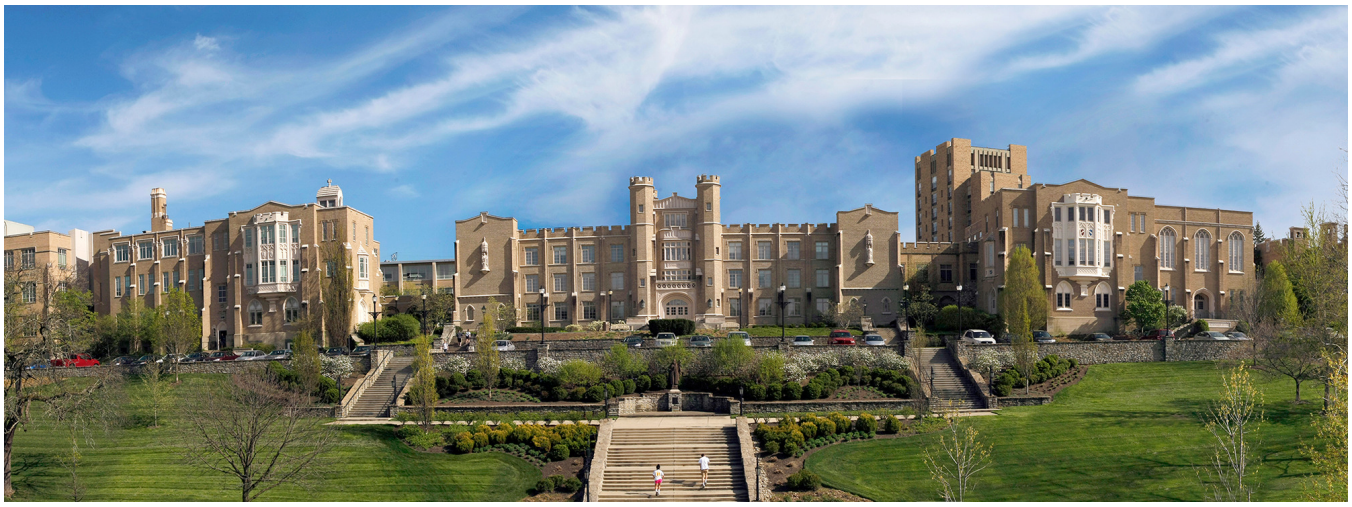
Xavier University



Drug-Free Schools and Communities
2024 Biennial Review

Table of Contents

Preface and Purpose 3
University Mission & Vision 3
Student Commitment 3

PART 1: State & University Policies

State and Local Laws 5
University Policies 5
University Liquor License 5-6
Alcohol Purchase & Sales 6
Alcohol Marketing 7

PART 2: Event Regulations

General Event Regulations 9
Alcohol Event Authorization 9-10
Personal Responsibility 10
Student Event Regulations 10-11
Student Travel 11
University-Owned Housing 11-12
Other University-Owned Property 12
Non-University-Owned Property 12

PART 3: Other University Support Departments

Dean of Students/Office of Student Integrity 14
Policy on Amnesty & Complicity 14
Residence Life 14
Xavier Police Department 14
Student Athletics 15
Fraternity and Sorority 15
Counseling Center 15
Psychological Services 15
Possible Interventions for Violations of the Alcohol and Other Drug (AOD) Policy 15
Reporting Concerns 16
Policy Review and Changes 16

PART 4: Data

Violation Data 18-21

PART 5: Recommendations

Recommendations 22

PART 6: Appendices

Appendix A (Permit Information)
Appendix B (Guidelines for Promoting Responsible Alcohol Use)
Appendix C (Definitions of Terms throughout this Policy)
Appendix D (Interventions for Alcohol Policy Violations)
Appendix E (Interventions for Drug Policy Violations)
Appendix F (Xavier Athletics Alcohol and Other Drug Policy)
Appendix G (National Pan-Hellenic Council Substance Abuse Policy)
Appendix H (Alcohol and other Drugs Intervention Programs)

Preface

Xavier University's Alcohol and Other Drug Policy is a component of the University's compliance with the ***DRUG-FREE SCHOOLS AND COMMUNITIES ACT OF 1989.***This legislation requires colleges and universities to certify that they attempt to prevent the unlawful possession, use, and/or distribution of drugs and alcohol by students and employees. For more information on Xavier's efforts to create a safe environment conducive to intellectual and personal development and to reduce the occurrence of alcohol and other drug related incidents, please see the following resources:

1. www.xavier.edu/dean-of-students
2. www.xavier.edu/handbook
3. https://www.xavier.edu/dean-of-students/student-behavior/alcohol-and-other-drug-information/drug-free-schools-and-communities-act

Purpose

The purpose of the University's Alcohol and Other Drugs Policy is to promote the legal and responsible use of alcohol and other drugs; to ensure compliance with state and federal laws and regulations which pertain to the University; to preserve a social environment conducive to learning and healthy living; and to promote the education of students and employees regarding alcohol and other drugs.

Students and employees who would like to receive additional information or confidential assistance may contact Health Services, Counseling Services, Psychological Services, the Division of Student Affairs, or the Employee Assistance Program.

University Mission Statement

Xavier is a Jesuit Catholic university rooted in the liberal arts tradition. Our mission is to educate each student intellectually, morally, and spiritually. We create learning opportunities through rigorous academic and professional programs integrated with co-curricular engagement. In an inclusive environment of open and free inquiry, we prepare students for a world that is increasingly diverse, complex and interdependent. Driven by our commitment to educating the whole person, promoting the common good, and serving others, the Xavier community challenges and supports all our members as they cultivate lives of reflection, compassion, and informed action.

Xavier Student Commitment

We are Xavier Musketeers. We are unique individuals who come together in the spirit of St. Ignatius, to learn together, to serve together and we will succeed in changing the world together. We act with integrity, justice, and generosity. All for one and one for all.

PART ONE:

STATE AND LOCAL LAWS

&

UNIVERSITY POLICIES

State and Local Laws

The University upholds the laws instituted by the federal government, the State of Ohio, and the cities of Norwood and Cincinnati regarding alcohol and other drugs, including illicit use of drugs.

The following is illegal – 1) for anyone under the age of 21 to order, pay for, share the cost of, attempt to purchase, possess, or consume beer, wine, or intoxicating liquor; 2) to furnish false information as to name, age, or other identification; 3) to provide, furnish, host, share or sell alcohol to any person under the age of 21; and 4) to possess an open container of intoxicating beverage in a public place.

Federal law prohibits any use of Schedule I and Schedule II drugs, which includes marijuana for any purpose. This federal prohibition is effective regardless of the Ohio statutes surrounding medical and recreational marijuana use in Ohio. As such, the procedures outlined below promote responsible alcohol use, but, consistent with federal law, strictly prohibit any form of illicit drug use.

