



Xavier has been working with Anthem to ensure we're offering our covered healthcare members the most up to date information related to COVID-19. Please see the following important updates:

- **Telehealth through Anthem:** Xavier will cover the provider telehealth copayments with no member cost share thru **March 31, 2021**. This is an extension from the first date of the previous extension. We recommend members use telehealth when possible to help prevent the spread of infection and improve access to care. Anthem's telehealth provider, [LiveHealth Online](#), is a safe and effective way for members to receive medical guidance related to COVID-19 from their
- **Check symptoms and doctor visits from home:** Members can download Anthem's **free** Sydney Care mobile app for a quick and easy way to evaluate symptoms. Members can connect with a doctor through a Virtual Care text session right from your smartphone. The doctor can evaluate symptoms, explain whether you're at risk for COVID-19, and help you determine if you need to visit a local health care provider in person for COVID-19 testing. Sydney Care is available to download now on Android or iOS. This app should accompany the Sydney Health or Engage benefits app. Coronavirus Assessment functionality is in development and expected to be available within the next week.
- **Testing for COVID- 19:** Xavier will cover the testing and waive the member cost share for COVID-19 tests.
- **Medication:** Xavier's Anthem coverage includes IngenioRx and under this coverage, early prescription refill limits will be relaxed for members who would like to receive a 30-day supply of maintenance medications. Members can call the pharmacy services number on the back of their health plan ID card to learn more.
- **Please use the following links for more information to Anthem resources.**

[Anthem Sydney APP](#)

[LiveHealth Online](#)

[LiveHealth Online Psychology](#)