

# Xavier University Employee Assistance Program Incentive

The Xavier University Wellbeing Program would like to educate as many employees as possible on the benefits of their Employee Assistance Program in the month of September. So, we are offering participants an incentive for engaging with their Anthem EAP services!

In the month of September, log in to the Xavier University Employee Assistance portal and watch any one of the available EAP webinars, listen to an podcast, or attend the September seminar, "Being Present", and submit proof to the Wellbeing Program to be entered to win a Yeti Tumbler.

## Incentive Dates:

### September 1<sup>st</sup> to September 30<sup>th</sup>

- Log in to the Anthem EAP site at AnthemEAP.com and enter the Xavier University page.
- Navigate the site to media you would like to engage in (webinar, podcast, or seminar)
- Take a screen shot on your computer or phone and email it to [xavierwellbeing@trihealth.com](mailto:xavierwellbeing@trihealth.com) BEFORE September 30th to be entered into the drawing.

See the attached information referring to Anthem EAP for any specific questions!

Questions? Contact your TriHealth Workplace Wellbeing & Fitness Team:

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