Xavier University Dementia Summit 2018
Holistic Approaches to Enhance Life
March 1, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Registration</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Welcome</td>
</tr>
<tr>
<td>8:45 a.m.</td>
<td>Teepa Snow, MS, OTR/L, FAOTA</td>
</tr>
<tr>
<td>10:45 a.m.</td>
<td>Laura Trice, MD</td>
</tr>
<tr>
<td>12:00 p.m.</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:00 p.m.</td>
<td>Session I</td>
</tr>
<tr>
<td>2:45 p.m.</td>
<td>Session II</td>
</tr>
<tr>
<td>4:15 p.m.</td>
<td>Summit evaluation and pick up CEs</td>
</tr>
</tbody>
</table>

**REGISTRATION** and Information, please visit www.xavier.edu/dementia-summit or call Jo at 513-745-3354.

**COST:**
- Professionals/Caregivers/Families: $95
- CE hours: Six (6.0 CEs) pending add $20
- Current, fulltime Xavier students: $20
- Registration includes light breakfast and box lunch.

**CONFERENCE LOCATION**—Xavier University, Cintas Center,
Enter at Schiff Conference Center, 1624 Herald Ave. Cincinnati, Ohio, 45207

Thanks to our Sponsor

![TriHealth](image)

In partnership with

![Parish Health Ministry](image)

*Xavier University–Cincinnati is an approved provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. (OBN-001-91) (OH- 195, 1/01/2019)
Xavier University is an approved provider by the State of Ohio Counselor, Social Work and Marriage & Family therapist Board— Social Work No.(RSX090602); Counseling No. (#URCX049112)
Occupational Therapy CEs pending through OHIO OTPTAT Board.*
The Xavier University Dementia Care Summit is designed to bring together care partners, family members, and professionals to spark dialogue around important issues for persons with dementia. Strategies for life satisfaction, social connections, and independence will be shared.

This year’s theme focuses on holistic approaches to enhance the quality of life of those living with memory loss. Conference participants will learn and experience care approaches related to physical, spiritual, cognitive, and environmental aspects.

Teepa Snow, MS, OTR/L, FAOTA

Humor and Caregiving—Learning How to Laugh!

Teepa Snow is one of the world’s leading specialist in dementia. The Positive Approach program, developed by Teepa, optimizes services for professionals and care partners of persons with dementia. In her keynote, Teepa will lead participants involved in caregiving to recognize and use humor to create a more positive and effective partnership.

Laura Trice, MD

Reducing Risk of Dementia—A Roadmap for the Future

Dr. Trice applies evolving evidence to answer the important question, “Is there anything I can do to reduce my risk of Alzheimer’s Disease?” She will discuss a precision medicine approach to preventing Alzheimer’s Disease.

SESSION INFORMATION

SESSION I 1:00 p.m. —2:30 p.m.

The Parkinson’s Revolution—Power of Exercise
Lisa Coors demonstrates how exercise combats many of the symptoms of Parkinson’s Disease.

Environmental Changes—A Montessori Approach to Dementia Care—
Kathy Farfsing shows how small changes in the living environment facilitates independence.

SESSION II 2:45 p.m.—4:15 p.m.

Mindfulness in Dementia Care
Michelle Hall & Cathy Cebulski-Sacco apply the practice of mindfulness in the treatment of persons with dementia and their caregivers.

Spirituality Care—Krista Powers & Thom Powers examine the care of each person’s core including spiritual foundations and inter-connectedness with others.