



# **Annual Report 2020**

**Department of Counseling** 



The Xavier University graduate program in Clinical Mental Health and School Counseling, consistent with the mission of Xavier University, seeks to prepare individuals to serve as effective professional helpers in diverse clinic counseling environments. The program is designed to provide graduate training to individuals primarily from the following geographical areas: central and southwestern Ohio, southeast Indiana and northern Kentucky. Since a majority of students are employed, class and curricular offerings are scheduled in the late afternoon, evenings, and weekends to accommodate student schedules.

# **Mission Statement**

The Counseling Department, consistent with the mission of Xavier University, seeks to prepare individuals to serve as professional, multiculturally-competent and ethical

school and clinical counselors in diverse practice environments.

# History and Highlights

The Department of Counseling at Xavier University upholds the highest standards of the profession and is widely regarded as one of the best master's degree programs in the country. We attest to this through our accreditation, awards, faculty leadership and scholarship, and student licensure exams pass rates.

# Accreditation

Xavier School Counseling and Clinical Mental Health Programs are fully accredited by The Council for Accreditation of Counseling and Related Educational Programs (CACREP). At our 2013 accreditation, the program met all 247 standards.

# Pass Rates, Completion Rates, and Job Placement Rates

From Fall 2019 through Summer 2020, the Department of Counseling at Xavier had 33 Clinical Mental Health Counseling graduates and 11 School Counseling graduates. Counseling students have 6 years to complete their program requirements. The estimated completion rate for students in both programs is 81%. At graduation, our Clinical Counseling student take the National Counselor Exam and our School Counseling students take the Pearson Ohio Assessments for Educators (OAE) School Counselor Test. Our 2019-2021 Pass Rates were 100% for Clinical Counseling students and 88% for School Counseling students. Xavier's Clinical Mental Health Counseling students and School Counseling graduates have a 100% and 90% job placement rates respectively.

# **2017** Voted Best Counseling Program in the US By Our Peers!

Xavier University's Counseling Program received the 2017 Outstanding Counselor Education Program from the America Association for Counselor Education and Supervision.



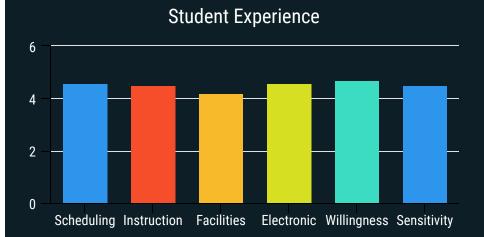


# **Survey of our Graduates**

Our survey of our graduates is intended to obtain specific feedback on the students subjective experience of the classroom facilities and resources, the quality of instruction, the faculty's ability to teach counseling concepts and accommodate student needs. Graduates are also asked to consider how Xavier's program helped them to better understand and apply their knowledge that they learned in the program to their current employment setting.

Graduates were also asked to share their personal comments about their experience in the program. Analysis of these comments tell the story that students experience Xavier's program as highly valued and with a strong emphasis on preparation for the profession. Faculty were described as "truly committed to the development of competent and caring counselors", approachable and passionate for the profession through their teaching. This commitment was equated to the preparation of student's for their future careers. One student commented that Xavier's program far surpasses others with standards, classes, professors, and requirements.

Though Xavier's program ranked high in culturally diverse instruction in this survey and past surveys, culturally diverse instruction continues to be an expectation of alumni. Suggesting included having speakers or classes that focus specifically on trending cultural topics or ensuring that diversity is address more directly in some classes.



The mean scores on our survey of our graduates indicate that graduates of our program agree that the Xavier experience is positive. Scheduling classes tend to be easy, the quality of instruction is good-excellent, the classroom facilities are adequate, materials are helpful in planning classes, facility are willing to accommodate student needs and are sensitive to ethnic, racial and gender diversity issues.

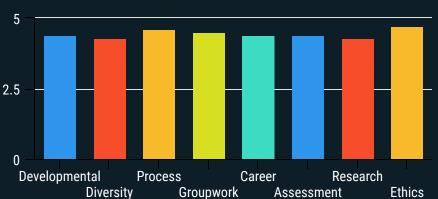
"I am so grateful for my experience in the program! It always felt like a small supportive

"When I speak to colleagues about their programs, I have found that Xavier's program far surpasses others with standards, classes, professors, and requirements."

