

Act of Contrition

*My God, I am sorry for my sins
with all my heart.*

*In choosing to do wrong and
failing to do good,
I have sinned against you whom I
should love above all things.*

*I firmly intend, with your help, to do
penance, to sin no more, and to avoid
whatever leads me to sin.*

*Our Savior Jesus Christ suffered and
died for us. In His name.*

My God have mercy.

