

Commuter Connection

VOLUME 1, ISSUE 2

DECEMBER 2008

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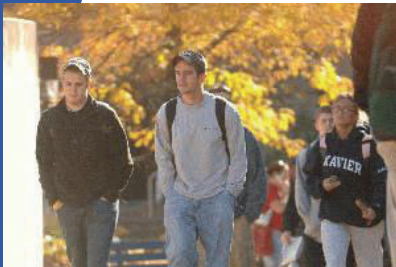
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Xavier University

Center for Adult and Part Time Students (CAPS)

The Center for Adult and Part Time Students better known as the CAPS office, is a one-stop-shop for adult students 22 years and older who are working on their undergraduate degree. We offer adult students classes at a variety of times throughout the week as well as serve students in the Weekend Degree Program who are obtaining their degree exclusively on the weekends. The CAPS and Weekend Degree Program offices provide students flexibility in advising options as well by holding extended office hours on evenings and weekends so that we may better accommodate adult students who are trying to balance school and work.

So, if you're a CAPS or Weekend student and you have a question or a problem, give us a call at extension 3355 or stop by Alter Hall Room 102 so that we can help you out! Our purpose at the CAPS and WDP offices is to focus on providing you great customer service in order to ease the transition of coming back to school and obtaining your degree while juggling the realities of everyday life!



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ATTENTION STUDENTS WHO ARE LOOKING TO GRADUATE IN MAY

January 16, 2009 is the deadline for May graduation and/or participation only in the May 16, 2009 Commencement ceremony. Students submitting their Application for Graduation and/or Walker Application forms after January 16, 2009 will be charged a \$50 late fee. Forms are found at www.xavier.edu/registrar/forms/ or at the office of the registrar. Please submit form to the office of the registrar at fax 513-745-2969 or deliver to office located in Alter Hall, Room 129.

Officer Grossman's Holiday Safety Reminder

The holiday season is approaching and that means travel and shopping. People get caught up the joy of the season and forget some basic safety tips. I would like to remind all students of some of those precautions. When traveling by car always lock your car doors. Make sure to take any valuables with you and if you can't, lock them in the trunk of the car. Have a cell phone and an emergency road kit with you for long trips or when traveling alone in the cold weather. This should include, blankets, flashlights, extra batteries, flares, important phone numbers (towing company, mechanics), and a

snack. If you do break down make sure you know your location so help can find you. When shopping make sure to bring as little cash as possible, use credit or debit cards to make purchases. If you can leave it at home, do it. You don't need everything you own to go shopping. These are safer than carrying large amounts of cash and offer some protection against fraud. When using an ATM make sure that no one is "surfing" over your shoulder for your PIN. If using a drive up ATM, look around before opening you window to make sure no one is waiting around. If you feel that it is unsafe then leave and

try another one. Make several trips to you vehicle while on shopping trips. If you place the items in the trunk, you run less of a risk of having them stolen while shopping. If you are going home for break make sure to take your valuable and electronics with you. The last person to leave should make sure the apartment or house is secure and that nothing is left behind. Let you neighbors know that you will be gone and to keep and eye on your place. Don't forget to stop the mail and paper. I hope that everyone has a wonderful and safe holiday.



Office Spotlight: Career Services

What can you do in 15 minutes?

You can walk from the Commons to Elet.
You can grab a cup of joe at Coffee Emporium.
Or you can stop by Career Services during our walk in hours, Mon. through Friday.

Give us 15 minutes and we can give you quick career advising tips to help get your career plans on track, find an internship, pursue graduate school, review a resume/cover letter and so much more. All this and 15 minutes is all it takes!

Our walk-in hours are Monday through Wednesday, 1:30-3:30pm and Thursday-Friday, 11a-1p in Gallagher 310. If these hours aren't convenient, feel free to make an individual appointment by calling 745-2141.

Mentoring Program (for non-business students)

The Xavier University Mentoring Program officially launched October 6, 2008. Currently, 31 students in a variety of majors from Art, to English, and even Music to those that are undecided are being mentored by wonderful mentors from around the greater Cincinnati area as well as remote locations nationwide. Current mentors include attorneys, teachers, a circuit county judge, and even a communications manager for the WNBA!

The mentoring program is similar to the Williams College of Business Executive Mentoring program by pairing each mentor to a student of their choice who guides the student in a variety of ways, academically, personally, and professionally. Informal one on one conversations, invites to meetings, on-site visits, and luncheons are just a few mentor-mentee activities you and your mentor may choose to do.

Interested in learning more? Contact Bethany Kilgore, Assistant Director-Experiential Education and Mentoring at kilgoreb@xavier.edu or 513/745-3764.

Looking forward to Spring Break already?

If you're already dreaming of warmer weather, you're not alone. But did you know that there's a job shadowing program for pre-professional health students? The Health Professions Preceptorship Program is co-sponsored by the Health Sciences Committee, Pre-Professional Health Advising, and the Career Services Center. The deadline to participate in the spring is soon after school starts in January so spend your winter break wisely by preparing your application materials now.

The length of the preceptorship is 5 days, with the student actively

involved in the entire workday. All preceptorships are located in the greater Cincinnati area. Students can expect to put in up to a 12 hour day. The program happens during the spring, summer, and winter breaks. The deadline for the winter break expired but the following upcoming deadlines are listed below:

Spring Break: Jan. 30
Summer Break: April 10]

In order to qualify for a Preceptorship, students must meet the following minimum criteria:

- Sophomore standing
- GPA: 3.2 overall; 3.0 in Sciences
- Completion of Organic Chemistry I (CHEM 240)
- Strong desire and intention of entering a health sciences profession
- Prior extracurricular and health care experience preferred

An application folder is in the Career Services Center, Gallagher 310. A typed and completed application must be submitted along with 2 recommendation letters by the appropriate deadline. Please contact Bethany Kilgore at kilgoreb@xaveri.edu or 745-3764 should you have any questions.

"Choose a job you love and you will never have to work a day I your life."

Confucius

December Commuter Program

What? Jingle Bell Run/Walk 5k for Arthritis

Where? Northern Kentucky Convention Center

When? Saturday, Dec. 6 - Race starts at 10:00 a.m.

How do I sign up? E-mail

CommuterServices@xavier.edu for more information!

You will be reimbursed \$5 post-race for your participation!



Student Employment Opportunity!

The Office of Commuter Services and Off Campus Living has a student worker opening for Spring 2008!

E-mail kneflin@xavier.edu for more information!