

XU Seminars on Ignatian Leadership  
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And be not conformed to this world: but **be ye transformed by the renewing of your mind**, that ye may prove what is that good, and acceptable, and perfect, will of God.

Romans 12:2

Romans 12:2, one of my favorite passages in the bible, comes to mind as I reflect on the Seminars on Ignatian Leadership. Having the opportunity to participate in SIL with a diverse group of colleagues for the past 12 weeks has been somewhat of a transformation process, "**renewing of my mind**" per se on how I utilize various aspects of the seminars to further develop as a leader *professionally* and an individual *personally*.

Seminars- Xavier's Values: Gifts and Curas for Ignatian Leadership; Ignatian Discernment and the Daily Examen; and Ignatian Belonging are sessions where I learned more about myself and how I can utilize information shared in these sessions in my daily walk. I feel that knowledge gained from these seminars will strengthen me as a continue to grow as a professional at Xavier and allow me to *"respond generously to the needs of students, colleagues, and neighbor."* (**Magis**)

In laymen terms transformation and renewing as it relates to the Ignatian Leadership Seminars, I feel that it impacts my words and actions going forward providing a deeper understanding of Ignatian values as it relates to my leadership style and daily walk. I have developed a greater sense of purpose that will develop further as I continue my journey.

Reflecting and putting into practice *"the Power of Self-Reflection"* will be utilized personally and collectively with my staff as an ongoing "project."

Implementing the following, *Reflection Questions* into staff meetings, retreats, and most importantly personally will assist in transforming the TRIO team and myself from *"good" to "great!"*

- What daily reflection/prayer practices help me to better understand myself?
- What daily reflection/prayer practices will help inform my leadership at Xavier?
- How will I adapt the Daily Examen to my own reflection/meditation practices?
- How might I develop greater Ignatian indifference and freedom within myself?  
Within my area/department?
- Where might I struggle with Ignatian indifference?
- When have I found my "attachments" to get in the way of good decision making?