For more information on state and local alcohol and drug laws and the implications of violations of these laws, please refer to the Student Handbook at www.xavier.edu/handbook.

University Policies

Xavier University prohibits the unlawful use, possession, distribution, or sale of illegal drugs or alcohol, or the use of nicotine anywhere on University property (including vaping). This includes illicit use of drugs, even if those drugs are legally prescribed to/obtained by a person. Students or employees in violation of state, federal, or other local regulations with respect to illegal drugs or alcohol possession, distribution, use, or sale may be subject to University conduct procedures and/or criminal prosecution. Student violations of these policies will be handled in accordance with the Student Handbook. Employee violations of these policies are subject to the Employee Conduct Policy.

Students and Employees will receive these said policies in an annual distribution of materials, including via an annual email notification and during new student and new employee orientation programs. If new students enroll or new employees are hired after the annual distribution date, the materials will also be publicized on Xavier's website, posted throughout residence halls and distributed via the Today at Xavier (employee) and Xavier Student Weekly (students) publications.

Alcohol Purchase

1. Alcoholic beverages must be purchased in accordance with local, state, and federal law.
2. Alcohol cannot be purchased from a retail organization and sold to the public. It also cannot be donated for use at events.
3. Event organizers and/or event attendees are prohibited from furnishing their own alcohol.

Alcohol Sales

1. Trained servers must be used for the distribution and sale of alcohol.
2. Alcohol servers must request proof of age with legal ID.
3. Alcohol servers are prohibited from drinking during the event.
4. Intoxicating liquors may not be sold or served at student events.
5. Events where students are present must include reasonable methods for enforcing the legal drinking laws of Ohio. These may include any or a combination of the following: wrist- bands, hand stamps, corralling, limitation of guests to those over the legal drinking age of 21, drink limits, and strict checking of identification. Exceptions exist for campus food service locations

and Athletics related concessions. In those instances, identification may be required at purchase points only.
6. Drink specials and/or alcohol giveaways are prohibited.
7. Serving size should not exceed 12 oz for beer/seltzer and 6oz for wine unless deemed appropriate by the division head to which the event sponsor reports.
8. A maximum of two servings of alcoholic beverages may be served to a person at a time.
9. When a fee is charged, there will be a minimum charge of $4.00 per serving.
10. Standard "21" warning signs must be posted behind all serving areas.
11. Alcohol may not be removed from the event or corralled area (where applicable).
12. Alcohol may not be brought into the event or corralled area (where applicable). Event organizers and security personnel are expected to restrict and confiscate contraband alcohol/containers from entering into the event. Those found with personal alcoholic beverages or containers in their possession will be asked to dispose of the alcohol and leave the event. The containers will be confiscated and the individual may be subject to conduct proceedings in accordance with their University classification.
13. Alcohol service may begin only after the function has begun and must stop no later than one-half hour before the scheduled end of the function. Last call will take place 15 minutes prior to when alcohol service ends.
14. Open kegs must be emptied and the contents discarded at the end of the event. The contents cannot be distributed or sold to an organization/individual(s) for personal use. Exceptions to this exist for campus food service locations and Athletics related concessions when a keg may be re-used.

Alcohol Marketing

1. Event promotion must not encourage any form of alcohol abuse.
2. No sampling of alcohol as part of campus marketing programs will be permitted.
3. Co-branding of promotional items with alcohol related companies/marketers (ie: Bars, distributors, etc.) is not allowed. All branding using Xavier's logo in any form must be approved in accordance with our brand guidelines.
4. Advertising that is under the auspices of Xavier University must conform to the following rules:
    a. Advertising of intoxicating liquor is prohibited.
    b. No alcoholic beverage containers or related paraphenalia (ie: shot glass, wine glass, beer stein, bottle opener, wine opener) may be given as favors, souvenirs, or prizes at student events or activities. Third party prize donations and give-aways should not promote alcohol.
    c. The word "beer" or "wine" may be placed on promotions when it will be offered. The typeface may not be larger or different than that used for words such as "soda" or "food" and the alcoholic beverage may not be the first offering listed. Promotional materials must also indicate that alternative beverages and food will be offered.
    d. The words "tailgating" "pre-gaming" "open bar" (or its various forms) may not be used.

Policy Review and Changes

The University reviews its policies and procedures on a continuing basis in order to operate in an efficient manner and to comply with the applicable local, state, and federal laws and regulations. Policies contained in this document are in effect as of this publication date and are subject to change as deemed necessary by the University.

PART TWO:
EVENT REGULATIONS

General Guidelines for Alcohol Use

These guidelines apply to all alcohol consumption, service, or sales affiliated with Xavier regardless of whether the venue is on or off campus.

I. When required by law and university liquor license(s), all on-campus alcohol service must be provided by Campus Dining.

II. Adherence to the law - The event organizer is responsible for using reasonable means to uphold the law and all university policies. In the case of policy violations, event organizers (with support from security personnel, as applicable) are required to take action to uphold university policy. Such action will include but is not limited to: confiscating the alcoholic beverage, having the violator leave the function, and/or referring the violator for University conduct procedures.

III. Responsible Alcohol Consumption - The event organizer shall implement reasonable measures to prevent attendees from drinking irresponsibly. These measures include refusing further alcoholic beverage service to anyone who is, or appears to be intoxicated, or whose inappropriate behaviors are deemed related to alcohol consumption.

IV. Any organizing unit which knowingly ignores this policy will forfeit the right to distribute alcohol at future events.

V. Drinking games or contests are strictly prohibited.

Alcohol Event Authorization

This policy covers authorization for alcohol at any events that are sponsored by and/or occur at Xavier University, both on and off-campus, either with University dollars or through the use of the Xavier University name. This policy addresses the following types of events and requires authorization for alcohol to be served at these events with the following stipulations:

Alcohol Use on University Property – Non-University Event:

I. University-Owned Student Housing: Students living in University-owned housing must comply with the rules and regulations set forth for alcohol use in student housing, as found in section 2.3.1 of the Student Handbook.

II. Other University-Owned Property:

- **a.** Xavier University complies with the local, city, and state ordinances prohibiting the possession of an open container of beer or intoxicating beverage in a public area. This includes parking lots, sidewalks, recreational facilities, classrooms, common areas, and grounds.
- **b.** Open containers, kegs, and large amounts of alcohol are not permitted in vehicles parked on University-owned property.
- **c.** Tailgating (or any version of it) is not permissible in any University parking lot or grounds.

III. **Non-University Events:** Events or activities sponsored by a non-university entity using University facilities or the University name. Such events might include space rentals for weddings, conferences, productions, and meetings.

a. When a contractual agreement has been negotiated for the use of University space by a non- University entity, the authority to serve alcohol lies with the university

representative responsible for negotiating the contract with the outside entity.

b. Non-University Events must comply with the parameters outlined in the General Event Guidelines of the Alcohol and Other Drug policy.

