components of DBT: individual therapy, skills training, phone coaching, therapist consultation teams. Students will also learn how to teach the DBT skills of mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance. The course will also survey the theory and research behind DBT.
- PSYC 806 Alcohol and Substance Abuse
  - This course examines the concept of addiction as it is understood by psychologists. It is designed to provide exposure to leading theories of drug initiation, abuse and dependence. Information about the physical and psychoactive effects of the major categories of abuse and dependence producing drugs are covered. Assessment strategies and treatment modalities are discussed.

### **Options for 3<sup>rd</sup> and 4<sup>th</sup> ISCPP AOI Electives:**

- PSYC 632 Intervention: Acceptance and Commitment Therapy (ACT)
  - The course will entail a thorough examination of theory, research findings, and techniques used in Acceptance and Commitment Therapy (ACT). Experiential learning will be emphasized in this course.
- PSYC 712 Forensic Psychology
  - This course examines the bridge between psychology and the law, emphasizing the forensic psychologist's role in the legal system. Attention is given to developing a foundation in forensic knowledge, skills, and attitude for professional psychologists. Forensic issues including assessment and intervention strategies, consultation, interdisciplinary forensic problem-solving, courtroom testimony, and ethics are emphasized.
- PSYC 803 Psychopharmacology
  - This course is intended to provide students having a general interest in pharmacology and related studies with a background of current information, and to provide the student with effective methods for updating and keeping current with developments in psychopharmacology, especially with an area of concentration being child and adolescent, geriatric and serious mental disabilities.
- PSYC 805 Introduction to Clinical Neuropsychology
  - Study of brain-behavior relationships. This course reviews classic neuropsychological presentations of frequently encountered neurological disorders.
- PSYC 806 Alcohol and Substance Abuse
  - This course examines the concept of addiction as it is understood by psychologists. It is designed to provide exposure to leading theories of drug initiation, abuse and dependence. Information about the physical and psychoactive effects of the major categories of abuse and dependence producing drugs are covered. Assessment strategies and treatment modalities are discussed.
- PSYC 825 Trauma: Assessment & Treatment
  - This course is an introduction to the psychological impact of many types of trauma (e.g., physical and sexual abuse, exposure to domestic violence, natural disasters, war/terrorism, sexual assault, etc.).

- PSYC 835      Intervention: Dialectical Behavior Therapy (DBT)
  - Students will become familiar with Dialectical Behavior Therapy (DBT) as it can be applied to a variety of clients including suicidal adolescents and adults with Borderline Personality Disorder (BPD). Students will study four components of DBT: individual therapy, skills training, phone coaching, therapist consultation teams. Students will also learn how to teach the DBT skills of mindfulness, interpersonal effectiveness, emotion regulation, and distress tolerance. The course will also survey the theory and research behind DBT.
- PSYC 885      Assessment: Rorschach
  - This course furthers training in the assessment of personality functioning by presenting the administration, scoring and interpretation of the Rorschach Test, based upon Exner's Comprehensive System.

### **Health Care Psychology across the Lifespan: Total 4 course concentration**

#### **Required (4):**

- PSYC 820      Psychology in Primary Care
  - This course is designed to provide the clinical psychology graduate student with an inquiry into the role of psychologists in primary care and how they provide services to patients with a variety of presenting complaints.
- PSYC 704      Health Issues in Geropsychology
  - This course focuses on the relationship between physical disease and psychological functioning within the older adult population. Students will learn about common health issues that occur in older adulthood and psychological interventions that may be utilized with individuals who present with these concerns. Students will also learn about health promotion and wellness within the older adult population. Students will consider ethical issues in geropsychology and health disparities experienced by diverse older adult populations. This course offers an interprofessional perspective through exposure to current literature, other health professions, and discussion about settings in which psychologists work with older adults.
- PSYC 710      Clinical Health Psychology
  - This course will facilitate an integration of knowledge and competency base in biological bases of health and illness, theoretical aspects of assessment, intervention and clinical health psychology practice.
- PSYC 713      Pediatric Psychology
  - This course addresses psychological issues in and interventions for pediatric chronic medical conditions and common issues in developmental pediatrics.

### **Clinical Free Elective Courses**

The PsyD requires a total of 7 electives. Each AOI requires 4 specific electives. The other 3 electives can be chosen from any of the various courses listed above plus PSYC 725 Couple & Sex Therapy.

- PSYC 725      Couple and Sex Therapy
  - Theoretical and empirical bases of evidence-based therapies to treat couples and/or individuals with relational or sexual difficulties. Focus on Cognitive-Behavioral, Emotion-Focused, and Acceptance-Based therapies. Diagnostic and treatment strategies presented along with practical training in interventions.