Readings for Parents and Family Members

133 Ways to Avoid Going Cuckoo When the Kids Fly the Nest: A Parent’s Guide for Surviving the Empty Nest Syndrome
By: Lauren Schaffer and Sandy Fleischl Wasserman

The Launching Years: Strategies for Parenting from Senior to College Life
By: Laura Kastner and Jennifer Fugett Wyatt

Almost Grown: Launching Your Child from High School to College
By: Patricia Pasick

Let the Journey Begin: A Parent’s Monthly Guide to the College Experience
By: Jacqueline MacKay and Wanda Ingram

Bringing Home the Laundry: Effective Parenting for College and Beyond
By: Janis Brody

Letting Go: A Parent’s Guide to Understanding the College Years
By: Karen Levin Cobum and Madge Lawrence Treger

Campus Daze, Easing the Transition from High School to College
By: George Gibbs

Life During College: Valuable Advice & Tips for Success
By: J. Ricchini and T. Arndt

The Debt-Free Graduate: How to Survive College or University Without Going Broke
By: Murray Baker

The Parent’s Crash Course in Career Planning
By: Marcia B. Harris & Sharon L. Jones

Don’t Tell Me What to Do, Just Send Money: The Essential Parenting Guide to the College Years
By: Helen E. Johnson and Christine Schelhas-Miller

Parents’ Guide to College Life: 181 Straight Answers on Everything You Can Expect Over the Next Four Years
By: Robins Raskin

An Educated Choice: Advice for Parents of College Bound Students
By: Frank A. Brock

A Parent’s Guide to Sex, Drugs, and Flunking Out: Answers to the Questions Your College Student Doesn’t Want You to Ask
By: Joel Epstein

The Empty Nest: When Children Leave Home
By: Shelley Bovey

Students and Their Parents: Where Do Campuses Fit In?
By: Karen J. Forbes

Empty Nest, Full Heart: The Journey from Home to College
By: Andrea Van Steenhouse

The Truth About College: 50 Lessons for Parents Before They Start Writing Checks
By: Will Keim

A Family Guide to Academic Advising
By: Donald C. Smith and Virginia N. Gordon

The Ultimate College Survival Guide
By: Janet Farrar Worthington and Ronald T. Farrar

A Guide for Families of Commuter Students
By: Cathie Hatch and Tracy Skipper

By: Barbara M. Newman and Philip R. Newman

How to Get the Most Out of College
By: Nancy Schlossberg and Arthur Chickering

When Your Kid Goes to College: A Parent’s Survival Guide
By: Carol Barkin

How to Help Your Teenager Find the Right Career
By: Charles Shield

You’re On Your Own (But I’m Here if You Need Me): Mentoring Your Child During the College Years.
By: Marjorie Savage

How to Survive and Thrive on an Empty Nest: Reclaiming Your Life When Your Children Have Grown
By: Robert Lauer