



CHANGING YOUR MAJOR



Sophomore year is a time when many students consider declaring or changing their major. Here are a few tips to help guide you through this process:

- Plan ahead.
- Research the undergraduate degrees offered at Xavier.
- Explore the department web site for the major you are considering and make an appointment with the department chair.
- Discuss your decision with your current academic advisor, who should inform you and guide you through this transition.
- If you are a business major, contact Cindy Stockwell, director for undergraduate programs in the Williams College of Business (HAI, second floor). As associate dean, Jim Snodgrass is the contact for majors in the College of Arts and Sciences (Alter Hall, Room 124). If you are in the College of Social Sciences, Health, and Education, you should see your individual department chair. These advisors will give you the Declaration of a Major form to take to the appropriate college or department for signatures.
- Schedule an appointment at the Career Services Center (Gallagher Student Center, Room 310) to find out more about careers and opportunities in your field.

CAMPUS MINISTRY



Campus Ministry serves all faith traditions. Offering many programs and services help give meaning to your life as you deepen your relationship with God and discern your call to make a difference in the world. A special opportunity just for sophomores are Sophomore Discernment Dinners which offer an opportunity for you to reflect on career options within the context of spirituality.

You can also join them for these exciting opportunities:

- Approach and Encounter Retreats
- Koinonia Faith Sharing Groups
- Rite of Christian Initiation (RCIA)
- Pastoral Counseling and Spiritual Direction
- 4:00 p.m. and 10:00 p.m. Student Masses and Liturgical Ministries
- Meditation in the Interfaith Prayer Chapel

For more information call 513-745-1959 or visit www.xavier.edu/campus-ministry.

CAREER SERVICES CENTER



Opportunities to find internships, part-time jobs, mentoring experiences and assistance in career exploration are waiting for you at the Career Services Center (310 Gallagher Student Center).

Please visit www.xavier.edu/career to learn more about:

- Internships
- Employment
- Graduate school
- Career exploration

COUNSELING SERVICES



The sophomore year can present students with a set of challenges, including:

- Reconsidering friendships and social networks.
- Feeling let down as the newness of college wears off.
- Changes in family or personal relationships.
- Reconsidering and reflecting on your chosen major.
- Pressure felt by undecided students to declare a major.
- Feeling of uncertainty and discomfort.

If you are facing some of these challenges, discuss them with a counselor to decide whether counseling is right for you. Counseling services are fully funded by the University and are provided at no charge to students.

For more information, call 513-745-3022 or visit www.xavier.edu/health-couns.

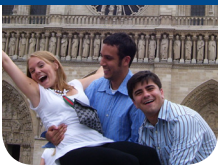
OFFICE OF STUDENT INVOLVEMENT



College is about more than just going to class and studying for exams. Involvement in campus life can make your collegiate experience more fulfilling and provide you with valuable learning opportunities. While you can engage in activities and organizations that will expand your thoughts about issues and concerns, you can also develop leadership skills that will be valuable to you in graduate study or professional roles after college.

To learn about getting involved with on-campus clubs and organizations, student governance, leadership programs and more, visit www.xavier.edu/involvement.

STUDY ABROAD



Are you interested in studying in another country? Study abroad programs enable you to learn more about other people and cultures while earning course credit.

To learn about study abroad programs, contact Margaret McDiarmid, director of study abroad at 513-745-3406. To learn about academic service learning semesters, contact Irene Hodgson, interim director of academic service learning semesters at 513-745-3541.

MEN AND WOMEN WITH AND FOR OTHERS



Service, immersion and community-based learning opportunities allow you to share your time, attention and talents with others around our local community and the world.

As your community engagement develops and expands, so does your learning, passion and capacity to contribute to local, national and international communities.

To learn more about service and social justice programming opportunities, visit www.xavier.edu/peace-justice or contact Chris Bridges at bridgesc@xavier.edu. You can also visit Angela, Chris or Dave at the Dorothy Day House or Molly (332 Gallagher Student Center).

FINANCIAL AID AND SCHOLARSHIPS



Many students fund some or all of their educational expenses. It's important for you to understand the financial aid that is available after the first year. It's also important to understand the terms and conditions of your financial aid award.

To learn more about financial aid, visit www.xavier.edu/financial-aid.

STUDENT SUCCESS AND RETENTION



The Office of Student Success and Retention is here to assist you every year of your college career with programs that provide financial and academic support. Our focus is to retain and graduate the maximum number of students each year. Simply put, we are here to help you become a graduate of Xavier University.

Visit www.xavier.edu/retention_services to learn more.