Examen for RAs

*Mid-Semester Examen*

**Petition**

I am about to begin a review of my day, my time in my RA role, my role as a leader on campus, a fellow student to my peers, and the countless other intersecting roles that have gotten me to today.

I ask for the light of truth to illuminate my mind and my heart so I may see, hear, and know my true self.

**Thanksgiving**

* What am I especially grateful for since starting my role?
* Who are the people who have empowered and encouraged me?
* What have some pivotal moments been for me this year so far?

**Review**

* When, where, and with whom have I felt true joy this semester?
* What has troubled me about this semester? When have I felt pain or frustration?
* What has challenged me this semester? What do I still feel like I don’t quite “get”?
* How have I noticed a caring presence this semester? Was it the caring presence of a peer, a resident, a supervisor, a friend or family member, God, etc.? How did this caring presence make a difference?

**Response**

In light of my review, what is my response to the caring presence(s) in my life?

**Moving Forward**

* As I look to the future, what comes to mind?
* With what spirit do I enter the remainder of this semester?
* How will I be a caring presence to others? How will being a caring presence challenge me to grow?

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