

Readings and Resources for Parents and Family Members

133 Ways to Avoid Going Cuckoo When the Kids Fly the Nest: A Parent's Guide for Surviving the Empty Nest Syndrome

By: Lauren Schaffer and Sandy Fleischl Wasserman

2,002 Ways To Cheer Yourself Up

By: Cyndi Haynes

Almost Grown: Launching Your Child from High School to College

By: Patricia Pasick

Bringing Home the Laundry: Effective Parenting for College and Beyond

By: Janis Brody

Campus Daze, Easing the Transition from High School to College

By: George Gibbs

Caring for the Mind: The Comprehensive Guide to Mental Health

By: Dianne Hales and Robert E. Hales

The Debt-Free Graduate: How to Survive College or University Without Going Broke

By: Murray Baker

Don't Tell Me What to Do, Just Send Money: The Essential Parenting Guide to the College Years

By: Helen E. Johnson and Christine Schelhas-Miller

Doors Open from Both Sides

By: Margo Woodacre and Steffany Bane

An Educated Choice: Advice for Parents of College Bound Students

By: Frank A. Brock

The Empty Nest: When Children Leave Home

By: Shelley Bovey

Empty Nest, Full Heart: The Journey from Home to College

By: Andrea Van Steenhouse

A Family Guide to Academic Advising

By: Donald C. Smith and Virginia N. Gordon

A Guide for Families of Commuter Students

By: Cathie Hatch and Tracy Skipper

Guide to the College Years

By: Helen E. Johnson and Christine Schelhas-Miller

How to Get the Most Out of College

By: Nancy Schlossberg and Arthur Chickering

How to Help Your Teenager Find the Right Career

By: Charles Shield

How to Survive and Thrive on an Empty Nest: Reclaiming Your Life When Your Children Have Grown

By: Robert Lauer

The Launching Years: Strategies for Parenting from Senior to College Life

By: Laura Kastner and Jennifer Fugett Wyatt

Lesson: Fable For Our Times

By: Carol Lynn Pearson & Kathleen Peterson

Let the Journey Begin: A Parent's Monthly Guide to the College Experience

By: Jacqueline MacKay and Wanda Ingram

Letting Go: A Parent's Guide to Understanding the College Years

By: Karen Levin Cobum and Madge Lawrence Treger

Life During College: Valuable Advice & Tips for Success

By: J. Ricchini and T. Arndt

Millennials Go to College: Strategies for a New Generation on Campus

By: William Strauss

Millennials Rising: The Next Great Generation.

By: Neil Howe, William Strauss, R.J. Matson

Once My Child, Now My Friend

By: Elinor Lenz

The Parent's Crash Course in Career Planning

By: Marcia B. Harris & Sharon L. Jones

Readings and Resources for Parents and Family Members

Parents' Guide to College Life: 181 Straight Answers on Everything You Can Expect Over the Next Four Years

By: Robins Raskin

A Parent's Guide to Sex, Drugs, and Flunking Out: Answers to the Questions Your College Student Doesn't Want You to Ask

By: Joel Epstein

She's Leaving Home: Letting Go as Daughter Goes to College

By: Connie Jones

Students and Their Parents: Where Do Campuses Fit In?

By: Karen J. Forbes

The Truth About College: 50 Lessons for Parents Before They Start Writing Checks

By: Will Keim

The Ultimate College Survival Guide

By: Janet Farrar Worthington and Ronald T. Farrar

When Hope and Fear Collide: A Portrait of Today's College Student

By: Arthur Levine

When Kids Go Home: A Parent's Guide to Changing Relationships

By: Barbara M. Newman and Philip R. Newman

When Your Kid Goes to College: A Parents Survival Guide

By: Carol Barkin

You're On Your Own (But I'm Here if You Need Me): Mentoring Your Child During the College Years.

By: Marjorie Savage

Websites of Interest to Parents & Families

US Department of Education

www.ed.gov

College Parents of America

www.collegeparents.org

Alcohol and Other Drugs: The Parent Connection

<http://www.edc.org/hec/parents/>

10 tips for parents of college students: How to keep the holidays happy

<http://www.ur.ku.edu/News/03N/DecNews/Dec9/tentips.html>

How to enjoy the summer and avoid a clash with your college kids

<http://msnbc.msn.com/id/3079389/>

Campus Safety

<http://www.securityoncampus.org>