

Novel Coronavirus Outbreak in Wuhan, China and elsewhere

What You Need to Know

- There are currently zero confirmed cases of novel Coronavirus in Ohio.
- This is an evolving situation; the CDC website is the best source of up to the minute information. <https://www.cdc.gov/coronavirus/2019-nCoV/summary.html#risk-assessment>
- Additional information can be found on the Ohio Department of Health Website at <https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/Novel-Coronavirus/2019-nCoV>
- While CDC considers this a serious public health concern, based on current location, the ***immediate health risk to the general American public is considered low at this time.***

What are the signs and symptoms of the Coronavirus?

Symptoms are similar to other respiratory viruses. If you have these symptoms it does not necessarily mean you have this new virus! Unless you have recently traveled to Wuhan, China or have been around someone ill with this new virus, your risk of getting sick is extremely low.

If you traveled to affected areas outside the U.S. where 2019-nCoV outbreaks have been identified (e.g. Wuhan, China) and feel sick with fever, cough, or difficulty breathing, you should: Seek medical care right away. Contact the Xavier University Health Service office at 513-745-3022 option 3.

Symptoms include:

- Fever (may not always be present)
- Coughing
- Shortness of breath or difficulty breathing

Other early symptoms to look for include:

- Chills
- Body aches
- Sore throat
- Headache
- Diarrhea
- Nausea/vomiting
- Runny nose

What You Can Do

If you have not traveled to China or been in contact with a person known or suspected to have the illness, *there is no reason to be concerned at this time.*

<https://wwwnc.cdc.gov/travel/notices/alert/novel-coronavirus-china>

If you traveled to affected areas outside the U.S. where 2019-nCoV outbreaks have been identified (e.g. Wuhan, China) and feel sick with fever, cough, or difficulty breathing, you should:

- Seek medical care right away. Contact the Xavier University Health Service office at 513-745-3022 option 3, or your primary care physician.
 - Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.
- Avoid contact with others.
- Do not travel while sick.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.
- Wash hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.

What can you do to protect yourself?

- The most effective means of protection is the same as those things that prevent other illness such as flu.
- Wash hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- Cover coughs/sneezes with your arm.
- Avoid exposure to others who are sick.
- Stay home when you are ill.

What is public health doing to protect Ohioans?

- Ohio's public health system includes a team of local and state partners who perform daily monitoring of reportable diseases, including 2019-nCoV (educating about what public health does).
- ODH is monitoring this situation, in lockstep with the CDC, and will be ready to respond if a case should be reported in Ohio.
- CDC considers US risk low at this time.

Additional Resources

Centers for Disease Control and Prevention (CDC): <https://www.cdc.gov/coronavirus/index.html>

Ohio Department of Health: <https://odh.ohio.gov/wps/portal/gov/odh/media-center/feature-stories/2019-Novel-Coronavirus>

World Health Organization: <https://www.who.int/csr/don/en/>