SELECTING A MAJOR

ASSESS YOUR VALUES, SKILLS, AND INTERESTS

- Meet with your academic advisor. Talk about your career interests and learn about courses that match them.
- Broaden your experience by exploring a variety of subjects through introductory courses to help you discover your interests.
- **Make an appointment** with a career coach in the Career Development Office.
- Get feedback. Ask friends, family, advisors, professors, or employers who are familiar with your unique skills and characteristics to help identify your strengths.
- Explore the Academic Advising Center and Career Development Office websites. Visit: [www.xavier.edu/academic-advising](http://www.xavier.edu/academic-advising) and [www.xavier.edu/career](http://www.xavier.edu/career)
- Connect with a mentor. Sophomores and juniors within the College of Arts & Sciences, College of Professional Services and Williams College of Business may apply through the Career Development Office website.

HELPFUL ONLINE CAREER RESOURCES

- What Can I do with this Major/Degree: [http://www.xavier.edu/career/students/What-Can-I-Do-With-This-Major.cfm](http://www.xavier.edu/career/students/What-Can-I-Do-With-This-Major.cfm)
- Career Development Office programs and events: [http://www.xavier.edu/career/calendar/3094](http://www.xavier.edu/career/calendar/3094)
- O*NET : a tool for career exploration and job analysis: [https://www.onetonline.org/](https://www.onetonline.org/)
- FOCUS 2 : an online career assessment tool that can help you choose a major: [https://www.focuscareer2.com/Portal/Register.cfm?SID=1261](https://www.focuscareer2.com/Portal/Register.cfm?SID=1261)

HELPFUL PRINT CAREER RESOURCES

Located in the Career Resource Library, Conaton Learning Commons, Room 530

- What Color is Your Parachute?
- I Could Do Anything if I Only Knew What it Was
- Do What You Are
- Occupational Outlook Handbook
- O*NET Dictionary of Occupational Titles
- Living your Strengths: Discover your God-Given Talents and Inspire your Community
- Build Your Own Ladder
- ...And More!