

Drenched in Holiness

Dear God,

On this day I ask You to grant this request...

May I know who I am and what I am,

Every moment of every day.

May I be a catalyst for light and love,

And bring inspiration to those whose eyes I meet.

May I have strength to stand tall in the face of conflict,

And the courage to speak my voice, even when I'm scared.

May I have the humility to follow my heart,

And the passion to live my soul's desires.

May I seek to know the highest truth,

And dismiss the gravitational pull of my lower self.

May I embrace and love the totality of myself...

My darkness as well as my light.

May I be brave enough to hear my heart...

To let it soften so that I may gracefully choose faith over fear.

Today is my day to surrender anything that stands

Between the sacredness of my humanity and my divinity

May I be drenched in my Holiness and engulfed by Your love.

May all else melt away

And so it is.

-Debbie Ford