Our students tell us the program at Xavier helped them to better understand and apply their knowledge in meaningful ways, such as understanding the needs of individuals at all developmental levels; increased awareness of the issues and trends in a diverse society; developing skills for counseling and consultation processes, group work approaches, career development theories and career

counseling processes; implementing assessment, evaluation techniques and research methods; and understanding ethical, legal, and professional issues.

# Application of Knowledge



"I am a proud alum of the counseling program. I felt so prepared upon graduation. I also really appreciate being able to reach out to many professors for consultation even years after graduation."

"I am grateful to have had opportunity to learn from a superb faculty. I was so well prepared and ready for profession after this experience."

"I truly believe there is no better counseling program!"

> Jennifer Urbaniak **Graduate, School Counseling**

"I've never meet a more supportive group of professors who truly want to see their students succeed not only in counseling as a career, but in life as well. I truly believe there is no better counseling program out there than what Xavier University has to offer".



# School Counseling 60-Hour Program

GROUP I:

COUN 501 (3) Lifespan Development
COUN 533 (3) Counseling Theories / Tech.
COUN 536 (3) Group Process
COUN 579 (2) Psych/Ach Test.
COUN 630 (2) Intro to Mental Health Counseling
COUN 636 (3) Career Counseling

**GROUP II:** 

COUN 509 (2) Research
COUN 631 (2) Counseling Issues/Ethics
COUN 638 (2) Cross - Cultural
COUN 640 (2) Family Relations
COUN 669 (3) Pre-Practicum

GROUP III:

COUN 642 (3) Consultation/Supervision COUN 765 (2) Crisis Counseling COUN 767 (3) Substance Use and Prevention COUN 773 (3) Practicum Elective (3) (Can use school counseling course)

GROUP IV:

COUN 671 (4) Clinical Counseling Internship COUN 760 (3) Pers. & Abnormal Beh. COUN 762 (3) Clinical and Pers. Assessment COUN 763 (3) Diag. Of Psychopathology COUN 764 (3) Counseling & Psychotherapy COUN 766 (3) Intervention for SMD



Students and faculty attending the American Counseling Association annual conference in New Orleans

# BE A PART OF OUR STORY

The Department of Counseling has trained professional counselors since 1953

We are nationally accredited by the Council on Accreditation of Counseling and Related Education Programs

Six full time faculty members have over 100 years of combined experience counseling in schools and mental health agencies.

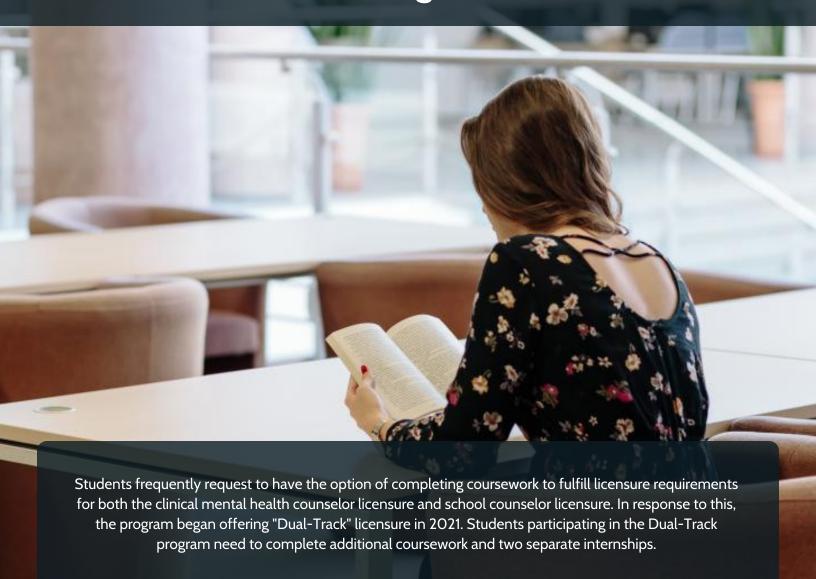
Faculty have held or currently hold leadership positions in national, state and local professional counseling

local professional counseling organizations.

