**Worried about the MEASLES????**

Protect yourself! Vaccination is 95% effective in preventing transmission of this highly contagious disease.

**Who should be vaccinated?** According to the CDC Vaccine Recommendations:

**Children**

CDC recommends routine childhood immunization for MMR vaccine starting with the first dose at 12 through 15 months of age, and the second dose at 4 through 6 years of age or at least 28 days following the first dose.

**Students at post-high school educational institutions (This means college!)**

Students at post-high school educational institutions without evidence of measles immunity need two doses of MMR vaccine, with the second dose administered no earlier than 28 days after the first dose.

**Adults**

People who are born during or after 1957 who do not have evidence of immunity against measles should get at least one dose of MMR vaccine.

**International travelers**

**Healthcare personnel**

So make sure you have had 2 shots and protect yourself!

Call Health Services at 513-745-3022 with any questions.

Stay healthy,

Kim L. Miller MD  
Staff Physician  
Wellness Services