



# *Suscipe*

*Take, Lord,  
and receive all my liberty,  
my memory,  
my understanding,  
and my entire will,  
All I have and call my own.*

*You have given all to me.  
To you, Lord, I return it.*

*Everything is yours;  
do with it what you will.  
Give me only your love  
and your grace,  
that is enough for me.  
-St. Ignatius of Loyola*

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