

Prayer to the

Sacred Heart of Jesus

*O most holy heart of Jesus,
fountain of every blessing,
I adore you, I love you, and
with lively sorrow for my sins,
I offer you this poor heart of mine.
Make me humble, patient, pure
and wholly obedient to your will.*

*Grant, good Jesus,
that I may live in you and for you.
Protect me in the midst of danger.
Comfort me in my afflictions.*

*Give me health of body,
assistance in my temporal needs,
your blessing on all that I do,
and the grace of a holy death.
Amen.*

