Empowered to Change: Exploring Practices from the Spiritual Exercises
Facilitated by Gillian Ahlgren

The Spiritual Exercises are an experiment with our creative faculties that help us engage life differently. In this workshop you will experiment with creative practices of the imagination that empower us to transform our world.

Friday, March 22, 2019
6:00 p.m. – 8:30 p.m.
Conaton Board Room
Schmidt Hall
Xavier University

Workshop Cost: $15
Includes Dinner and Workbook

About the workbook: The perfect companion on your journey toward a deepening relationship with God, self and other. Based on the Spiritual Exercises of Ignatius Loyola, this handy workbook can be taken on personal retreat or can support your experience of the Spiritual Exercises in daily life.

Join the conversation... Call 513-745-2894 or visit www.xavier.edu/issj