

Healthier You at XU Campaign 2024

Employees who complete the program qualify for the medical wellbeing rate for calendar year 2024. All requirements must be completed and submitted between September 15, 2022 and September 14, 2023.

The program requirements include:

- Submission of documentation of physical exam from Primary Care Physician (PCP)
- Submission of biometric screening data from physical OR completion of on campus biometric screening
- IF the employee plans to enroll their spouse in Xavier's medical plan for 2024, the spouse must also complete the requirements (physical exam and biometric screening)

Employees can download the necessary documents, check their completion progress, register for their biometric screenings, and more on the TriHealth Portal.

Submit all documentation by 9/14/2023 in one of the following ways:

- Scan and email to xavierwellbeing@trihealth.com
- Send via secure fax to 513-487-5698
- Mail to TriHealth Corporate Health
Attn: Xavier University Coordinator
4665 Cornell Road, Suite 350, Cincinnati, OH 45241

EARLY BIRD INCENTIVES

Xavier Wellbeing encourages employees to complete the program requirements in advance of the September 14, 2023 deadline. **Employees who complete and submit the proper documentation by August 15, 2023 will be entered into the early bird prize drawings.**

Two winners will be drawn on each of the following dates (6/15, 7/14, and 8/15) and will be notified via email. Each winner has their choice of one of the following prize options:

1. Choice of: UREVO Folding Treadmill **OR** Cubii Under Desk Elliptical
2. Choice of: Ninja Foodi 10-in-1 Smart XL Air Fry Oven **OR** Ninja Foodi 8 quart 6-in-1 Dual Zone 2-basket Air Fryer
3. Choice of: Apple Watch Series 7 GPS-41 mm Midnight Case and Sport Band **OR** Fitbit Sense Advanced Smartwatch-Shadow Grey/Graphite
4. Choice of: Beats Fit Pro True Wireless Noise Cancelling Earbuds-Black **OR** Apple AirPods Pro

