My Spiritual Journey through AFMIX

 Sarah McGrath

 As I reflect back on my AMFIX journey, I can’t help but note that I feel calmer. This experience allowed me to participate in a personal spiritual journey, focusing on discernment. I believe that this 2 year commitment was foundational in learning about my own beliefs, solidifying the recognition of my most valued ideas or principles. I feel that I have experienced immersive learning and can now empathize with the Jesuit values and traditions unlike I have before. That may sound “cheesy”, however, it’s true. I often say that we are placed on various pathways when we need to be; and while I did not know what I would experience by attending these sessions, but again, in reflection, I very much feel that this process has allowed me to grow and understand who I am on another level. I would absolutely recommend the program to those who would like to experience what these values and principles really mean.