



CAREER OPPORTUNITIES FOR ATHLETIC TRAINING MAJORS

SKILLS & ABILITIES OF THE ATHLETIC TRAINING MAJOR

Human Awareness

- Active Listening
- Social Perceptiveness— awareness of others' reactions and understanding the causes of these reactions
- Assessing/Monitoring athletes' performance
- Problem Sensitivity
- Service Orientation— looking for ways to assist other people (athletes)
- Coordination— adjusting actions in relations to others' actions

Problem Solving

- Conduct initial assessments of athletic injuries and refer to physicians for definitive treatment
- Apply protective devices to current or previous areas of athletes' injuries.
- Work under pressure when unexpected events (injuries) occur

Technical Skills

- Sound understanding of human anatomy and physiology
- Updated knowledge of rehabilitation techniques to enhance athletes' recovery
- Implement appropriate injury prevention methods
- Finger Dexterity— able to precisely coordinate finger movements to complete tasks

Communication

- Effectively communicating verbal messages to others (physicians, coaches, guardians, etc.)
- Writing - communicating effectively in writing based on the needs of the audience
- Instructing /Teaching exercises and procedures
- Customer and Personal Services
- Documenting Information (Forms / Reports)

POTENTIAL CAREERS

Athletic Training Occupations

- Athletic Trainer
- Certified Athletic Trainer
- Assistant Athletic Trainer
- Athletic Instructor
- Clinical Education Coordinator
- Clinical Instructor
- Physician Extender
- Resident Athletic Trainer
- Sports Medicine Coordinator

Related Occupations (Transferrable Skills)

- Physical Therapist
- Physical Therapist Assistant
- Recreational Therapist
- Respiratory Therapist
- Licensed Practical Nurse
- Registered Nurse
- Orthotist
- Prosthetist
- Veterinary Assistant
- Laboratory Animal Caretaker
- Sports Coach

TYPES OF EMPLOYERS

- Hospitals
- Hospital Emergency Rooms
- Urgency Care Centers
- Military Hospitals
- Physical Therapy Clinics
- Secondary Schools
- Colleges & Universities
- Youth Sports Leagues
- Commercial Settings
- Professional Sports Teams

ATHLETIC TRAINING RELATED TASKS

- Cooperate with a coaching staff to design and monitor a team conditioning program
- Supervision of safety factors involving a playing area (surface)
- Selection of proper equipment in cooperation with coaching staff / team manager
- Administration of first aid to injured athletes
- Application of devices such as bandages and braces to prevent injury
- Development /Supervision of rehabilitation programs for injured athletes to prevent recurring injury and monitor the improvement of muscle strength
- Maintain the athletic training area and ordering necessary supplies
- Develop good working relationships with players, coaches, physicians, and school administrators.

EARNINGS FOR ATHLETIC TRAINERS

Median annual wages of athletic trainers were \$41,600 in May 2010. The middle 50 percent earned between \$33,800 and \$51,280. The lowest 10 percent earned less than \$25,750, and the highest 10 percent earned more than \$64,390.

Median annual wages in the industries employing the largest numbers of athletic trainers in May 2010 were:

- Colleges, universities, and professional schools - \$44,730
- General medical and surgical hospitals - \$43,320
- Offices of other health practitioners - \$40,060
- Other amusement and recreation industries - \$43,160
- Elementary and secondary schools - \$52,840

ADDITIONAL RESOURCES

- National Athletic Trainers' Association (NATA) www.nata.org
- College Athletic Trainers' Society (CATS) www.collegeathletictrainer.org
- Ohio Athletic Trainers' Association www.oata.org
- Board of Certification for the Athletic Trainer www.bocatc.org