Alcohol Use Off-Campus:

I. Students living off-campus in non-University-owned housing are expected to abide by the laws of the State of Ohio and the Xavier University Standards for Off-Campus Living and the Code of Student Conduct found in the Student Handbook.

II. Xavier University reserves the right to investigate and to subsequently take university action for off-campus behavior which violates alcohol and other drug laws and or policies. All such incidents may be subject to student conduct proceedings in addition to any external criminal proceedings.

III. Employees should limit times in which they consume alcoholic beverages with students and should only do so at the discretion of the division head to which the employee reports.

IV. Student Travel:

a. Student Domestic Travel:

i. The consumption of alcohol is not permitted when undergraduate students travel as part of a University event or organization, regardless of the students' legal drinking age.

ii. Employees and graduate students traveling with undergraduate students should also not consume alcohol with or provide alcohol to the undergraduate students.

a. Student International Travel:

i. Students participating in a study abroad or international experience through the university shall comply with the alcohol and drug policy(ies) of their education abroad program guidelines, host university, and/or host country.

Alcohol at University Events – On or Off-Campus:

Alcohol at any event sponsored by Xavier University, both on and off-campus, either with University dollars or through the use of the Xavier University name, requires authorization by the appropriate University official as outlined below, and must comply with event guidelines.

I. University Events: events or activities sponsored by Xavier non-student organization, divisions, departments, and offices.

a. The decision to serve alcohol at a University Event is at the discretion of the division head to which the organizing body reports.

b. University Events must comply with the parameters outlined in the General Event Guidelines section of this policy.

c. If the majority of participants are currently enrolled Xavier students, the event is considered a student event and must comply with the parameters for Student Events as outlined in this policy.

II. Student Events: events or activities sponsored by student organizations or University offices or departments where the primary focus is programming for and with students.

a. The decision to serve alcohol will be at the discretion of the Vice President for Student Affairs or designee.

b. Event sponsors are responsible for submitting an Alcohol Event Request Form at least two weeks prior to the event.

c. Student events where alcohol is sold, served, or consumed must comply with the General Guidelines for Alcohol (see Section VI), General Event Guidelines (see part D), and Student Event Guidelines (see part D). These regulations apply whether the venue is on-

campus or off-campus. Event sponsors are responsible for submitting an Alcohol Event Request Form at least two weeks prior to their event and must obtain approval as determined by the Vice President for Student Affairs or designee. With good cause showing, the Vice President for Student Affairs or designee may grant an exception or waiver to a specific guideline.

d. Student events or activities taking place off-campus are considered student functions and are covered by the parameters in the Student Event Regulations listed above and must be approved by the Vice President for Student Affairs or designee.

e. Intoxicating liquors are not allowed at student events (i.e. hard alcohol is prohibited at student events).

f. Any student or organization failing to comply with any part of the event guidelines will be subject to conduct procedures and associated sanctions.

Student Event Guidelines

Student events must comply with the student general event guidelines listed below as well as the general event guidelines listed above. With good cause showing, the Vice President for Student Affairs or designee may grant an exception or waiver to a specific guideline.

I. Purpose of the Event

a. The consumption of alcoholic beverages may not be the focal point of any social gathering; the event must have other primary entertainment or educational functions.

II. Event attendees

a. The majority of the anticipated attendees must be over the age of 21.
b. Event attendees who appear visibly intoxicated may be ejected or denied entrance and may be subject to University conduct procedures.

III. Advisor responsibilities

a. The organization's designated advisor must be present for the duration of the event.

IV. Security

a. Security is required. See the *Event Security Planning Guide* for details.
b. The sponsoring organization is responsible for arranging appropriate security.
c. The sponsoring organization assumes the costs associated with event security.

V. Event timing

a. Events must end by 1:00am. Last call must be no later than 12:30 a.m. (or one-half hour before the scheduled end of the function).
b. The duration of alcohol service will generally not exceed 4 hours.

VI. Alcohol Purchase and Sales

a. Alcoholic beverages must be served in a transparent or translucent non-breakable cup.
b. Maximum amount of alcoholic beverages one student will be served is the equivalent of one drink per hour of the event. Open bars will not be allowed at student events.
c. All alcoholic beverages must be purchased by attendees with the exception of wine tasting events that have an educational focus.
d. It is the responsibility of the event organizers to inform off-campus establishments of University policies regarding the service of alcohol.

VII. Event Transportation

a. University provided transportation is required for off campus events where alcohol will be consumed. Event attendees are required to use the University provided transportation.
b. When University dollars are being used to fund transportation to an event where alcohol will be consumed, a University representative or authorized security must be present at bus loading prior to the event and at bus loading at the end of the event to return to

campus.

c. Advisors and/or security personnel must check guests for alcohol prior to departure. Any alcohol will be confiscated and the individual will be subject to student conduct proceedings.

VIII. Event Advertisement

a. Student events must comply with the Alcohol Marketing guidelines included in this policy.
b. Student Event advertising must include a message about the responsible use of alcohol. Examples include "You must be 21 to consume alcoholic beverages," "Because You're Part of a Community That Cares, Keep Alcohol Use Safe and Responsible," "Don't Drink and Drive."

IX. Food and Non-Alcoholic Beverages

a. Non-alcoholic beverages must be available free of charge.
b. Some variety of food must be available free of charge to limit the effects of over-consumption.

Residence Life Policies

In any University-owned housing, students who are of legal drinking age may possess or consume alcohol in the student's room or apartment. Alcohol must be labeled with the name of the student who legally purchased the alcohol and brought it into the living space (this can be done with a Sharpie/marker, tape, label, etc.). Consumption and possession of open containers of alcohol in public areas of University-owned housing is permitted only with the specific authorization of the Office of Residence Life. Kegs, beer balls and other large amounts of alcohol are not permitted in students' rooms or apartments. Alcohol containers are not permitted as decoration in students' rooms or apartments. Empty alcohol containers must be disposed of promptly. The possession of alcohol or alcohol containers will be considered evidence of consumption and the container may be confiscated and destroyed. No alcohol is permitted in Brockman Hall, Husman Hall, or in any University-owned room or apartment where all residents of that room or apartment are under the legal drinking age. Residence Life Staff of legal drinking age who are assigned to alcohol-free areas are permitted to consume alcohol only in their own room or apartment. Alcohol-related conduct that infringes upon the rights of others to a quiet, orderly living environment is not acceptable. A student may be denied the privilege of University-owned housing if they repeatedly violates the Alcohol and Other Drug Policy or if they pose a danger to themselves, others, or the environment while under the influence of alcohol or other drugs.

PART THREE:
UNIVERSITY SUPPORT DEPARTMENTS

Dean of Students Office

The Office of the Dean of Students supports Xavier's efforts to promote student success and integrity. Through programs, resources, and services that help students make healthy and responsible choices, the Dean of Students staff members work with students, faculty, and staff to build a safe and inclusive Xavier community.

