



SELECTING A MAJOR

ASSESS YOUR VALUES, SKILLS, AND INTERESTS

- Meet with your academic advisor. Talk about your career interests and learn about courses that match them.
- Broaden your experience by exploring a variety of subjects through introductory courses to help you discover your interests.
- [Make an appointment](#) with a career coach in the Career Development Office.
- Get feedback. Ask friends, family, advisors, professors, or employers who are familiar with your unique skills and characteristics to help identify your strengths.
- Explore the Academic Advising Center and Career Development Office websites. Visit: www.xavier.edu/academic-advising and www.xavier.edu/career
- Connect with a mentor. Sophomores and juniors within the College of Arts & Sciences, College of Professional Services and Williams College of Business [may apply](#) through the Career Development Office website.

HELPFUL ONLINE CAREER RESOURCES

- What Can I do with this Major/Degree:
<http://www.xavier.edu/career/students/What-Can-I-Do-With-This-Major.cfm>
- Career Development Office programs and events:
<http://www.xavier.edu/career/calendar/3094>
- O*NET : a tool for career exploration and job analysis:
<https://www.onetonline.org/>
- FOCUS 2 : an online career assessment tool that can help you choose a major:
<https://www.focuscareer2.com/Portal/Register.cfm?SID=1261>

HELPFUL PRINT CAREER RESOURCES

Located in the Career Resource Library, Conaton Learning Commons, Room 530

- *What Color is Your Parachute?*
- *I Could Do Anything if I Only Knew What it Was*
- *Do What You Are*
- *Occupational Outlook Handbook*
- *O*NET Dictionary of Occupational Titles*
- *Living your Strengths: Discover your God-Given Talents and Inspire your Community*
- *Build Your Own Ladder*
- *...And More!*