Healthier You at XU Campaign 2022

Employees who complete the program qualify for the medical wellbeing rate ($600 a year savings) for calendar year 2022.

The program requirements include:
- Completing the online health risk assessment in the TriHealth Portal
- Submission of documentation of physical exam from Primary Care Physician (PCP)
- Submission of biometric screening data from physical OR completion of on campus biometric screening (dates and registration available in the TriHealth Portal)

All requirements must be completed and submitted between September 15, 2020 and September 14, 2021.

Early Bird Incentives

Xavier Wellbeing encourages employees to complete the program requirements in advance of the September 14, 2021. Employees who complete and submit the proper documentation by August 9, 2021 will be entered into the early bird prize drawings. Five winners will be drawn on each of the drawing dates (7/26, 8/2, and 8/9). Each winner has their choice of any of the following five prize options:

1. 50 inch TCL 4K Smart LED TV
2. Weber Propane Gas Grill
3. Kitchen Package (Cuisinart Digital Convection Toaster Oven Airfryer and Mr. Coffee Espresso/Cappuccino Maker)
4. Fitness Package (Adjustable Kettlebell Weight and Body Weight Resistance System)
5. Sliding Second Screen for Laptop with Protective Sleeve and Wireless Mouse