Policy on Amnesty

Xavier's Policy on Amnesty is designed to remove a student's apprehension of reporting a policy violation(s) from his or her decision to seek emergency assistance for oneself or a fellow student during an alcohol, drug or other medical emergency. The Amnesty Policy encourages a bystander or an impaired student to call for immediate medical assistance by reducing the sanctions typically applied under Xavier's Alcohol and Other Drug Policy. In such cases, however, Xavier has discretion to impose educational sanctions as a required activity that is intended to engage the student in a positive learning experience related to the student's behavior. More information can be found in the Student Handbook.

Policy on Complicity

"Complicity" means allowing a violation to occur, whether by enabling the violation or failing to report it. At Xavier, the policy on complicity means students may be held responsible due to complicity for being present during a violation of the Standards of Student Conduct. Students may also be held responsible for any Code of Student Conduct violation that is occurring. It is the responsibility of each student to make a prudent choice when he or she becomes aware of a violation. Those choices include: 1) leaving the situation immediately; 2) advising those in violation of the Standards of Student Conduct to cease behavior and then leaving the situation immediately thereafter; 3) reporting the violation of the Standards of Student Conduct and leaving the situation immediately; or 4) staying and possibly being charged with a violation of the Standards of Student Conduct.

Office of Residence Life

The Office of Residence Life seeks to assist in the development of the total person and recognizes residence hall living as an integral part of the students' educational process.

Residence hall living at Xavier creates the opportunity for students to feel a sense of belonging, acquire new skills and experiences, gain self-responsibility and integrate knowledge obtained both inside and outside of the classroom. Residence Life staff will work to support students in their personal growth and to challenge students to successfully achieve their academic goals.

Xavier University Police Department

Xavier University Police Department is to protect life and property, to understand and serve the needs of any and all persons within the university community, to actively seek to identify community problems and solutions to those problems, to identify and prevent any criminal activity which may occur, and to improve the quality of life in this community.

Athletics Department

Xavier University and its Athletic Department are committed to creating and promoting an atmosphere of compliance among its student-athletes, coaches, administrators, and fans. The Athletic Department achieves this goal by creating a comprehensive program that involves education, monitoring and enforcement of all NCAA and BIG EAST rules and regulations. More information on the Xavier

Athletics AOD policy can be found in Appendix E.

Fraternity and Sorority Life

Xavier University Greek Life comprised of Alpha Phi Alpha Fraternity, Inc., Alpha Kappa Alpha Sorority, Inc., Kappa Alpha Psi Fraternity, Inc., Delta Sigma Theta Sorority, Inc. Phi Beta Sigma Fraternity, Inc., Sigma Gamma Rho Sorority Inc., and Gamma Alpha Omega The National Pan-Hellenic Council (NPHC) and Unity Council promote interaction through forums, meetings and other mediums for the exchange of information and engages in cooperative programming and initiatives through various activities and functions. To see a full statement provided by NPHC Programs please reference Appendix F.

Counseling Services

Xavier is committed to student wellbeing and care for the whole person. Emotional health is a critical topic for college students - particularly in light of the traumatic experiences our society is facing. Xavier University Counseling Services is committed to support these needs by providing a wide range of services including individual counseling, group counseling, consultation, prevention and crisis intervention services for undergraduate and graduate students. Counseling services are provided by professional psychologists and counselors, and graduate student counseling interns.

Psychological Services

The mission of the Psychological Services Center is to provide an on-campus center where Department of Psychology faculty, students, and staff apply principles of psychology to address the concerns of others. The Psychological Services Center at Xavier University provides empirically supported therapeutic interventions for individuals who have been sanctioned for drug or alcohol violations. These interventions are focused on a harm reduction approach and have been shown to reduce risky alcohol and drug use among college students. To see a full description of the Alcohol and other Drug Intervention Programs please reference Appendix H.

Student Wellbeing Services

Student Wellbeing Services provides prevention education on a variety of topics including drugs and alcohol. In conjunction with the Dean of Students Office, Title IX, and the Office of Student Involvement, Student Wellbeing Services administers online modules for all incoming students. They also offer continue prevention education throughout the academic year.

Possible Interventions for Violations of the Alcohol and Other Drug (AOD) Policy

In addition to possible sanctions of fines and/or imprisonment stated in the Ohio State Alcohol and Drug Laws, violators of the Alcohol and Other Drug Policy may also be subject to interventions on the part of the University through the student conduct process. For more information about the student conduct process please see the Student Handbook at http://www.xavier.edu/handbook.

Reporting Concerns

Individuals who are concerned about an out-of-control party or person in need of medical help should contact Xavier University Police 24 hour emergency number at (513)745-1000. Non-emergency calls should be directed to call (513)745-2000. Reports of violations of this policy can be made to XUPD, Residence Life staff (when the violation is in a residence hall), or to the Office of the Dean of Students.

