

## Balanced Idealism

by reasonable expectations and a practical could have. She channels heart our environmental her frustration into growing organic food for local families.

Although Mary Lu Mary Lu pointed out that laments our global envi- what we are going ronmental and spiritual through in the world crisis, she did not seem today is not only an embittered or without a environmental crisis. It is sense of hope. Her ideal- a spirituality crisis: "it ism seemed well balanced mystifies me how we can trample the earth and feel like that we are still being approach only a farmer spiritual people ... at its crisis is a spiritual crisis... for the whole earth community."

