



Morning Prayer

Gracious God,
 Thank you for the gift of today. Refresh me.
 Invite me to discover your presence
 In each person that I meet
 And every event that I encounter.
 Teach me when to speak and when to listen
 When to ponder and when to share.
 In moments of challenge and decision
 Attune my heart to the whisperings of your wisdom.
 As I undertake ordinary and unnoticed tasks,
 Gift me with simple joy.
 When my day goes well, may I rejoice.
 When it grows difficult, surprise me with
 New possibilities.
 When life is overwhelming,
 Call me to Sabbath moments
 To restore your Peace and Harmony.
 May my living today reveal your Goodness.
 Amen.

-Pat Bergen, C.S.J.



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