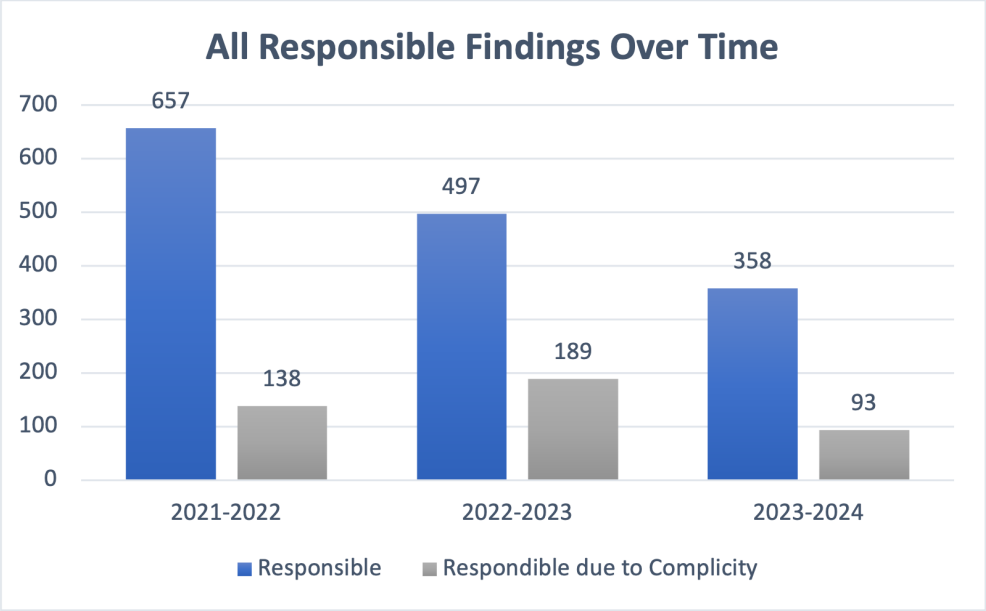
PART FOUR:
VIOLATION DATA

Violation Data

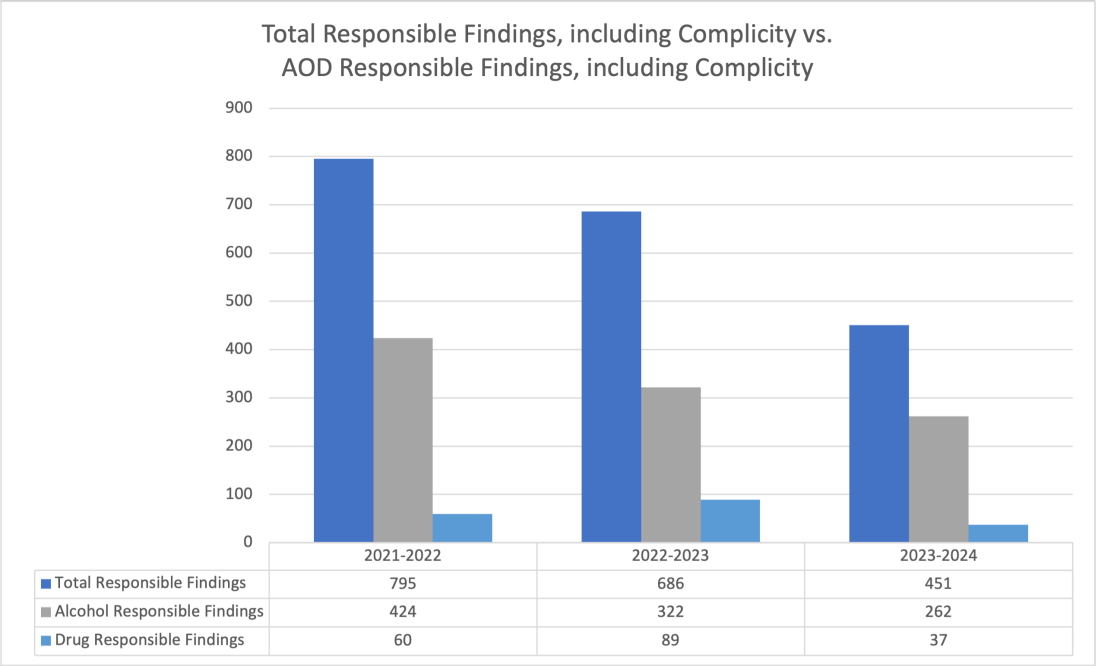
At Xavier, the Student Conduct Process focuses on the student, and who they choose to become through the use of their talents, skills, and experiences both inside and outside of the classroom. Every Xavier student is a representative and ambassador for the University. Expectations, policies, and the code of student conduct found in the Student Handbook have been established to assure respect for oneself and others. Students are held accountable for inappropriate behavior both on-campus and off-campus and there are consequences to unwise decisions and choices if a student is found to be responsible for violations.

These charts reflect all findings of responsibility over the previous three academic years. It should be noted that charts show individual charges of policy violations where students are found responsible or responsible due to complicity, or a student accepted responsibility. To be found "responsible," the responsibility for the charged violation is established by a "preponderance of the evidence." The same individual could have multiple charges, so it is important to note the charts do not represent unique individuals but total overall findings. It is also important to note that the findings represented below also include findings of responsible due to complicity, which is used when a student is present, aware of a potential violation, and not taking steps to actively stop the violation or remove themselves from the location of the violation.

The chart below is demonstrating the number of total findings of responsible and findings of responsible due to complicity. Both alcohol and drug violations are represented in the overall total findings. As this chart indicates, there has been a steady decrease in overall findings of responsibility over the last three years. From 2021-2022 to 2023-2024, there was a 45.5% decrease in total responsible findings (indicated by the blue bars below). Findings of responsible due to complicity have remained steady overall, though there has been an overall decrease in those as well. It is believed this decrease is due to changes in student behavior post-pandemic though we are continually exploring this decrease.

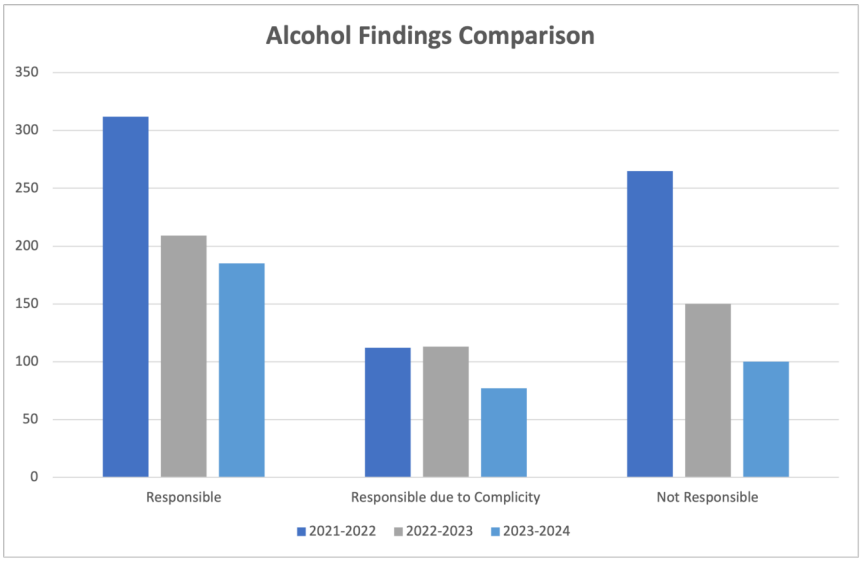


The second chart, below, shows the comparison of total findings vs. Alcohol and Other Drug (AOD) findings for each academic year to show the percentage of findings related to AOD charges. Since the 2022 review, the AOD findings, like overall findings, have steadily decreased. Interestingly, when looking at AOD findings as a percentage of total findings, there has been a slight increase from 2021-2022 to 2023-2024, from 60% in 2021-2022 to 66% in 2023-2024. As a note, the AOD findings as a percentage of total findings in 2020-2021 was approximately 59%, so almost equal to that in 2021-2022.

