

Reflections of AFMIX

During a recent AFMIX activity to choose a Spirit Animal, knowing it's representation of symbolism, it took me back to a place of discernment that we learned about in the program. I chose the Hawk for the inclination of having the power of vision and intuition. Vision is important to Xavier to guide the university is going forward. Vision gives the power to plan looking ahead futuristically leading the path to fruition. The Hawk portrays that focus paired with the patience to realize the right timing to implement change.

My participation in AFMIX these past two years has afforded me to make the time allocation for discernment, to reflect upon my past with the university and put to action how I envision my future work. Although I no longer work in a student facing environment, my past work in the BSHSA program will continue to affect those students whom I advised many years down the road to help guide their decision-making options. My current work for the associate provost supports the administrative offices and faculty who have the direct connections with and are very aware of the pulse of our students. To be of service and support by doing my job as it relates to *cura personalis*, my support flows through to the students from those whom I am connecting with.

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