What is important to you? What do you want your life to stand for? What sort of qualities do you want to cultivate as a person? Who is the person you want to be?

Clarify and align your values with your behavior so that you can build a rich, full, meaningful and purposeful life.

Values Workshop

Led by Dr. Rose Wetterau, PhD
Weekly Sessions Call 513-745-3022, Opt 2 to schedule