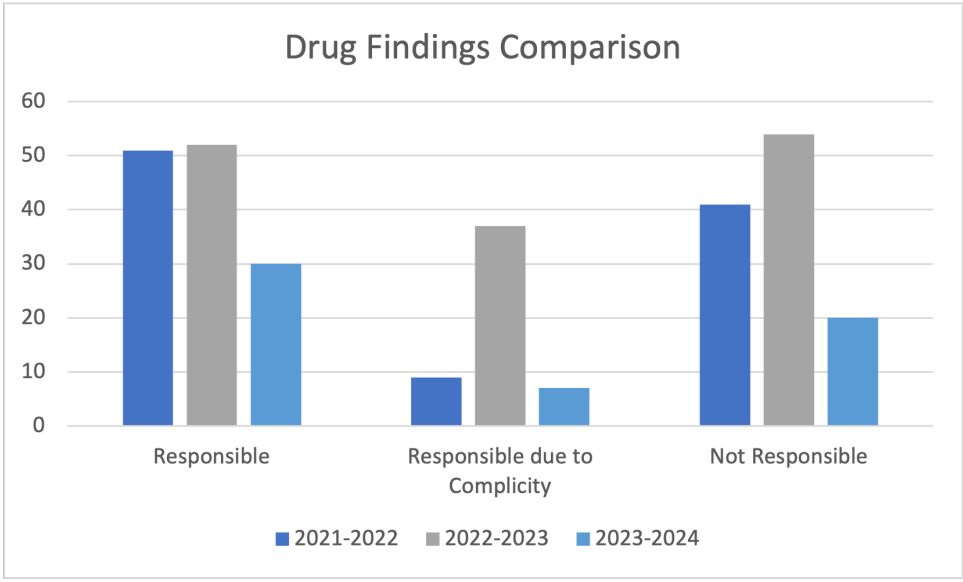


	2021-2022	2022-2023	2023-2024
Total Responsible Findings	795	686	451
Alcohol Responsible Findings	424	322	262
Drug Responsible Findings	60	89	37

The chart below highlights the change in findings of responsibility for alcohol violations for the past three academic years. While we have not assessed all the reasons behind the decreases seen in the chart below, as student behavior has changed after the COVID-19 pandemic, it seems that this has also impacted drinking behavior, though more assessment will need to be done to better understand this.



Finally, as seen in the chart below, we've also seen a decrease in responsible findings for drug violations. Again, we have not fully assessed the reasons behind the decreases but have noted changes in student behavior towards drugs as well, both in use and attitude toward use.



PART FIVE: RECOMMENDATIONS

Recommendations

1. Work with Student Wellbeing Services to use assessment data to better understand student attitudes towards alcohol and other drug use, particularly as we see shifts in our student body due to COVID-19 and the so-called demographic cliff.
2. Promote policies each semester of school year utilizing flyers, videos, and other activities, particularly in light of Ohio State Law legalizing recreational cannabis use.
3. Assess recidivism rates for AOD policy violations in the conduct process and review if sanctioning is working to prevent further violations.

PART SIX:
APPENDICES

APPENDIX A

Link to Xavier's Alcohol and Other Drug Policy, updated in May 2022:
https://www.xavier.edu/handbook/documents/xavier-university-alcohol-other-drug-policy-august-2024.pdf

APPENDIX B

Guidelines for Promoting Responsible Alcohol Use

1. The safest option is not to drink; by law, it is your only option if you are under 21.
2. Recognize another's right to drink or not to drink.
3. Be cautious about drinking on dates or where physical intimacy is a possibility.
4. Use the "buddy system" to watch out for each other.
5. Avoid drinking in high-risk situations (swimming, operating machinery, and playing sports to name a few).
6. Use alcohol cautiously in connection with any medication or other drugs. Example: Antihistamines and alcohol can induce excessive sedation, so it would be best to avoid this combination.
7. Eat high-protein foods such as cheese and meats ***before*** and while you drink; they stay in the stomach longer and delay the absorption of alcohol.
8. Have an exit plan in mind before attending an event where alcohol is served.
9. Avoid drinking games.
10. Keep track of how much you drink by counting "standard drinks." (a standard drink is 12 oz of beer, 8 oz of malt liquor, 4 oz of wine, 10 oz wine cooler, 1.25 oz shot of 80-proof liquor).
11. The National Institute of Health has established that "low-risk" drinking limits are:
    Men = No more than 4 drinks on any single day and no more than 14 drinks during the week.
    Women = No more than 3 drinks on any single day and no more than 7 drinks per week.
    To stay at low-risk levels keep within both the single day and weekly drinking limits
    - **Low-risk** drinking does not mean "**no-risk**". Even when drinking within the low-risk guidelines, drinkers can still have problems especially if they drink too quickly, are under the age of 21, taking medications or have existing health problems. Choose a "designated driver" for the evening (a person who will drive and remain sober during the party).
12. Sip your drink, and do not consume more than one drink per hour.
13. Never leave a drink unattended, even for just a moment.
14. Arrange cab rides, rides with the "designated driver" or invite intoxicated friends to sleep over.
15. Plan activities so that drinking is not the focal point of the party.
16. Stop serving alcohol 30 minutes before your party is over. Only time will make your guests sober. Fresh air, coffee, cold showers, etc. do not affect a person's blood alcohol level and do nothing to decrease a person's level of intoxication.
17. Be aware of signs of alcohol poisoning:
    - bluish, pale skin color
    - cold and clammy skin
    - shallow, slow, or irregular breathing
    - vomiting
    - inability to arouse the person after they have passed out
    - mental confusion, stupor, coma

APPENDIX C

Interventions for Alcohol Policy Violations

First Offense	Second Offense	Third Offense	Fourth Offense
Objective	**Objective**	**Objective**	**Objective**
Provide curriculum based education geared toward increasing student's knowledge of his/her alcohol misuse issue. Reduce risk for future alcohol related problems.	Provide brief motivational intervention that increases coping skills, knowledge and insight necessary to decrease further alcohol abuse. Minimize severity	Provide treatment services for students who continue to show maladaptive patterns of alcohol abuse. Reduce maladaptive alcohol abuse patterns and prevent long-term	Provide an individualized therapeutic plan of care for those students who have not responded to previous alcohol interventions and continue to make harmful choices regarding alcohol.
Outcome	**Outcome**	**Outcome**	**Outcome**
Typical student conduct sanctions for students found responsible for a first alcohol policy violation include but are not limited to: **Participation in a 90-minute educational group (i.e., CHOICES or similar program).** There is a **$25** registration fee for all mandated students. There are additional fees and consequences for failure to complete the program. **"Written Warning"*** More severe sanctions may be assigned at the discretion of the hearing officer.	Typical student conduct sanctions for students found responsible for a 2nd alcohol policy violation include but are not limited to: **Participation in 2 individual therapy sessions (i.e., BASICS or similar curriculum).** There is a **$50** registration fee for all mandated students. There are additional fees and consequences for failure to complete the program **"Residence Life Probation"*** More severe sanctions may be assigned at the discretion of the hearing officer. .	Typical student conduct sanctions for students found responsible for a 3rd alcohol policy violation include but are not limited to: **Participation in 6- 8 individual or group therapy sessions (i.e., Alcohol Skills Training Program or similar curriculum).** There is a **$75** registration fee for all mandated students. Those currently on Residence Life Probation will face the possible sanction of "Removal from University-owned housing." There are additional fees and consequences for failure to complete the program. **"University Probation"*** More severe sanctions may be assigned at the discretion of the hearing officer.	Students who are found responsible for a 4th alcohol policy violation and who are currently on University Probation will likely face a sanction of "**Suspension."*** Suspension involves the exclusion of the student from participation in any academic or other activities of the University for a specified period of time. Suspension may be in addition to any other sanction that is judged to be of value to the student and in this case will likely include the requirement that the student provide documentation of successful completion of an alcohol treatment program prior to their return to campus. ***More information about the student conduct process and sanctions may be found in the Student Handbook.**

