

## Spring Semester 2010 Course

### CAREER AND LIFE PLANNING — UNST 150-02 (14835)



- Are you having trouble selecting a major?
- Would you like to find a career that fits who you are?
- Do you know what to do with your current major?
- Do you know how to find an internship related to your interests or majors?

*Open to Freshmen & Sophomores* ■ *Two Credit Course* ■ *Monday/Wednesday, 12:30 p.m. -1:20 p.m.*

CONTACT BETH ZINK AT: E-Mail: [zinke@xavier.edu](mailto:zinke@xavier.edu) Phone: 745-3141 Web: [www.xu.edu/career](http://www.xu.edu/career)

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## Spring Semester 2010 Course

### JOB SEARCH & PROFESSIONAL PREP — UNST 250-02 (14836)



- Are you anxious about life after graduation?
- Are you considering graduate school as an option?
- Would you like to feel more prepared for your first job and your career planning after that?

In this class you will assess personal interests, values & skills; create career tools for your job/internship search and graduate school; Explore financial management/planning tools; Research the types of work that might interest you; and Learn more about life after college.

*Open to Juniors & Seniors* ■ *One Credit Course* ■ *8 Week Sprint Course Mon/Wed, 1:30 p.m -2:20 p.m.*

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## Spring Semester 2010 Weekend Degree Course

### CAREER AND LIFE PLANNING — UNST 150-01B / JOB SEARCH & PROFESSIONAL PREP — UNST 250-01B



- Would you like to gain greater insight into your interests, abilities, values & personality?
- Do you need to improve or develop skills in resume writing, interviewing and networking?
- Would you like to discover resources to utilize in a job search or graduate school process?
- Are you thinking of making a career change now or after you receive your degree?

*Open to All Students* ■ *Three Credit Course* ■ *Saturdays, 8:30 a.m.—12:00 p.m.*

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