

Why call an advocate?

The Power of X is Respect

As with any traumatic event, victim/survivors of stalking, relationship violence, harassment and sexual assault can experience an array of feelings and reactions. You may experience difficulties in your academic/work life and/or your personal life. It is helpful to have a strong support system made up of friends, family, a counselor, support group and/or an advocate. Xavier advocates are available to assist you immediately. Often times violence affects those close to the person who was victimized. Advocates are also available to provide support and information to the friends, family and partners of survivors.

To contact an advocate, call **(513) 745-1000**.
Tell them you are from Xavier

What is an advocate? Xavier advocates have received extensive training on crisis counseling, campus and community resources, relationship violence, harassment, sexual violence, stalking and how these crimes affect individuals. Advocates are there **for you!** An advocate is available 24-hours a day to provide **confidential** support and information to survivors and the friends and family of survivors. The foundation of XAP response is built upon the empowerment model, whereby XAP endeavors to restore personal power and dignity to survivors of interpersonal violence by providing support, information, options and decision-making opportunities during crisis and recovery. **Calling an advocate does not mean you are reporting the crime.**

An advocate can provide you with:

- Emotional support.
- Assistance in identifying your options.
- Accompaniment to the hospital, police, etc.
- Assistance in developing a safety plan.
- Referrals to campus and community resources.
- Follow-up support and advocacy.
- Help explaining processes like reporting, University disciplinary procedures and/or obtaining a forensic exam.

Talk with an advocate confidentially to discuss how you are feeling and what choices you have.

It is recommended that you call an advocate immediately after experiencing any form of interpersonal violence or harassment, however no matter how long it has been, services are available. Calling an advocate is often the **first step in healing and moving forward**. Remember, you are not alone. There are people here to help.

Xavier Advocate Program: Information Support and Advocacy
Creating A Campus Free of Violence
Call (513) 745-1000 and request a Xavier advocate