APPENDIX D

Interventions for Drug Policy Violations

First Offense	Second Offense	Third Offense	Fourth Offense
Objective	**Objective**	**Objective**	**Objective**
Provide curriculum based education geared toward increasing student's knowledge of his/her substance misuse issues. Reduce risk for future substance related problems.	Provide brief motivational intervention that increases coping skills, knowledge and insight necessary to decrease further substance misuse. Minimize severity and frequency of	Provide treatment services for students who continue to show maladaptive patterns of substance abuse. Reduce maladaptive substance abuse patterns and prevent long-term impairment.	Provide an individualized therapeutic plan of care for those students who have not responded to previous substance abuse interventions and continue to make harmful choices regarding substances.
Outcome	**Outcome**	**Outcome**	**Outcome**
Typical student conduct sanctions for students found responsible for a first drug policy violation include but are not limited to: **Participation in an online course, an online assessment, and attendance at a one hour individual meeting with a therapist (i.e., MJ101 for marijuana or similar program).** There is a **$25** registration fee for all mandated students. There are additional fees and consequences for failure to complete the program. **"Written Warning"*** More severe sanctions may be assigned at the discretion of the hearing officer.	Typical student conduct sanctions for students found responsible for a 2nd drug policy violation include but are not limited to: **Participation in 2 individual therapy sessions (i.e., CASICS for marijuana or similar curriculum).** There is a **$50** registration fee for all mandated students. There are additional fees and consequences for failure to complete the program **"Residence Life Probation"*** More severe sanctions may be assigned at the discretion of the hearing officer.	Typical student conduct sanctions for students found responsible for a 3rd drug policy violation include but are not limited to: **Participation in a 4-6 session skills training program in either an individual or group format (i.e., MET-CBT-5 Program for marijuana or similar curriculum).** There is a **$75** registration fee for all mandated students. Those currently on Residence Life Probation will face the possible sanction of "removal from University-owned housing." There are additional fees and consequences for failure to complete the program **"University Probation"*** More severe sanctions, in may be assigned at the discretion of the hearing officer.	Students who are found responsible for a 4th drug policy violation and who are currently on University Probation will likely face a sanction of "**Suspension."*** Suspension involves the exclusion of the student from participation in any academic or other activities of the University for a specified period of time. Suspension may be in addition to any other sanction that is judged to be of value to the student and most likely will include the requirement that the student provide documentation of successful completion of a relevant substance abuse treatment program prior to their return to campus. ***More information about the student conduct process and sanctions may be found in the Student Handbook.**

APPENDIX E

XAVIER ATHLETICS ALCOHOL and OTHER DRUGS POLICY

The Xavier Athletics Drug and Alcohol Policy is presented annually to student-athletes in their first team meeting of each year. Alcohol and Other Drug education is part of the first year student-athlete course, including a presentation by our medical staff. It is important to mention that the Policy is accompanied by a Consent Form allowing the Sports Medicine Department to perform Drug Testing on all student athletes. Refusal of the student athlete to sign this Consent Form will result in ineligibility to participate in their sport.

The NCAA has a number of Bylaws related to Alcohol and Other Drugs; Xavier University complies with each of these (noted below with the major Bylaws fully re-written), in conjunction with the Xavier University Student Handbook (applicable to all Xavier University students):

10.2 Knowledge of Use of Banned Drugs. A member institution's athletics department staff members or others employed by the intercollegiate athletics program who have knowledge of a student-athlete's use at any time of a substance within the banned-drug classes, as set forth in Bylaw 18.4.1.4.7, shall follow institutional procedures dealing with drug abuse or shall be subject to disciplinary or corrective action as set forth in Bylaw 19.9.

18.4.1.4.1 Penalty -- Banned Drug Classes Other Than Cannabinoids or Narcotics. A student-athlete who, as a result of a drug test administered by the NCAA, tests positive for use of a substance in a banned drug class shall be declared ineligible for further participation in postseason and regular-season competition in accordance with the ineligibility provisions in this bylaw. (*Revised: 1/10/90 effective 8/1/90, 4/22/14, 4/24/14 effective 8/1/14, 6/10/16, 1/23/19 effective 8/1/19*)

18.4.1.4.1 Penalty -- Banned Drug Classes Other Than Cannabinoids or Narcotics.

18.4.1.4.7 Banned Drug Classes.

18.4.1.4.2 Penalty -- Narcotics.

18.4.1.4.3 Penalty -- Cannabinoids.

18.4.1.4.4 Breach of NCAA Drug-Testing Program Protocol. A student-athlete who is in breach of the NCAA drug-testing program protocol (e.g., no-show) shall be considered to have tested positive for use of any drug in a banned drug class other than cannabinoids or narcotics. (Adopted: *4/28/05 effective 8/1/05, Revised: 4/26/12 effective 8/1/12, 11/18/16, 1/23/19 effective 8/1/19*)

18.4.1.4.4.1 Tampering with Drug-Test Sample.

18.4.1.4.7 Banned Drug Classes. NCAA banned drug classes are the same as those included in the World AntiDoping Agency (WADA) list of prohibited substances, except for glucocorticoids. The Committee on Competitive Safeguards and Medical Aspects of Sports (or a designated subcommittee) may identify specific banned drugs and exceptions within each banned drug class. An institution and student-athletes shall be held accountable for all drugs within the banned-drug classes regardless of whether they have been specifically identified. (*Revised: 1/10/90 effective 8/1/90, 10/30/14, 1/23/19 effective 8/1/19*)

18.4.1.4.7.1 Drugs and Procedures Subject to Restrictions.

18.4.1.4.8 Non-NCAA Athletics Organization's Positive Drug Test. The Board of Governors shall authorize methods for drug testing any student-athlete who has disclosed in the student-athlete statement (see Bylaw 12.7.2.1) a positive drug test administered by a non-NCAA athletics organization that has adopted the World Anti-Doping Agency (WADA) code. A student-athlete under a drug-testing suspension from a national or international sports governing body that has adopted the WADA code shall not participate

in NCAA intercollegiate competition for the duration of the suspension. (*Adopted: 1/14/97 effective 8/1/97, Revised: 4/28/05 effective 8/1/05, 10/30/14, 6/19/17*)

18.4.1.4.9 Medical Exceptions. Exceptions to the prohibition on use of any substance in a banned-drug class may be provided to a student-athlete, as specified in the policies and procedures of the of the NCAA Drug-Testing Program. (*Revised: 8/5/99, 9/26/06, 10/27/06 effective 8/1/07, 2/5/09, 10/30/14, 1/23/19 effective 8/1/19, 1/19/22*)

APPENDIX F

National Pan-Hellenic Council Substance Abuse Policy:



SUBSTANCE ABUSE

The NPHC is concerned about the governing problem of substance abuse through the consumption of alcohol and the use of drugs, especially on college campuses. This is due to the alarming number of disastrous incidents in which alcohol and drugs play a part and the adverse health conditions caused by and relating to substance abuse.

