

As a person who does a lot of creating both on campus and at home, I wanted to make an examen to bring more mindfulness to my work. The examen is surrounded by antique botanical drawings that reflect Victorian flower language.

Starting in the upper left hand corner, hydrangeas represent gratitude for being understood, ferns symbolize magic and fascination, and marigolds are for creativity, joy, and warmth. Overlapping the marigolds are Angelica flowers for inspiration, which move on to oregano for substance and acanthus for the fine arts.