

Dear God, On this day I ask You to grant this request... May I know who I am and what I am, Every moment of every day. May I be a catalyst for light and love, And bring inspiration to those whose eyes I meet. May I have the strength to stand tall in the face of conflict, And the courage to speak my voice, even when I'm scared. May I have the humility to follow my heart, And the passion to live my soul's desires. May I seek to know the highest truth, And dismiss the gravitational pull of my lower self. May I embrace and love the totality of myself ... My darkness as well as my light. May I be brave enough to hear my heart... To let it soften so that I may gracefully choose faith over fear. Today is my day to surrender anything that stands Between the sacredness of my humanity and my divinity. May I be drenched in my Holiness and engulfed by Your love. May all else melt away. And so it is. -Debbie Ford





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