

Perception is the process of selecting, organizing, and interpreting information from our senses.

Selection: Focusing attention on certain sights, sounds, tastes, touches, or smells in your environment.

Something that seems especially noticeable and significant is considered **salient**.

Organization: Taking the information selected organizing it into a coherent pattern in your mind.

Structuring the information you have selected into a chronological sequence that matches how you experienced the order of events is known as **punctuation**.

Interpretation: Assigning meaning to the information you selected by calling to mind relevant, familiar information to make sense of what you are hearing/seeing.