For over 45 years, the department has offered an annual conference

that hosts local counselors and students.

# **Dual-Track Program Addition**



# Clinical Mental Health Counseling Dual Track

#### GROUP I:

COUN 501 (3) Lifespan Development
COUN 533 (3) Counseling Theories / Tech.
COUN 536 (3) Group Process
COUN 579 (2) Psych/Ach Test.
COUN 630 (2) Intro to Mental Health Counseling
COUN 636 (3) Career Counseling

### GROUP II:

COUN 509 (2) Research
COUN 631 (2) Counseling Issues/Ethics
COUN 638 (2) Cross - Cultural
COUN 640 (2) Family Relations
COUN 669 (3) Pre-Practicum

# GROUP III:

COUN 642 (3) Consultation/Supervision COUN 765 (2) Crisis Counseling COUN 767 (3) Substance Use and Prevention COUN 773 (3) Practicum Elective (3) (Can use school counseling course)

# GROUP IV:

COUN 671 (4) Clinical Counseling Internship COUN 760 (3) Pers. & Abnormal Beh. COUN 762 (3) Clinical and Pers. Assessment COUN 763 (3) Diag. Of Psychopathology COUN 764 (3) Counseling & Psychotherapy COUN 766 (3) Intervention for SMD

# School Counseling Dual Track

#### GROUP I:

COUN 501 (3) Lifespan Development COUN 533 (3) Counseling Theories / Techs. COUN 536 (3) Group Process COUN 537 (3) Intro to School Counseling COUN 579 (2) Psych/Ach Test. COUN 636 (3) Career Counseling

#### GROUP II:

COUN 538 (3) Advanced School Counseling COUN 631 (2) Counseling Issues/Ethics COUN 638 (2) Cross-Cultural Counseling COUN 640 (2) Family Relations COUN 669 (3) Pre-Practicum

# GROUP III:

EDAD 565 (3) School Law I
COUN 502 (2) Intro to College Counseling
COUN 503 (2) Crisis Intervention in Schools
COUN 773 (3) Counseling Practicum
COUN 639 (2) Substance Use and Prevention
COUN 540 (2) School Culture and Climate

# GROUP IV:

EDSP 500 (3) Special Education: Ident. & Issues COUN 509 (2) Counseling Research Methods COUN 539 (3) Child Psychopathology COUN 670 (4) School Counseling Internship 5 Elective hours can be met through clinical courses listed below.

# **Additional Courses**

COUN 537 (3) Intro to School Counseling
COUN 538 (3) Advanced School Counseling
COUN 502 (2) Intro to College Counseling
COUN 540 (2) School Culture and Climate
EDSP 500 (3) Special Education:
Identification and Issues
COUN 670 (2) School Counseling Internship
(1 credit hour per semester)

# Additional Courses

COUN 630 (2) Intro to Mental Health
COUN 642 (3) Consultation and Supervision
COUN 762 (3) Clinical and Personality
Assessment
COUN 764 (3) Counseling and Psychotherapy

COUN 764 (3) Counseling and Psychotherapy COUN 671 (2) Clinical Counseling Internship (one credit hour per semester)

Note: Becoming dually licensed requires students to complete two separate 600 hour internships and pass both the National Counselor Exam (Clinical) and Pearson Exam (School).

**Building Community** 



# Chi Sigma Iota

CSI is an international honor society that values academic and professional excellence in counseling. We promote a strong professional identity through members (professional counselors, counselor educators, and students) who contribute to the realization of a healthy society by fostering wellness and human dignity.

Our chapter has active members including current students, alumni, and faculty. We focus on promoting excellence in the profession of counseling and hope to get members more involved in professional development, community engagement, wellness, and more.



# Harambee Mentoring

Every Hispanic/Latino, African American (student of color) alumnus as well as Hispanic/Latino, African American graduate student is eligible to participate in the mentoring program.

Involvement in Harambee allows the mentee to learn, emulate, and identify with the mentor by experiencing career coaching that will impact the student's self-efficacy, along with helping to develop a professional counselor's identity in a culturally specific context.

