

Project C.O.P.E. Itinerary

Saturday

7:30 Arrival

- Location: Dining Hall (Behind Admin & Health Building, see map)
- Parking will be located to the left of the Maintenance Building (see map)
- Bring all of your gear to the Dining Hall for check in and room assignment.

8:00 – 9:30 Check In & Breakfast

- Opening remarks by Associate Dean
- Group assignments/ Team Leaders decided

9:30 – 12:00 Trust & Team Building Activities (Individual Groups)

12:00 – 1:00 Lunch (Dining Hall)

1:00 – 3:00 Low COPE (Team Building & Leadership Exercises)

- Individual Groups
- Meet in Dining Hall for group Exercise Assignment

3:00 – 6:00 Teams 1-3 High COPE Teams 4-6 Climbing & Repelling on H Tower

6:00 – 7:00 Dinner

- Evening Event / Free Time

Sunday

7:00 – 8:00 Breakfast (Dining Hall)

8:00 – 11:00 Teams 4-6 High COPE Teams 1-3 Climbing/Repelling

11:00 – 12:00 Lunch/ Closing Remarks