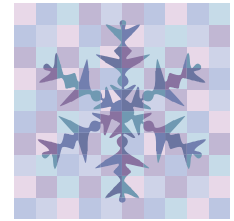


Mentee eNews



Mentoring through the Holidays

Adapted from the University of Minnesota, Mentor Connection Newsletter 2007-8

December seems to be one of the busiest times of the year with classes ending, finals approaching and planning holiday events. Now might be the time to take a much-needed break from the hustle and bustle and schedule a visit with your mentor

- Do you need to warm up from the chill outside? How about meeting for coffee/cocoa?
- Do you need a break from studying? Don't forget to eat. How about meeting your mentor for lunch?
- Do you want to reflect on your goals for either the past year or New Year? How about discussing them with your mentor?

Building a mentor relationship takes time and commitment. That's why this newsletter contains tips and suggestions for mentor pairs to maximize their experience in the program. Included in this issue are the following:

Mentor/Mentee Meeting Idea: Résumé or CV Review

By: Dina Dobraca, School of Public Health at the University of Minnesota

Holiday Book Ideas

By: The US Department of Education Mentoring Resource Center

Mentor/Mentee Meeting Idea: Résumé or CV Review

By: Dina Dobraca, School of Public Health at the University of Minnesota

As finals week approaches, many students will be focusing on winter break plans. However, now is a key time for students to be planning for the summer. A number of internships and fellowships, which can serve as the your field experience requirement or job training, have application deadlines starting at the end of December. You should plan a meeting to review your résumé or curriculum vitae (CV) with your mentor in preparation for these applications.

Prior to the meeting, the mentor may send his or her résumé to you as an example. You can both review the structure and content of the mentor's résumé, which can also prompt discussions about the mentor's career path and current position.

The review of the mentor's résumé can help outline the structure of your résumé. You and your mentor can also brainstorm applicable experiences and qualifications that you can add onto your résumé.

The mentor's review of your résumé and application will provide honest criticism and informal feedback to make you a stronger applicant and assist in your career development. This support and encouragement from the mentor is a great resource and may encourage you to explore new areas.

Please remember to be respectful of the mentor's time as the holidays approach. A résumé and CV review over email may be the best option for some pairs and an in-person meeting may work better for others.

Additional Mentoring Resources for Mentees!

- Walk-In Hours in the Career Services Center: quick 15 minute résumé, cover letter, application, graduate essay reviews, and advice!
* M-W: 1:30-3:30p
* TH-F: 11a-1p
- Résumé, cover letter, and job search correspondence examples: <http://www.xavier.edu/career/docs/Résumé-Job-Correspondence-Guide.pdf>
- Internships listings on eRecruiting (see next page)

Click here for upcoming Events on Xavier's campus:

http://www.xavier.edu/campusuite/modules/calendar.cfm?grp_id=1

Xavier University
Mentoring Program,
sponsored by the Career
Services Center

Contact: Jonika Moore-Diggs
Phone: 513-745-3764
E-mail: moorej3@xavier.edu

Mentee To Do List:

- ☑ Attend 2 Professional Development Series Workshops (contact Bethany Kilgore if you have any questions about your PDS workshop requirements)
- ☑ Contact my mentor this month

Looking for Hot Internships?

Click on <http://www.xavier.edu/career/Internship-Programs.cfm>
for HOT Internships for Liberal Arts Majors



Holiday Book Ideas

Adapted from the US Department of Education Mentoring Resource Center

There are two excellent books that provide heartwarming, personal stories of mentoring from some of America's most prominent individuals in the worlds of entertainment, politics, sports, and business. These stories of how a mentor helped many of our most successful citizens can be powerful reads. Both are available at the University Library at Xavier.

A Hand To Guide Me, by Denzel Washington. 2006, Meredith Books.
This 2006 book, written to coincide with the 100th anniversary of the Boys and Girls Clubs of America, features a compelling testimonial from the famous author about the role that many mentors played throughout his upbringing. The book also features chapters from a diverse and impressive list of prominent Americans, such as Muhammad Ali, Bill Clinton, John Mellencamp, Leonard Nimoy, Gen. Colin Powell, Dick Vitale, Cal Ripken Jr., Toni Morrison, Bonnie Raitt, and Bob Woodward, just to name a few.

The Person Who Changed My Life: Prominent Americans Recall Their Mentors, by Matilda Raff a Cuomo. 1999, Birch Lane Press.
This book, written by the former First Lady of New York and including a forward by Hillary Rodham Clinton, also provides heartfelt testimonials from many leaders in their respective fields. The star-studded list of contributors here includes Alec Baldwin (all the Baldwin brothers, actually), Harry Belafonte, Julia Child, Walter Cronkite, Elizabeth Dole, Marian Wright Edelman, Steven Jay Gould, Larry King, Christopher Reeve, Martin Sheen, and Christine Todd Whitman, among many others.