

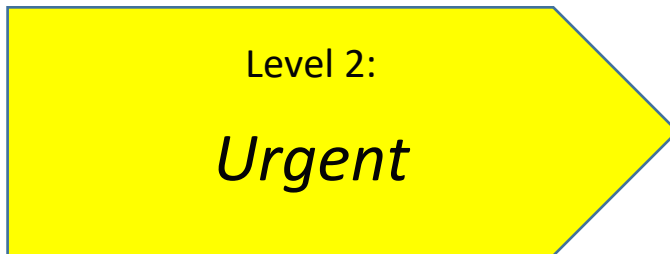


WHAT TYPE OF COUNSELING APPOINTMENT IS APPROPRIATE?



Student is at ***IMMEDIATE RISK***:

- Plan/intent of taking their own life or someone else's life
- Student has taken recent steps to end their life or harm someone else



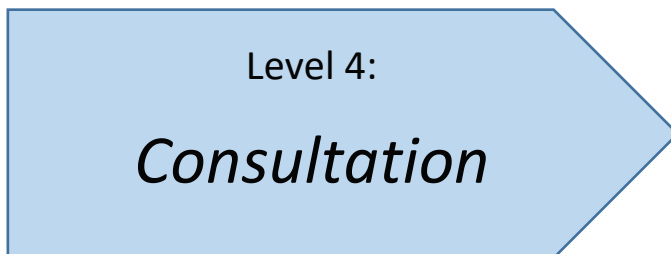
Student is dealing with ***personal crisis*** that needs rapid attention such as:

- Suicidal or homicidal thoughts
- Recent sexual assault or other significant trauma
- Death of a significant person in their life
- Psychotic thinking (hallucinations, delusions)



Student is ***seeking ongoing counseling*** services for concerns such as:

- Crying spells/tearfulness
- Anxiety/stress/panic attacks/depression
- Relationship concerns/break ups
- Self-image/eating and body image concerns
- Academic difficulties
- Adjustment/homesickness
- Self-esteem/self-confidence
- Trouble making life decisions



Student is ***not interested in therapy but*** would like to talk to a counselor about:

- Concern for a friend
- Needing a referral for community provider (for medication or counseling)

- Level 1 & Level 2 should be walked over to Counseling Services and will be seen by a counselor as soon as someone is available.
- Level 3 & Level 4 will need to call 513-745-3022, option 2, to schedule an appointment. For concerned faculty and staff regarding student, it is best to call with the student present to get appointment scheduled as a "warm handoff". These students do not need to be walked over to Counseling Services.