Mary Lu pointed out that what we are going through in the world today is not only an environmental crisis. It is a spirituality crisis: “it mystifies me how we can trample the earth and feel like that we are still being spiritual people ... at its heart our environmental crisis is a spiritual crisis... for the whole earth community.”

Although Mary Lu laments our global environmental and spiritual crisis, she did not seem embittered or without a sense of hope. Her idealism seemed well balanced by reasonable expectations and a practical approach only a farmer could have. She channels her frustration into growing organic food for local families.