# Counselors for Social Justice

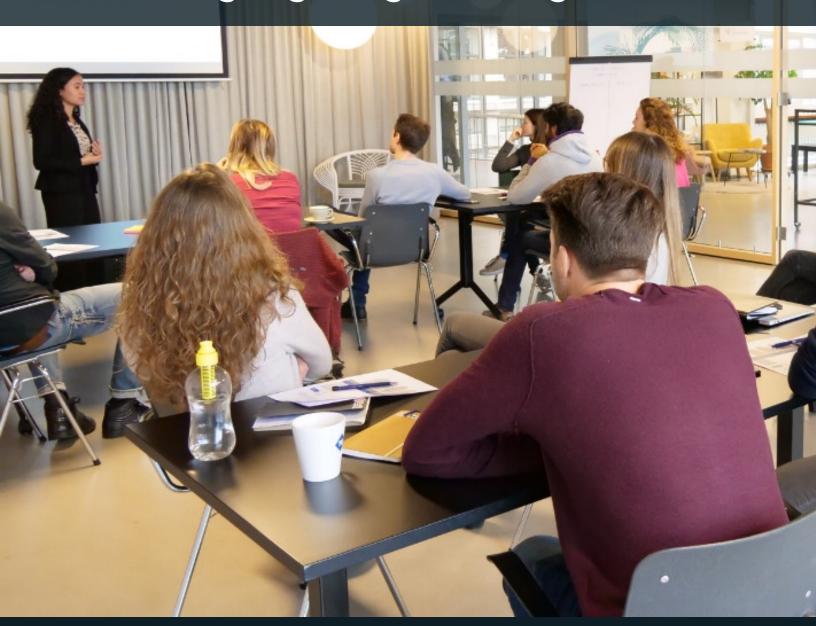
Counselors for Social Justice works to promote social justice in our society through confronting oppressive systems of power and privilege that affect professional counselors and our clients and to assist in the positive change in our society through the professional development of counselors.







# Highlighting our Program



# 2017 Outstanding Counselor **Education Program**

Xavier's Counseling Program was awarded the Robert Frank Outstanding Counselor Education Program Award, Masters Program from the America Association for Counselor Education and Supervision.

# Faculty and Staff that Make The Difference



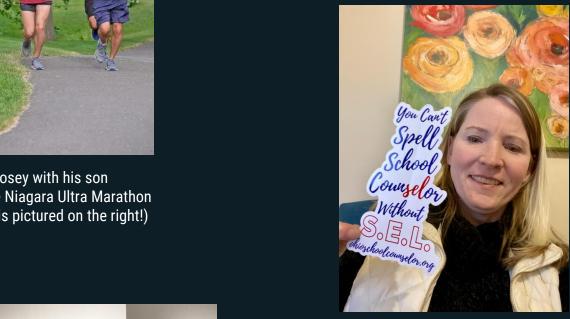
Dr. Rhonda Norman, Department Chair



Dr. Butch Losey with his son running the Niagara Ultra Marathon (Dr. Losey is pictured on the right!)



Dr. Norman Townsell



Teaching Professor Carolyn Ottke-Moore



Dr. Michelle Flaum



Kelley Ann Walsh, Administrative Assistant

# Connect With US



# Use the links below to connect with us!

# **Faculty and Staff**

Dr. Rhonda Norman, Department Chair norman@xavier.edu

Dr. Michelle Flaum flaumm@xavier.edu

Dr. Butch Losey loseyr@xavier.edu

Professor Carolyn Ottke-Moore moorec23@xavier.edu

Dr. Brent Richardson richardb@xavier.edu

Dr. Norman Townsel townseln@xavier.edu

Kelley Ann Walsh, Administrative Assistant walshk5@xavier.edu

# Helpful Links

<u>Program Features:</u> <u>Clinical Mental Health Counseling</u>

> Program Features: School Counseling

Clinical Mental Health Counseling Information Booklet

School Counseling Information Booklet

Admissions Process / Apply to the Program

Financial Aid



Bob Wubbolding, Professor Emeritus and international expert on reality therapy, seated with Dr. Brent Richardson