



COUNSELING
SERVICES

6-1-20

Counseling Services joins the rest of the Xavier community in expressing our grief, sorrow and compassion to all those who have been impacted by the race based tragedies that have been occurring across our nation. These tragedies reflect a longstanding and entrenched history of structural and systemic injustice that we condemn and are dedicated to addressing. While these tragedies can be traumatizing for all of us, we recognize that they may be especially injurious to members of our Black and African-American community. In the aftermath of experiencing or witnessing trauma, it is normal to experience a range of feelings and emotions, such as shock, fear, sadness, anger, helplessness or guilt. As a mental health service, Counseling Services is committed to affirming and providing care for all of our students who have been directly or vicariously impacted by trauma. We encourage you to contact our office if you (or someone you know) would like support with coping and healing. Additionally, we are collaborating with the Center for Diversity and Inclusion to offer further support. Please stay connected for upcoming resources.

With love and solidarity,
Jamie Baxter, Director of Counseling Services
Staff of Counseling Services

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