Welcome to Sophia!

Sophia University is a private Jesuit university founded in 1913, located in the heart of Tokyo, aiming to educate men and women for the others, with others. Sophia University is located in Yotsuya, literally in the heart of Tokyo. The area around the university has long been at the center of the Japanese political, economic and cultural worlds. The Imperial Palace, the Parliament, the State Guest House, and the National Diet Library as well as an array of offices of multinational enterprises are all within easy walking distance of the university. It is a place where you can feel the dynamism of the global city Tokyo, experience its urban atmosphere and keep up on the trends of the times. Sophia’s graduates pursue careers in international organizations, in major Japanese and international corporations, in the research labs of companies and universities in Japan and abroad, in teaching, in law and politics, and in numerous non-governmental and non-profit organizations.
Program Dates
Fall Semester: September 30-December 22,
January 5-January 25
Spring Semester: April – July. (Exact dates TBA)

Program Requirements
• Student visa or other appropriate visa is required. Accepted exchange students will receive necessary documents for visa application.
  • Must be at least a sophomore
    • Minimum GPA: 2.5

Accommodations
Accommodation will be arranged for those in need of the housing in Tokyo. Students wishing to have the housing arranged should complete housing application forms and submit them along with other application documents.

Cost of Living
(Subject to change)
The total differs according to the individual but the estimated cost is as follows:

• Estimated Living Expenses (for 4 months)
  • XU Tuition & Fees- $16,500-$17,000
    • Housing- $1,800- $4,686
  • Board (food, est.)- $300-$600/month
    • International travel (flight)- TBD
      • Local Travel- $300
    • Textbooks- $300-$500
  • International Health Insurance- $160
  • Personal expenses- $200 (varies)
Total estimated cost- $20,510-$21,010