1. Visit https://xavier.medicatconnect.com/
   a. Log in with your Xavier Username and Password
   b. Select Forms
   c. Select Travel Health Pre-Visit Form and fill out requested information

2. Once staff has reviewed your Travel Health Pre-Visit Form and immunizations, we will contact you by phone and/or secure message to let you know you may now make an appointment for your Travel Physical
   a. You will not be able to make an appointment until the form has been reviewed.
   b. Please review the links included in your secure message prior to your visit.

3. Make a Travel Physical appointment by calling 513-745-3022.
   a. Please be sure to tell the receptionist your destination and when your physical form is due.

4. The day of your scheduled travel appointment, please remember to bring your physical forms to your visit.
   a. What to expect:
      i. Depending on your destination, your visit will be approx. 15-30 minutes
      ii. Immunization status and travel precautions will be reviewed with you, in addition to your physical exam.
      iii. Depending on your immunization status, we may be able to administer vaccine here or if we do not carry the needed vaccine, we will refer you to another facility. If you are referred to another facility, please remember to check with your insurance for coverage and locations.

Helpful Resources
State Department: Information about your destination including precautions and warnings, location of embassies and consulates, medical care
   https://travel.state.gov/content/passports/en/country.html
Center for Disease Control: Health information, food/water precautions, and recommended immunizations
   http://wwwnc.cdc.gov/travel/destinations/list