



The Grail

The Grail is an international women's movement committed to spiritual search, social transformation, global solidarity, ecological sustainability and the release of women's creative energy throughout the world. It was founded in 1921 by a Jesuit and five Catholic lay women in Holland. The Grail movement has become increasingly inclusive of other reli-

gious traditions and continues to celebrate spirituality as a "base, underlying our whole being...related to how we live on the planet, how we grow our food..." Mary Lu's experience with the Grail taught her to "integrate one's spiritual life with one's daily work life." "Spirituality in the Grail ...is simple, straightforward and very flexible."