The NPHC position is that the sale or consumption of alcohol or drugs at any NPHC council sponsored event on campus or at any student's residence or other facility is strictly prohibited.

NPHC strongly suggests that every undergraduate council offer educational programs specifically addressing the problems of and solutions to substance abuse on or around the local campus.

APPENDIX G

Alcohol and Other Drug Programs (AOD) Intervention Descriptions:

A Brief Alcohol Abuse Prevention Program (CHOICES)

A brief alcohol abuse prevention program (CHOICES) is a 90-minute alcohol educational course delivered to a maximum of ten students in a group format. Students who have received a first-time alcohol-related citation are encouraged to attend. The program is presented in a non-confrontational manner and encourages students to make their own decisions about alcohol consumption.

Two therapists administer the course and guide students through a booklet containing information about college drinking, strategies to monitor drinking, and the effects of alcohol. Students are asked to reflect on what they have learned as it relates to their choices in their booklet. Participation is strongly encouraged and students are asked to discuss strategies to avoid harmful drinking and risky social situations.

Brief Alcohol Screening and Intervention for College Students (BASICS)

Brief Alcohol Screening and Intervention for College Students (BASICS) is typically delivered as a one-on-one alcohol education program conducted with a student and a therapist. Students who have received an alcohol-related citation that is a second offense are encouraged to attend two 60-minute sessions. Each session is scheduled approximately a week apart. The program is designed to provide a safe and non-judgmental environment for students to explore their alcohol use.

The primary goal of the first session is to gather background information about the student's alcohol use and other factors that may be influencing his or her choice to drink alcohol. At the end of the session the student is asked to fill out several surveys regarding patterns of drinking, personal beliefs about alcohol, and to assess for possible dependence. The student is then provided instructions to self-monitor any drinking between sessions.
The primary goal of the second session is to provide the student with individualized feedback to help reduce the risks and harmful consequences of alcohol use. The feedback includes information about the student's use compared to statistical norms, negative consequences of drinking, risk factors, and perceived risks and benefits of drinking. The student is then offered possible medical services if desired.

The Alcohol Skills Training Program (ASTP)

The Alcohol Skills Training Program (ASTP) is one-on-one alcohol education program with a student and a therapist. Students who have received an alcohol-related citation that is a third offence are encouraged to attend. The program consists of six 60-minute sessions, ideally scheduled weekly. Knowledge and skills necessary to drink with less risk are taught throughout in a supportive and accepting manner. Students are asked to monitor and record their consumption of alcohol between sessions.
Each session has a specific theme. The first session involves an overview of the program, review of alcohol information (e.g., BAC), alcohol's effects on the body, and tolerance. The second session includes information about alcohol's effect when mixed with other drugs, the long term effects of alcohol use, and setting goals and limits. The third session focuses on situational components of drinking, cues for overdrinking, drinking moderation, and ways to avoid social

pressures. The fourth session includes information about negative emotional states that may trigger drinking and how to change moods without drinking. In session five students are taught assertiveness skills and how to refuse drinks. In session six, skills that have been acquired throughout the former sessions are reviewed and reflected upon. In addition, the student's goals for drinking are discussed as well as strategies to meet the goals. Further therapeutic services are then offered to every student.

Marijuana 101 (MJ101)

Marijuana 101 (MJ101) can be administered as a one-on-one educational program or in group format, and is offered to students who have received a first-time marijuana-related citation. The program is designed to assist students in examining their use of marijuana and ways they can reduce risky behaviors and harmful consequences.

The program consists of one 60-minute session. A therapist guides the student through a booklet containing information about marijuana's effects on the body, college norms regarding use, and the social consequences of use. The student is asked to reflect on each section of the content by journaling in the booklet. Throughout, the student is encouraged to share what they have written and to reflect on how they are feeling.

Cannabis Screening and Intervention for College Students (CASICS)

Cannabis Screening and Intervention for College Students (CASICS) is a one-on-one educational program offered to students who have received a cannabis-related citation that is a second offence. The program consists of two 60-minute sessions that allow students to explore their cannabis use in a judgment-free environment.

During the first session, a therapist collects general information about the student regarding their drug and alcohol use. The student is then provided with a URL to a "Marijuana 101" online course that takes less than 2.5 hours to complete. The course provides information about safe usage and collects personal information from the student regarding their usage. The student is asked to complete the course and print out a personalized feedback profile that is provided at the end of the course to the second session.

Approximately a week later, the student returns for the second session. During this time, the results of the personalized feedback profile are reviewed with the student. If appropriate, potential changes of use are identified, and guidance is provided regarding reducing use and preventing future marijuana-or alcohol-related problems. At the end of the session, further therapeutic services are offered.

Motivational Enhancement Therapy and Cognitive-Behavioral Therapy, 5 sessions (MET-CBT-5)

MET-CBT-5 is a one-on-one educational program offered to students who have a marijuana-related violation that is a third offense. The program consists of two individual motivational enhancement sessions followed by three sessions employing cognitive behavioral techniques, each lasting approximately 60 minutes each. Each session is scheduled approximately a week apart. Students are asked to monitor and record their use of marijuana between sessions.

The first session focuses on orientation to treatment, exploration of the student's marijuana use, and their motivation to change. The second session involves collaboratively setting goals that the student then writes down on a personal goal worksheet. The student is encouraged to read the list

of goals regularly to reinforce their motivation to achieve the goals. Lastly, triggers for the student's use are explored.

The remaining three sessions aim to assist the student in developing skills to reduce or stop their marijuana use. At the start of each session there is review of marijuana-related problems that occurred during the previous week. In the third session refusal skills are taught and practiced. In the fourth session the importance of social support is discussed. Strategies to enhance social support networks and developing pleasant marijuana-free activities are taught. During the fifth session students are taught coping skills for high-risk situations, problem-solving skills, and how to cope with relapses if they should occur. At the end of the session, the student is asked to provide feedback about their experience in the program and about their most current goals regarding marijuana usage.

Biennial Review Location:

Molly Dugan, Director of Student Integrity
Dean of Students Office
Division of Student Affairs
duganm@xavier.edu
(513)745-3166
http://www.xavier.edu/dean-of-students/